

CONTENTS

<i>Contributors</i>	viii
<i>Illustrations</i>	xiii
<i>Preface</i>	xiv
<i>Introduction</i>	xvi
PART I	
Meanings	1
1 Leisure in the laboratory and other strange notions: psychological research on the subjective nature of leisure <i>Roger C. Mannell</i>	3
2 Escape from time: experience the travel within <i>Peter McGrath</i>	18
3 Leisure, happiness and positive lifestyle <i>Robert A. Stebbins</i>	28
4 Leisure, life, enjoyment and well-being <i>John Haworth</i>	39
5 Deviance, dark tourism and 'dark leisure': towards a (re)configuration of morality and the taboo in secular society <i>Philip R. Stone and Richard Sharpley</i>	54

PART II		
Motives		65
6	The unsustainability of leisure: the sustainability of just leisure <i>Karla A. Henderson</i>	67
7	Playing in the great outdoors: risk and adventure activities in the twenty-first century <i>Paul Beedie</i>	79
8	Sites of serious leisure: acting up in space and place <i>Sam Elkington</i>	93
9	I am what I pretend to be: performance and deception in leisure <i>Sean J. Gammon</i>	112
10	The technological mediation of leisure in contemporary society <i>Jo Bryce</i>	123
11	How not to take the fun out of everything: facilitating volunteering and leisure <i>Steven Howlett</i>	139
12	Youth and leisure experiences: youth cultures and social change in Britain since the early twentieth century <i>Ken Roberts</i>	154
PART III		
Lifelong learning		171
13	Reflective leisure, freedom and identity <i>Hayden Ramsay</i>	173
14	The comprehensive leisure participation framework: theoretical foundation, cross-cultural variation, and practical implications <i>Gordon J. Walker</i>	185

15	Leisure, identities and personal growth <i>Scott A. Cohen</i>	197
16	Models of teaching in leisure education <i>Sam Elkington and Mike Watkins</i>	207
17	To boldly go ... tales from a leisurist <i>Lesley Lawrence</i>	224
	<i>Bibliography</i>	240
	<i>Index</i>	274