

Contents

Foreword	v		
Preface	vi		
Acknowledgements	vi		
1. BIOCHEMICAL TESTS IN CLINICAL MEDICINE	1		
Use of biochemical tests	1		
Sampling	1		
Sample analysis and reporting of results	2		
Interpretation of results	3		
Specificity, sensitivity and predictive value of tests	6		
Screening	8		
2. WATER AND SODIUM	10		
Water and sodium distribution	10		
Water and sodium homoeostasis	11		
Water and sodium depletion	14		
Water and sodium excess	18		
Laboratory assessment of water and sodium status	20		
Hyponatraemia	21		
Hypernatraemia	25		
3. POTASSIUM	27		
Homoeostasis	27		
Hypokalaemia	29		
Hyperkalaemia	32		
4. HYDROGEN ION HOMOEOSTASIS AND BLOOD GASES	35		
Clinical and laboratory assessment of hydrogen ion status	38		
Disorders of hydrogen ion homoeostasis	40		
5. THE KIDNEY	54		
Biochemical tests of renal function	56		
Renal disorders	59		
Renal calculi	72		
6. THE LIVER	75		
Bilirubin metabolism	76		
Biochemical assessment of liver function	78		
Liver disease	80		
7. THE GASTROINTESTINAL TRACT	90		
The stomach	90		
The pancreas	92		
The small intestine	97		
Disorders of intestinal function	100		
Gastrointestinal hormones	103		
8. THE HYPOTHALAMUS AND PITUITARY GLAND	105		
Anterior pituitary hormones	106		
Measurement of anterior pituitary hormones	110		
Disorders of anterior pituitary function	110		
Posterior pituitary hormones	119		

9. THE ADRENAL GLANDS	123	Calcium and phosphate homoeostasis	194
Adrenal steroid hormone biosynthesis	123	Disorders of calcium, phosphate and magnesium metabolism	196
Measurement of adrenal steroid hormones	123		
Disorders of the adrenal cortex	126		
Disorders of the adrenal medulla	136		
10. THE THYROID GLAND	139	15. PLASMA PROTEINS	207
Thyroid hormones	140	Measurement of plasma proteins	207
Tests of thyroid function	144	Specific plasma proteins	210
Disorders of the thyroid	147	Immunoglobulins	212
Screening for thyroid disease	154	Proteins in other body fluids	217
11. THE GONADS	155	16. LIPIDS AND LIPOPROTEINS	219
Disorders of male gonadal function	157	Triglycerides, cholesterol and phospholipids	219
Disorders of female gondal function	158	Classification of lipoproteins	219
Pregnancy	162	Lipoprotein metabolism	221
12. DIABETES MELLITUS	167	Reference ranges and laboratory investigations	225
Measurement of glucose concentration	168	Disorders of lipid metabolism	226
Diabetes mellitus	168	Management of lipid disorders	231
Metabolic complications of diabetes	172	Lipoprotein deficiency	232
Glycosuria	179		
Glucose in cerebrospinal fluid	179		
13. HYPOGLYCAEMIA	181	17. CLINICAL ENZYMOLOGY	234
Hypoglycaemia	181	Enzymes of diagnostic value	235
Hypoglycaemic syndromes	182	Serum enzymes in disease	240
Hypoglycaemia in childhood	186	Enzymes in other body fluids and tissues	244
14. CALCIUM, PHOSPHATE, MAGNESIUM AND BONE	189	18. INHERITED METABOLIC DISEASES	246
Bone	190	Effects of enzyme defects	246
Serum calcium	190	Inherited metabolic disorders	247
Calcium-regulating hormones	192	Diagnosis	250
		Screening	251
		Prenatal diagnosis	252
		Treatment	252

19. HAEMOPROTEINS, PORPHYRINS AND IRON	255	24. CLINICAL CHEMISTRY AT THE EXTREMES OF AGE	305
Haemoproteins	255	Old age: introduction	305
Porphyrins	257	Reference ranges	305
Iron	261	Screening	306
		Childhood: introduction	308
		Reference ranges	308
		Screening	309
		Childhood disorders	309
20. HYPERURICAEMIA AND GOUT	265		
Uric acid metabolism	265		
Uric acid in serum	266		
Hyperuricaemia	267	Adult reference ranges	315
Hypouricaemia	270	Case history index	317
Other crystalline arthropathies	270	Index	319
21. METABOLIC ASPECTS OF MALIGNANT DISEASE	273		
Paraneoplastic syndromes	273		
Cancer cachexia	277		
Carcinoid tumours	278		
Pluri-glandular syndromes	279		
Tumour markers	280		
Conclusion	283		
22. THERAPEUTIC DRUG MONITORING AND CHEMICAL ASPECTS OF TOXICOLOGY	285		
Therapeutic drug monitoring	285		
Monitoring of specific drugs	287		
Chemical toxicology	290		
Poisoning with specific agents	290		
Screening for drugs	295		
23. CLINICAL NUTRITION	297		
Vitamin deficiencies	297		
Water-soluble vitamins	297		
Fat-soluble vitamins	299		
Trace elements	300		
Provision of nutritional support	301		