

Contents

General Anatomy	1
The Body	2
Parts of the Body	2
General Terms	2
The Cell	4
Cytoplasm	4
Cell Nucleus	6
Vital Cell Functions	6
Tissues	8
Epithelia	8
Connective Tissue and Supporting Tissues	10
Connective Tissue	10
Cartilage	12
Bone	14
Development of Bone	16
Muscular Tissue	18
Systematic Anatomy of the Locomotor System	35
Trunk	35
Vertebral Column	36
Cervical Vertebrae	36
Thoracic Vertebrae	40
Lumbar Vertebrae	42
Malformations and Variations of the Presacral Vertebral Column	44
Sacrum	46
Coccyx	48
Variations in the Sacral Region	50
Ossification of the Vertebrae	52
Intervertebral Disks	54
Ligaments of the Vertebral Column	56
Joints of the Vertebral Column	58
The Vertebral Column as a Whole ..	62
Thoracic Cage	64
Ribs	64
Sternum	66
Joints of the Ribs	68
Structure of the Thoracic Cage	70
Movements of the Thoracic Cage	70
Intrinsic Muscles of the Back	72
Suboccipital Muscles	76
Body Wall	78
Thoracolumbar Fascia	78
Extrinsic Ventrolateral Muscles	78
Prevertebral Muscles	80
Scalene Muscles	80
Muscles of the Thoracic Cage	82
Intercostal Muscles	82
Abdominal Wall	84
Superficial Abdominal Muscles	84
Function of the Superficial Abdomi- nal Musculature	90
Fascias of Abdominal Wall	92
Deep Abdominal Muscles	94
Sites of Weakness in the Abdominal Wall	96

Diaphragm	102
Position and Function of the Diaphragm	106
Sites of Diaphragmatic Hernias	104
Upper Limb	109
Bones, Ligaments and Joints	110
Shoulder Girdle	110
Scapula	110
Ligaments of the Scapula	110
Clavicle	112
Joints of the Shoulder Girdle	112
The Free Upper Limb	114
Bone of the Arm	114
Shoulder Joint	116
Movements of the Shoulder Joint ..	116
Bones of the Forearm	118
Elbow Joint	120
Distal Radio-ulnar Joint	122
Continuous Fibrous Joint between Radius and Ulna	122
Carpus	124
Individual Bones of the Carpus	126
Bones of the Metacarpus and Digits	128
Radiocarpal and Midcarpal Joints ..	130
Movements in the Radiocarpal and Midcarpal Joints	132
Carpometacarpal and Intermetacarpal joints	134
Metacarpophalangeal and Digital Joints	134
Muscles, Fascias, and Special Features	136
Muscles of the Shoulder Girdle and Arm	136
Classification of the Muscles	136
Shoulder Muscles Inserted on the Humerus	138
Lower Limb	185
Bones, Ligaments, Joints	186
Pelvis	186
Hip Bone	186
junctions between the Bones of the Pelvis	188
Pelvic Floor	106
Pelvic Diaphragm	106
Urogenital Diaphragm	106
Anatomical Terms and their Latin Equivalents	108
Trunk Muscles Inserted on the Shoulder Girdle	144
Cranial Muscles Inserted on the Shoulder Girdle	146
Function of the Shoulder Girdle Muscles	148
Fascias and Spaces in the Shoulder Girdle Region	152
Arm Muscles	154
Muscles of the Forearm	158
Classification of the Muscles	158
Ventral Forearm Muscles	160
Radial Forearm Muscles	164
Dorsal Forearm Muscles	166
Function of Muscles of the Elbow Joint and Forearm	170
Function of Muscles of the Wrist and the Midcarpal Joint	172
Intrinsic Muscles of the Hand	174
Central muscles of the hand	174
Thenar Muscles	176
Palmar Aponeurosis	178
Hypothenar Muscles	178
Fascias and Special Features of the Free Upper Limb	180
Fascias	180
Tendinous Sheaths	182
Anatomical Terms and their Latin Equivalents	184
Morphology of the Bony Pelvis	188
The Free Lower Limb	192
Femur	192
Patella	194

Positions of the Femur	196	Adductors of the Thigh	240
Hip Joint	198	Function of the Hip Muscles and	
Bones of the Leg	202	Adductors of Thigh	244
Knee Joint	206	Anterior Thigh Muscles	248
Movements of the Knee Joint	212	Posterior Thigh Muscles	250
Alignment of the Lower Limb	214	Function of the Knee Joint	
Connections between the Tibia and the Fibula	214	Muscles	252
Bones of the Foot	216	Fascias of the Hip and Thigh	254
Sesamoid Bones	220	Long Muscles of the Leg and Foot	256
Joints of the Foot	222	Classification of the Muscles	256
Ligaments of the Joints of the Foot	226	Anterior Leg Muscles	258
Morphology and Function of the Skeleton of the Foot	226	Posterior Leg Muscles	262
The Plantar Arch and Its Function	228	Function of the Ankle, Subtalar and	
Foot Types	230	Talocalcaneonavicular Joint	
Muscles, Fascias, and Special Features	232	Muscles	266
Muscles of the Hip and Thigh	232	Intrinsic Muscles of the Foot	268
Classification of the Muscles	232	Muscles of the Dorsum of the Foot	268
Dorsal Hip Muscles	234	Muscles of the Sole of the Foot	270
Ventral Hip Muscles	238	Fascias of the Leg and the Foot	276
Anatomical Terms and their Latin Equivalents	280	Tendinous Sheaths in the Foot	278
Head and Neck	281		
Skull	282	Pterygopalatine Fossa	306
Subdivision of the Skull	282	Nasal Cavity	308
Ossification of the Skull	282	Cranial Shapes	310
Special Features of Intra- membranous Ossification	284	Malformations	310
Sutures and Synchondroses	284	Special Cranial Shapes and	
Structure of the Cranial Bones	286	Sutures	312
Calvaria	286	Accessory Bones of the Skull	314
Lateral View of the Skull	288	Temporomandibular Joint	316
Posterior View of the Skull	290	Muscles and Fascias	318
Anterior View of the Skull	292	Muscles of the Head	318
External surface of cranial base	294	Mimetic Muscles	318
Internal surface of cranial base	296	Muscles of Mastication	324
Variants of the Internal Surface of cranial base	298	Ventral Muscles of the Neck	326
Sites for Passage for Vessels and Nerves	300	Infrahyoid Muscles	326
Mandible	302	Head Muscles Inserted on the	
Shape of Mandible	304	Shoulder Girdle	328
Hyoid Bone	304	Fascias of the Neck	330
Orbital Cavity	306	Anatomical Terms and their Latin Equivalents	332

Topography of Peripheral Nerves and Vessels	333
Head and Neck	334
Regions	334
Anterior Facial Regions	336
Orbital Region	338
Lateral Facial Regions	340
Infratemporal Fossa	342
Superior View of the Orbit	344
Occipital Region and Posterior	
Cervical (Nuchal) Region	346
Suboccipital Triangle	346
Lateral Pharyngeal and Retro-	
pharyngeal Spaces	348
Submandibular Triangle	350
Retromandibular Fossa	352
Middle Region of the Neck	354
Thyroid Region	356
Ventrolateral Cervical Regions	358
Scalenovertebral Triangle	366
Upper Limb	368
Regions	368
Deltopectoral Triangle	370
Axillary Region	372
Axillary Spaces	374
Anterior Region of Arm	376
Posterior Region of Arm	380
Cubital Fossa	382
Anterior of forearm Region	386
Anterior Region of wrist	388
Palm of Hand	388
Dorsum of the Hand	392
Radial Fovea, "Anatomical Snuff Box"	392
Trunk	394
Regions	394
Regions of the Thorax	396
Anterior Thorax Regions	396
Posterior Thorax Regions	396
Regions of the Abdomen	398
Inguinal Region	400
Lumbar Region	404
Perineal Region of the Female	406
Perineal Region of the Male	408
Lower Limb	412
Regions	412
Subinguinal Region	414
Saphenous Opening	416
Gluteal Region	418
Anterior Region of the Thigh	422
Posterior Region of the Thigh	426
Posterior Region of the Knee	428
Popliteal Fossa	430
Anterior Region of the Leg	432
Posterior Region of the Leg	434
Medial Retromalleolar Region	436
Dorsum of the Foot	438
Sole of the Foot	440
Anatomical Terms and their Latin Equivalents	444
For those who want to learn more	445
Index of Proper Names	446
References	449
Index	457