

# CONTENTS

## UNIT I Foundations of Critical Care Nursing

---

- 1 Critical Care Nursing Practice, 1
- 2 Ethical Issues, 12
- 3 Legal Issues, 24
- 4 Genetic Issues, 39
- 5 Patient and Family Education, 58
- 6 Psychosocial Alterations and Management, 75
- 7 Nutrition Alterations and Management, 88
- 8 Pain and Pain Management, 114
- 9 Sedation, Agitation, Delirium Management, 137
- 10 End-of-Life Care, 147

## UNIT II Cardiovascular Alterations

---

- 11 Cardiovascular Anatomy and Physiology, 161
- 12 Cardiovascular Clinical Assessment, 184
- 13 Cardiovascular Diagnostic Procedures, 199
- 14 Cardiovascular Disorders, 290
- 15 Cardiovascular Therapeutic Management, 359

## UNIT III Pulmonary Alterations

---

- 16 Pulmonary Anatomy and Physiology, 411
- 17 Pulmonary Clinical Assessment, 431
- 18 Pulmonary Diagnostic Procedures, 445
- 19 Pulmonary Disorders, 456
- 20 Pulmonary Therapeutic Management, 487

## UNIT IV Neurologic Alterations

---

- 21 Neurologic Anatomy and Physiology, 520
- 22 Neurologic Clinical Assessment and Diagnostic Procedures, 550
- 23 Neurologic Disorders and Therapeutic Management, 575

## UNIT V Kidney Alterations

---

- 24 Kidney Anatomy and Physiology, 608
- 25 Kidney Clinical Assessment and Diagnostic Procedures, 620
- 26 Kidney Disorders and Therapeutic Management, 631

## UNIT VI Gastrointestinal Alterations

---

- 27 Gastrointestinal Anatomy and Physiology, 657
- 28 Gastrointestinal Clinical Assessment and Diagnostic Procedures, 669
- 29 Gastrointestinal Disorders and Therapeutic Management, 681

## UNIT VII Endocrine Alterations

---

- 30 Endocrine Anatomy and Physiology, 705
- 31 Endocrine Clinical Assessment and Diagnostic Procedures, 716
- 32 Endocrine Disorders and Therapeutic Management, 725

## UNIT VIII Multisystem Alterations

---

- 33 Trauma, 764
- 34 Shock, Sepsis, and Multiple Organ Dysfunction Syndrome, 801
- 35 Burns, 840
- 36 Organ Donation and Transplantation, 864
- 37 Hematologic and Oncologic Emergencies, 903

## UNIT IX Special Populations

---

- 38 The Obstetric Patient, 923
- 39 The Pediatric Patient, 943
- 40 The Older Adult Patient, 965
- 41 The Perianesthesia Patient, 983

## APPENDICES

- A: Nursing Management Plans of Care, 1006  
B: Physiologic Formulas for Critical Care, 1049