

Contents

INTRODUCING CLINICAL BIOCHEMISTRY 1

- | | | |
|--|---------------------------------|------------------------|
| The clinical biochemistry laboratory 2 | The interpretation of results 6 | Reference intervals 10 |
| The use of the laboratory 4 | Point of care testing 8 | |

CORE BIOCHEMISTRY 11

- | | |
|---|--|
| Fluid and electrolyte balance: concepts and vocabulary 12 | Chronic renal failure 36 |
| Water and sodium balance 14 | Acid-base: concepts and vocabulary 38 |
| Hyponatraemia: pathophysiology 16 | Metabolic acid-base disorders 40 |
| Hyponatraemia: assessment and management 18 | Respiratory and mixed acid-base disorders 42 |
| Hypernatraemia 20 | Oxygen transport 44 |
| Hyperkalaemia 22 | Acid-base disorders: diagnosis and management 46 |
| Hypokalaemia 24 | Proteins and enzymes 48 |
| Intravenous fluid therapy 26 | Immunoglobulins 50 |
| Investigation of renal function (1) 28 | Myocardial infarction 52 |
| Investigation of renal function (2) 30 | Liver function tests 54 |
| Urinalysis 32 | Jaundice 56 |
| Acute renal failure 34 | Liver disease 58 |

- | |
|--|
| Glucose metabolism and diabetes mellitus 60 |
| Diagnosis and monitoring of diabetes mellitus 62 |
| Diabetic ketoacidosis 64 |
| Hypoglycaemia 66 |
| Calcium regulation and hypocalcaemia 68 |
| Hypercalcaemia 70 |
| Phosphate and magnesium 72 |
| Bone disease 74 |
| Osteoporosis 76 |

ENDOCRINOLOGY 77

- | | |
|------------------------------------|-----------------------------------|
| Endocrine control 78 | Thyroid pathophysiology 86 |
| Dynamic function tests 80 | Hypothyroidism 88 |
| Pituitary function 82 | Hyperthyroidism 90 |
| Growth disorders and acromegaly 84 | Adrenocortical pathophysiology 92 |

- | |
|--|
| Hypofunction of the adrenal cortex 94 |
| Hyperfunction of the adrenal cortex 96 |
| Gonadal function 98 |
| Subfertility 100 |

SPECIALIZED INVESTIGATIONS 101

- | | | |
|--------------------------------------|--|---|
| Nutritional assessment 102 | Coma 124 | Hyperuricaemia 142 |
| Nutritional support 104 | Ascites and pleural fluid 126 | Skeletal muscle disorders 144 |
| Parenteral nutrition 106 | Cerebrospinal and other body fluids 128 | Biochemistry in the elderly 146 |
| The metabolic response to injury 108 | Lipoprotein metabolism 130 | DNA diagnosis 148 |
| Malabsorption 110 | Clinical disorders of lipid metabolism 132 | Fetal monitoring and prenatal diagnosis 150 |
| Iron 112 | Hypertension 134 | Pregnancy 152 |
| Copper and zinc 114 | Cancer and its consequences 136 | Screening the newborn for disease 154 |
| Therapeutic drug monitoring 116 | Tumour markers 138 | Paediatric biochemistry 156 |
| Toxicology 118 | Multiple endocrine neoplasia 140 | Inborn errors of metabolism 158 |
| Metal poisoning 120 | | Selected inherited disorders 160 |
| Alcohol 122 | | |

CASE HISTORY COMMENTS 161

- Case history comments 162

WEB RESOURCES 171

- Web resources 172

INDEX 174