Contents

Preface iii

Prologue Lifespan Development: Issues, Theories, and Research 1 The Study of Human Development 2

The subject matter of human development 3; The role of theory 5 Major Contemporary Theories: An Introduction 7

Psychosexual/psychosocial development: Freud and Erikson 7; Cognitive development: Piaget 10; The learning of behavior: B. F. Skinner and other behaviorists 14; How theories differ 17

Research 18

Experimental Design 18

Conceptualizing a study 20; Research data 22; Data collection 23; Results and discussion 24; Ethical considerations 24

Features

Summary 26
Further Readings 28
Observational Activities: Prologue 29
Instructions for Observational Activities
Adult-Infant Interaction

Part One Birth and Infancy 31

Chapter 1 Prenatal Development 33

Genetic Influences 34

Mechanisms of heredity 35; Inherited characteristics 41; Birth defects 45 Stages of Gestation 48

Ovum stage 48; Embryo stage 50; Fetal stage 52

Prenatal Environmental Influences 54

Teratogens 54; Hormones 57; The mother 60; The RH factor 62 To Have or Not Have Children 62 Features

Prenatal Testing 49 Advice on Alcohol in Pregnancy 58 Summary 65 Further Readings 66

Chapter 2 Birth and the Neonate 67

Labor 68

Complications 72; Drugs during labor 72; Anoxia 74

Prematurity and Low Birth Weight 75

Physical Characteristics of the Newborn 77

Respiration 77; Circulation 79; Digestion 79; Skeleton 80;

Temperature regulation 80; Immunity to infection 80

Postpartum Separation 81

Behavior of the Neonate 85

Sensory capabilities 87; Learning 88; Individual differences 89

Features

Alternate Birth Centers 71

Gentle Birth 74

Learning To Be a Parent 84

Summary 91

Further Readings 92

Chapter 3 The Young Infant 93

Physical Growth 93

Development in body structures 94; Differential maturation 95

Daily Routines 98

Eating 99; Sleeping 105

Perception and Learning 108

Sight 108; The nonvisual senses 112; Moving and

manipulating 113

Cognitive Development 116

The sensorimotor period 116; Piaget's six stages of sensorimotor

development 118; The preliminaries to language 121

Social Relationships 122

Attachment 123; Parent-infant attachment 124; Basic trust 128; Fear of

strangers 132

Features

Crib Death 100

Sleep, Over the Life Span 107

Piaget's Periods of Cognitive Development 119

The Quality of Father-Infant Interaction 130

Erikson's Crises in Psychological Development 131

Summary 135

Further Readings 136

Observational Activities: Part One 138

Environmental Factors and the Health of the Unborn Baby

Preparing for Fatherhood

Part Two Toddlerhood 141

Chapter 4 Growth, Cognition, and Language 143

Physical Development 143

Body growth 144; Motor skills 145

Perception 148

Perception and motor development 150; Perception and the

environment 152; Learning theory 152; Classical conditioning 153;

Operant conditioning 155; Punishment 156

Cognition and Language 159

VIII CONTENTS

Later Stages of Sensorimotor Intelligence 160

Tertiary circular reactions 160; The beginning of symbolic thought 162

Language 166

Language acquisition 167; Language and grammar 170; Language and thought 175

Features

Caution: Toddlers Ahead 149

Piaget's Periods of Cognitive Development 161

Talking Apes 176 Summary 178 Further Readings 179

Chapter 5 Social Relationships 1

Attachment and Separation 181

Long-term separation 184

Socialization 185

Autonomy 187; Managing troublesome emotions 191

Approaches to Child-Rearing 195

Changing views 195; Parenting 198; Discipline 199

Child Abuse 204

Culture and Upbringing 207

Child-rearing in other cultures 207

Features

Erikson's Crises in Psychological Development 191

Parent Effectiveness Training 202

What Can We Do About Child Abuse? 209

Child-Rearing in Different American Subcultures 210

Summary 213

Further Readings 215

Observational Activities: Part Two 217

Television Viewing Patterns and Response

The Young Child's Verbal and Nonverbal Communication

Part Three Preschool Years 219

Chapter 6 Physical and Perceptual Development 221

Physical Growth 222

Diet and health 223; Physique and personality 227; Locomotion and

manipulation 229; Manipulating materials 230

Perception 231

Attention 232; Discrimination 234

Features

Deprivation Dwarfism 226

Summary 238

Further Readings 239

Chapter 7 Cognition and Language 240

Cognitive Development 240

Symbolic function 241; Characteristics of preoperational thought 246;

Reasoning 249

Concepts 250

Time 250; Space 251; Quantity 252; Relation 253; Classification 254; Concepts and imaginative play 255

Language 256

Word meaning 257; Toward communication 258

IQ Tests for Preschoolers 259

Day Care and Development 260

Differences between the day-care and home-care environments 263;

Effects of day care 264; Cognitive development 264; Social development

265; Difficulties in interpreting current research 265

Features

Children's Drawings 245

Piaget's Periods of Cognitive Development 247

Television: An Influential Teacher 262

The National Day-Care Study 266

Summary 268

Further Readings 269

Chapter 8 Personality and Society

Sex, Gender, and Self 271

Sex Differences 271; Gender Roles 273; Becoming a Boy or a Girl 276;

Theories of Gender Identification 277

Emotional Development 279

Dependency 279; Dependency and Self-Image 279; Initiative versus

Guilt 281; Aggression 282; Fear and Anxiety 284

Altruism and Moral Development 286

Play and Fantasy 288

Social Play 290; Fantasy 293; Imaginary Companions 295;

Humor 296

Features

Erikson's Crises in Psychosocial Development 282

Fairy Tales 289

Developmental Views of Friendship 292

Summary 296

Further Readings 297

Observational Activities: Part Three 299

Number-Object Correspondence

Sex Stereotyping

Part Four Middle Childhood 301

Chapter 9 Growth and Personality 303

Physical Development 304

Physical appearance 304; Health 307; Maturation 310;

Environment and growth 310

Self-Awareness 311

Self-esteem 313; Industry versus inferiority 315

Gender-Role Development 315

Social learning and modeling 316; Fathers' influence on gender roles 317

Personality Problems 320

Fear and anxiety 321; Phobias and other problems 322;

Childhood psychosis 324

Features

Secular Growth Trends 306

Teaching the Hyperactive Child 312

Erikson's Crises in Psychosocial Development 318

Summary 326

Further Readings 327

Chapter 10 Learning and Cognition 328

Problem-Solving 328

Memory 329; Applying hypotheses 331

Cognitive Styles 332

Standardized Testing 334

Intelligence quotient 335

Reading 337

Reading disorders 339

Learning Disabilities 342

Stage of Concrete Operations 343

Decentration 344; Measurement 346

Social Cognition 347

Moral Development 349

Features

The Gifted 336

Piaget's Periods of Cognitive Development 344

Kohlberg's Levels of Moral Development 352

Summary 353

Further Readings 355

Chapter 11 Home, Peers, and School 356

The Home 356

Autonomy and control 357; Fathers 360; Divorce 362;

Stepfamilies 366; Death in the family 367; Single-parent families 369;

Adoption 372; Siblings 373

The Peer Group 376

Group norms 376; Solidarity against grownups 377; Status in the group 378; Socialization and peers 379; Friendship 380; Racial

awareness and prejudice 282

The School 382

Teaching methods 383

Features

Working Mothers 364

What Should Adopted Children Know? 374

Teacher Expectations and Pupil Performance 385

Summary 385

Further Readings 387

Observational Activities: Part Four 388

Assessing a Child's Cognitive Ability

Definition of Family

Part Five Adolescence 391

Chapter 12 Growing into Adulthood 393

Physical and Sexual Development 394

Physical growth 394; Puberty 395; Varying rates of development 399; Sexual behavior 401

© Cognitive Development 407

Formal operations 408; Postconventional morality 411; Value systems 412; Political awareness 414

Features

Rites of Passage 398 Teen-Age VD 404 Teen-Age Pregnancy 406

Piaget's Periods of Cognitive Development 410
 Kohlberg's Levels of Moral Development 412
 Summary 415
 Further Readings 416

Chapter 13 The Meaning of Identity 418

Adolescent Egocentrism 420
Independence from the Family 422
Peers and Society 424
The society of adolescents 425
Ethnic and Racial Issues 429
Problem Behavior 431
Disorders 431; Delinquency 436
Vocational Choice 437
Features
Erikson's Crises in Psychosocial Dev

Erikson's Crises in Psychosocial Development 420
A Report Card for Marihuana 434
Teen-Age Drinking 438
Summary 443
Further Readings 443
Observational Activities: Part Five 445
Teen-Agers' Values
Problems of Adolescence

Part Six Young Adulthood 447

Chapter 14 Physical, Cognitive, and Personality Development 449

Youth: An Optional Period 450
Physical Development 452
Cognitive Development 454
Beyond formal operations 457
Moral Development 459
Personality and Adjustment 461
Growth trends in adjustment 462

Sequencing of Life Events 463

Identity 465

Identity statuses in young adulthood 465

Intimacy 467

Intimacy and attachment 469; Sexual intimacy 470; Nonsexual

intimacy 472

Features

Premenstrual Blues: Real or Imagined? 456 Piaget's Periods of Cognitive Development 458

Kohlberg's Levels of Moral Development 461

Psychological Androgyny 468

Erikson's Crises in Psychosocial Development 471

Summary 472

Further Readings 474

Chapter 15 Family and Occupational Development 475

Marriage 475

Mate selection 477; Courtship 478

Marital Adjustment 479

Sexual adjustment and fidelity 480; Role adjustment 481; Work roles and

marital roles 483; Personality factors in marital adjustment 485

Divorce 485

Nonmarital Life-Styles 487

Cohabitation 488; Single (never married) life-style 489

Parenting 489

Fertility motivation 490; Parenting as a developmental process 492; Adjusting to parenthood 493; Working mothers 495; The family life cycle 495

Occupational Development 496

Stages in occupational development and self-concept 498; Career choice and sex role identity 501

Features

Sex Therapy 482

Benefits and Costs of Having Children 491

Women in Male-dominated Occupations 500

Summary 502

Further Readings 504

Observational Activities: Part Six 505

The Value of Children to Young Adults

Shared Roles in Marriage

Part Seven Middle Adulthood 507

Chapter 16 Physical, Cognitive, and Personality Development 509

Physical Development 510

Factors related to health and aging 512

Health and Nutrition Tips 513

Type A behavior: a factor in heart disease 515; Life stresses 516;

The climacteric and menopause 517

Cognitive Development 521

Intelligence scores 521; Fluid and crystallized abilities 522; Logic and morality 523; Creativity 523

Personality Development 525

Personality stability and change 526; Developmental tasks of middle adulthood 528; Psychological reactions to aging 531; Psychological reactions to death 532

Features

Midlife Pregnancy 518 Erikson's Crises in Psychosocial Development 530 Summary 533 Further Readings 534

Chapter 17 Family and Occupational Development 535

Family Life 536

Families with adolescents 536; Families with adult children 538; Relationships with aged parents 540; Grandparenthood 542

Marriage 543

Marital adjustment 543; Marital styles 544; Midlife sexuality 547; Midlife divorce 549; Widowhood 550; Singlehood 550

Occupational Development 551

Occupational advancement 551; Job satisfaction 553; Integrating work and leisure 554

Features

Wife-beating: A Common Practice 546 Second Careers 554 Summary 555 Further Readings 557 Observational Activities: Part Seven 558 Vocational Development How Old Is Old?

Part Eight Late Adulthood 561

Chapter 18 Physical, Cognitive, and Personality Development 563

Physical Development 564

Health factors in late adulthood 567; Central nervous system and behavior 569; Theories of aging 573

Cognitive Development 574

Intelligence scores 574; Learning and memory 575; Logical abilities 577; Interpreting age-related cognitive decline 577

Personality Development 579

Development tasks in late adulthood 580; Social image and self-concept 583; Personality and adjustment 584

Features

Exercise and the Aged 570 Erikson's Crises in Psychosocial Development 582 Older Students 585 Summary 587 Further Readings 588

Chapter 19 Family Life, Retirement, and the Final Years 590

Family Life 591

Marriage in late adulthood 591; Psychosexual adjustment 593; Relations with children 596; Relationships with grandchildren 597; Relationships with siblings 598; Singlehood 598; Widowhood 600; Institutionalization 601

Retirement 605

The Terminal Stage 609

Psychological changes 609; Social losses 613; Terminal hospitalization 613; Attitudes about death 614; The dying process 616; Stages of dying 617

Features

Senior Power 602
Double Jeopardy: To Be Old and a Minority Group Member 610
Hospices 615
Sunset Walk in Thaw-Time in Vermont 619
Summary 620
Further Readings 622
Observational Activities: Part Eight 623

Media Stereotyping of the Aged

Observational Activities: Part Eight 623 Media Stereotyping of the Aged Life Review

Glossary 624 References 631 Index 651 Wilkes, P., 430
Wilkie, F., 516, 576
Williams, D., 502
Williams, M. V., 522
Wilson, A. B., 385
Wilson, F., 296
Winch, R. F., 544
Winder, C. L., 378
Wiseman, R., 487
Witkin, H., 334
Witkin, H. A., 40
Witryol, S. L., 378
Wohlwill, J. F., 579

Wolman, B. B., 192 Woodruff, D. S., 527–528 Woods, A. M., 522 Wrench, D. F., 206 Wright, H. F., 287 Wunsch, J. P., 133

Yankelovich, D., 541, 596 Yarrow, L., 406 Yarrow, L. J., 185 Yarrow, M. R., 378 Yeats, W. B., 596 Yerkes Primate Center, 176

Yllo, K., 488 Yogman, M., 130 Young, R. D., 307 Young, W. C., 272 Yussen, S. R., 379

Zacharias, L., 396 Zahn-Waxler, C., 185, 248 Zalk, S., 271 Zegans, L. S., 132 Zegans, S., 132 Zintz, M. V., 211 Zyzanski, S. J., 516

Subject Index

Abortion, 63-65, 490 Abstract thought, 4 Accidents, 149, 310 Accommodation, cognitive, 117, 241 Accommodation of the lens, 109–110

Adaptation, 241
Adjustment, in late adulthood, 584–587; marital, 479–485; to parenthood, 493–495; in young adult-

hood, 461-463

hood, 461–463
Adolescence, alcohol use in, 438, 537; cognitive development in, 407–411; conformity in, 413, 428–429; delinquency in, 436–437; eating disturbances in, 435–436; egocentrism in, 421–422; emotional disorders in, 431–433, 435–436; ethnic and racial issues in, 429–431; family life and, 536–538; homosexuality in, 403–405, 407; idealism in, 410–411; identity in, 418–443; marihuana use in, 434; moral development in, 411–412; peer influence in, 424–429; physical development in, 395–401; popularity in, 427–428; pregnancy in, 406; problem behavior in, 431–437; psychosexual development in, 7–10; sexual behavior in, 401–407; social cognition in, 348; suicide in, 433, 435; value systems in, 412–415; venereal disease in, 404; vocation choices in, 437, 439–443 in, 437, 439–443 Adoption, 372–374

Adulthood (see Middle adulthood; Young adulthood)

Afterbirth, 69 Age, maternal, 60-61, 518

Agg, maternal, 60–61, 316
Aggression, frustration and, 283; hostile and instrumental, 283; physical punishment as model for, 157, 194; predictive value of childhood, 284; in preschoolers, 282–284; reduction of, 159; sex differences in,

ers, 282–284; reduction of, 159; sex differences in, 271–273; in toddlers, 194
Aging, 454; physical, 510–513; psychological reactions to, 531–533; theories of, 573–574
See also Late adulthood; Middle adulthood
Alcohol, adolescent use of, 438, 537; aging and, 513; prenatal development and, 56–58; sexual functioning and, 482, 548
Alleles, 37–40
Allergies, 99, 105
Alphabet recognition, 235–237

Alphabet recognition, 235–237 Alternate birth centers (ABCs), 71 Altruism, 286–288

American Indians, aged, 611; cultural values of, 207, 210-211

American sign language, 177 Amniocentesis, 49 Amniotic sac, 50–52 Anal personality, 190 Anal stage, 7, 9

Androgyny, psychological, 468–469 Anemia, 223

Anencephaly, 49

Anorexia nervosa, 436 Anorexia nervosa, 436 Anoxia, 46, 55–56, 74–75 Anxiety, in adolescence, 431–432; in childbirth, 67; in middle childhood, 321–324; in preschoolers,

284-285 Appar Scoring System, 69, 100
Apnea, 100
Art, children's, 242–243, 245
Assimilation, 117, 241
Attachment, in infancy, 123–135; intimacy and, 469; separation and, 181–184
See also Bonding

See also Bonding

Attention, 232–234
Authoritarian ideologies, 412–414
Authoritarian parental style, 199–200, 202
Authoritative parental style, 200, 284

Autism, 325 Autonomy, in adolescence, 423–424; internal control and, 357–360; peer influence and, 428–429; shame and doubt versus, 191; socialization and, 187–191

Babinski reflex, 85 Babkin reflex, 85–86 Bayley Development Assessment, 77
Bayley Scale of Infant Development, 151 Behaviorism, 14-16; child-rearing as viewed by,

Behavior problems, 431–437 Biological factors, in gender identification, 277; socialization and, 274

See also Physical development Birth control, 63; breast feeding as, 99 See also Contraception

Birth defects, 45–48
Birthing-room facilities, 71

Birth trauma, 74 Black Americans, aged, 610; cultural values of, 210-211

Blinking, 323

Body proportions, 144–145
Bonding, birth environment and, 71; mother-child, 81–83, 88; prematurity and, 83
Bones (see Skeleton)

Brain damage, 56; birth trauma and, 72, 74–75 Brain death, 616 Brazelton Neonatal Behavioral Assessment Scale, 90 Breast feeding, 72, 75, 79–103; conception and, 99; cultural influences and, 212

Cancer, 514
Career, choice of, 437, 439–443; second, 554, 608
See also Occupational development

Cattell Baby Test, 151 Cell division, 37–40 Cellular death, 616 Cellular error, 573

Cephalocaudal development, 95 Cesarean sections, 72, 518 Chemicals, 59–60

Child abuse, 156, 204–208; causes of, 206–207; defined, 204–205; incidence of, 205; isolation and, 206; prevention of, 208; signs of, 208; social class and, 205

and, 205
Childbirth, alternate centers for, 71; complications of, 72, 74–75; drugs during, 72–74; Leboyer method for, 74; maternal age and, 518–519; prepared, 67; stages of, 68–72
Child care, 370
See also Day care
Childbood psychosis, 324–326

Childhood psychosis, 324–326
Child psychology, 2
Child-rearing, in American subcultures, 210–211; in China, 212–213; cultural influences on, 196–197, 207, 209–213; in Russia, 212; self-esteem and, 313–314

Chimpanzees, language learning by, 176-177 China, 212-213

Chromosomes, 35–37 Cigarette smoking, 57; aging and, 513–514; crib death and maternal, 101; sensory loss and, 567

Circulation, neonatal, 79 Classical conditioning, 153–155
Classification, 330
Climacteric, 517–520
Clinical death, 616
Cliques, 426–427

Codominance, 39

Cognitive development, in adolescence, 407–411; attention and, 232–234; day care effects on, 264; defined, 3–4; gender identity and, 277–279; language and, 159–178; in late adulthood, 574–579; memory and, 330; in middle adulthood, 521–525; in middle childhood, 328–353; prematurity and, 76–77; in preoperational period, 246–249; processes of, 240–241; reasoning and, 249–250; stages of, 10–14, 116, 121; symbolic functions and, 241–246; television and, 262–263; thought and, 165–166; in young adulthood, 454–459 young adulthood, 454-459

See also Concepts; Thought
Cognitive styles, 332–334
Cohabitation, 487–488; in late adulthood, 594
Cohort effects, 19–20, 521, 527–528, 565

Colic, 105 Colostrum, 79 Communication, 258 Compulsions, 322–323

Compulsions, 322–323
Concepts, classification, 254–255; imaginative play and, 255–256; quantity, 252–253; relation, 253–254; space, 251–252; time, 250–251
Concrete operations stage, 13, 343–347, 408
Conditioning, 153–159
Conflict, 321–322
Conformity, 413, 428–429
Conscience, 186, 286
See also Moral development
Consequence 23, 345

Conservation, 252, 345

Conservation, 252, 345
Constructivism, 10
Contraception, 62–65, 404, 406, 490; oral, 58–59, 63
Convergence, visual, 109
Cooperative play, 290–291
Coordination, 229–230
Correlational research, 21–22
Courtship, 478–479
Creativity, 4, 523–525
Creening and crawling, 116, 147

Creeping and crawling, 116, 147 Crib death, 100–101 Cross dominance, 343

Cross-sectional study, 18-19

Crowning, 68
Crystallized intelligence, 522–523
Cultural factors, in child abuse, 204, 207; childrearing and, 196–197, 207, 209–213; premenstrual symptoms and, 456–457; social relationships and, 207, 209-213

Data collection, 23–24
Day care, 370; cognitive development and, 264; current research on, 265–268; home-care environments compared with, 263–264; social development

ments compared with, 263–264; social development and, 265; types of, 260, 263

Death, approach of, in old age, 591, 609–614; attitudes about, 614–616; children's comprehension of, 367–368; in a hospice, 614–615; mourning and, 368–369; as a process, 616–617; psychological reactions to, 532–533; stages of, 617–619; telling children about, 368

children about, 368 Decentration, 344–347 Deferred imitation, 164, 241–242

Deterred imitation, 164, 241–242
Delinquency, 436–437
Denver Developmental Screening Test, 260
Deoxyribonucleic acid (DNA), 35–37
Dependency, 279–280, 468
Dependent variables, 21

Depression, 323–324; in adolescence, 432–433; premenstrual, 456–457

Deprivation dwarfism, 226-227 Deprivation theory, 573 Depth perception, 111

Developmental stages (see Adolescence; Infancy; Late adulthood; Middle adulthood; Middle childhood; Fidelity, 480-481 Jaundice, 80 Fluid intelligence, 522-523 Fontanelles, 144 Joint custody, 366 Neonates; Prenatal development; Preschoolers; Toddlerhood; Young adulthood)
Development psychology, 1–5 Juvenile delinquency, 436-437 Food allergies, 99, 105 Forceps, 72 Karadjeri rites, 398-399 Formal operational stage, 13–14, 407–411, 455, 458 Foster care, 133–135 Friendships, 291–293; basis of, 380–381; imaginary, 295–296; self-esteem and, 314 Diabetes, 55 Diet, bone development and, 144; importance of, 94; in infancy, 103–105; maternal, 61; in middle adulthood, 513–515; in middle childhood, 308–310; in preschoolers, 223, 227 Labor (see Childbirth) Language, acquisition stages for, 166–170; cognition and, 159–178, 256–258; grammar and, 170–175; preliminaries to, 121–122; symbolic function and, 244, 246; thought and, 175, 177–178 Frustration-aggression hypothesis, 283 Diethylstilbestrol (DES), 59 Differential maturation, 95 Differentiation, 98 Digestion, 79–80, 165 Galactosemia, 46 Lanugo, 77 Lanugo, 77

Late adulthood, aging process in, 573–574; central nervous system and behavior in, 569, 572; cognitive development in, 574–579; college enrollment in, 585; contradictory findings regarding, 563–564; family life in, 591–601; health factors in, 567–569; institutionalization in, 601–605; personality development in, 579–587; psychological changes in, 590–591, 609–616; retirement in, 605–609; terminal stage of. 609–619 Galant reflex, 86-87 Gametes, 35 Gender-role development, career choice and, 501–502; father's influence on, 317–320; in middle childhood, 315–320; psychological androgyny concept and, 468–469; socialization and, 273–277; theories of, Dilation, 68 Dilation, 68
Discipline, 284; abuse and, 204–205; autonomy and, 203–204; internal control and, 357–359; Parent Effectiveness Training approach to, 202–203; parenting styles and, 199–200; socialization and, 199
Discrimination, 234–238
Diseases, childhood, 308; deficiency, 103, 223; fetal development and, 55–56; hereditary, 39; in late adulthood, 567–569, 573–574; in middle adulthood, 512, 515–516; sexual functioning and, 482 277-279 2/7–2/3
Gene dominance or recessiveness, 38–40
Generation effects, 19–20, 521, 527–528, 565
Generation gap, 422–423, 536–538
Genetic counseling, 48
Genetic factors (see Heredity) stage of, 609-619 Latency stage, 7-8 Lead, 59-60 512, 515–516; sexual functioning and, 482
Divorce, children's experience of, 362–363, 365–366; developmental issues and, 486; fathers and, 366; incidence of, 485–486; midlife, 549–550; process Learning, aging process and, 575–577; of behavior, 14–17; in the neonate, 88–89; perception and, Genital stage, 8 Genotypic continuity, 526 108-116 Gernotypic continuity, 526 German measles (rubella), 55 Gerontology, 2 Gestation stages, 48–53 Gifted children, 336–337 Gonorrhea, 404 Grammar, 170–175 Grandparenthood, 542–543, 597–598 See also Cognitive development
Learning disabilities, 342–343; prematurity and, 77
Learning disorders, 55–56
Learning theory, 152–153
Life review, 612 leading to, 486–487
Doll's eye reflex, 85
Down's syndrome (mongolism), 46–49; maternal age and, 518 Drawing, 242–243, 245
Drug addiction, 56–57
Drugs, in hyperactivity, 312–313; during labor, 72–73; sexual functioning and, 482; as teratogens, 56–58 Life-teview, o12 Life-styles, nonmarital, 487–489, 594 Logic, aging and, 577; in middle adulthood, 523 Longitudinal study, 19–20 Long-term memory, 329–330 Grasping, 113–114 Grasp reflex, 85–86 Group norms, 376–377 See also Drug use Low-birth-weight babies, 75-77 Guilt, 281-282 Drug use, in adolescence, 434, 437–438, 537; alcohol, 56–58, 438, 513, 537, 548; marihuana, 434 Malnutrition, 61 See also Diet Manic-depressive psychosis, 433 Habituation, 89 See also Drugs Health, diet and, 223, 227; in late adulthood, 567–569; in middle adulthood, 512–520; in middle childhood, 307–310; in young adulthood, 453–454 Manic-depressive psychosis, 433
Marihuana, 434
Marihuana, 475–485; in late adulthood, 591–593; in middle adulthood, 543–550; second, 366–367, 487; styles of, 544–545, 547
Masturbation, 7, 195, 470
Maternal age, 60–61, 518
Mate selection, 477–478
Maturation rates, 310
Measurement concepts, 346–347
Madication (see Drugs) Eating, 99, 101-105 See also Diet Eating disturbances, 435–436 Egocentric speech, 247, 258 Egocentrism, 246–249, 347–349; adolescent, 421–422; moral development and, 286 See also Diseases Heart disease, 512, 515–516
Heredity, aging process and, 513; birth defects and, 45–48; characteristics effected by, 41–45; mechanisms of, 35–41; prenatal development and, 34–48 Electroencephalograms (EEGs), 511–512 Embryo stage, 50–52° Emotional deprivation, 226–227 Emotional development, 279–288 Hisms of, 35–41; prenatal development and, 34–46 Heroin, 56
Holophrastic speech, 168
Home environment, 356–376
Homosexuality, 403–405, 407
Hormones, adolescent growth and, 395; breast feeding and, 81–82; dwarfism and, 226; gonadal, 517–520; prenatal development and, 57–59 Medication (see Drugs) Medication (see Drugs)
Meiosis, 38
Memory, 4, 329–331; aging process and, 575–577
Menarche, 306, 395–399, 519
Menopause, 517–520
Mental illness, 324–326; in adolescence, 431–433, 435–436; genetic factors and, 47
Mental images, 243–244
Mental images, 243–244
Mental images, 243–244 See also Personality; Social development Empiricist theory, 174
Empty nest phase in family life, 538–540
Endogamy, 478 Enrichment programs, 5
Environmental factors, aging and, 513; growth and, 310–311; learning theory view of, 152–153; perception and, 152; prenatal development and, 54–62 Hospices, 614-615 Hospitalization, terminal, 613-614 Hostile aggression, 283 Humor, 296 Mental retardation, 46 tion and, 152; prenatal development and, 54–62 Episiotomy, 68
Estrogen, 456, 517, 519, 594
Ethical considerations in research, 24–26
Ethnic and racial factors, 610; adolescent identity and, 429–431; awareness of, 382; values and, 210–211
Exercise, 570–571
Experimental design, 18–23
Experimental methods, 21–22
Expulsion stage of childbirth, 68 Hyperactivity, 312–313; anorexia and, 436 Hypothesis application, 331–332 Metacognition, 330–331 Metamemory, 331–332 Methadone, 56 Hysteria, 323 Mexican-Americans, aged, 210–211; cultural values of, 610–611
Microcephaly, 60
Middle adulthood, cognitive development in, 520–525; developmental tasks of, 528–531; divorce in, 549–550; family life in, 535–550; health and nutrition in, 512–520; marriage in, 543–551; occupational development in, 551–555; personality development in, 525–533; physical development in, 510–513; pregnancy in, 518–519; sexuality in, 547–549; widowhood in, 550
Middle childhood, gender-role development in, 315–320; the home environment and, 356–376; learning and cognition in, 328–353; peer influences Mexican-Americans, aged, 210-211; cultural values Idealism, 410-411 Identical (monozygotic) twins, 35 Identity, in adolescence, 418–443; career choice and, 500–502; divorce and, 487; in young adulthood, 465–467 Expulsion stage of childbirth, 68 See also Self-concept Extramarital sex, 480–481 Eye-hand coordination, 5 Illegitimate children, 406 Illegitmate children, 406
Illness (see Diseases; Health)
Imaginary companions, 295–296
Imaginative play, 255–256
Imitation, 17; deferred, 164, 241–242; language acquisition and, 122
Immunities, 80–81
Imprinting, 124
Incomplete dominance, 39
Industry versus inferiority, 315 Fairy tales, 289
Fallopian tubes, 396
Families, with adolescents, 536–538; adoption and, 372–374; with adult children, 538–540; death in, 367–369; divorce and, 362–366; ethnic minority, 210–211; independence from, 422–424; life cycle of, 495–497; marital adjustments and, 479–485; middle adulthood issues and, 535–550; remarriage and, 366–367; sibling relationships and, 373, 375–376; single-parent, 369–371; twentieth-century nuclear, 361
Family planning, 62–65 learning and cognition in, 328–353; peer influences in, 376–382; personality problems in, 320–326; physical development in, 304–311; racial awareness in, 382; the school and, 382–385; self-awareness in, Industry versus inferiority, 315 Infancy, cognitive development in, 116–122; daily routines in, 98–99, 101–105; differential motivation in, 311-315 Midlife passage, 525–526 Midlife pregnancy, 518–519 Mineral requirements, 309 nuclear, 361
Family planning, 62–65
See also Birth control; Contraception
Fantasy, 288–296; function of, 289, 293; sex differences in, 295; stages in use of, 293–294
Fathers, absence of, 319–320; changing role of, 360–362; divorced, 366; empty nest syndrome and, 540; gender-role development and, 317–320; infants and, 126, 130
Fear of strangers, 132–133, 182, 191–192 95-98; perception and learning in, 108-116; physical development in, 93-98; sleep patterns in, 105-108; socialization in, 275; social relationships Mineral requirements, 309
Minority groups, 610–611; cultural values and, 210–211
Mirror writing, 342–343
Mitosis, 37–38
Models, 17; gender identification and, 277–278, 316–317 in, 122-135 Infanticide, 204 Initiative, 281-282 Initiative, 281–282
Institutionalization, of the aged, 601–605; of children, 133–135, 152, 184
Instrumental aggression, 283
Intelligence, 5; heredity and, 43–45
See also Cognitive development; IQ tests
Interviews, 24
Interviews, 25
Interviews, 24
Interviews, 26
Interviews, 27
Interviews, 27
Interviews, 28
Interviews, 28
Interviews, 28
Interviews, 29
Interviews, 29 Mongolism (see Down's syndrome) Monozygotic (identical) twins, 35 Moral development, altruism and, 286–288; in middle Fear of strangers, 132–133, 182, 191–192
Fears, in infancy, 132–133, 182, 191–194; in middle childhood, 321–324; in preschoolers, 284–285
Fertility motivation, 489–492
Fetal Alcohol Syndrome (FAS), 57 adulthood, 523; political issues as catalysts for, 414–416; post-conventional, 411–412; stages of, 349–353; in young adulthood, 459–461
Moro reflex, 85, 87 Intimacy, 420, 467-472 Intrauterine device (I.U.D.), 63 IQ tests, 334–337, 521–522; aging and performance on, 574–575; for preschoolers, 259–260 Isolation, 472; child abuse and, 206

Morphemes, 171 Morphine, 56

Fetal erythroblastosis, 62 Fetal growth rate, 49 Fetal stage, 52-53

Mothers, bonding process and, 81–83, 88; empty nest syndrome and, 539–540; prenatal development and, 60–62; single, 369–371, 406; working, 362, 364 Motor development, perception and, 150–152; prematurity and, 76–77; in toddlers, 145–148, 150–152 Mourning, 368–369 Myelinization, 223

Native Americans (see American Indians)
Nativist theory, 174
"Nature versus Nurture" debate, 33–34
Neonates, behavior of, 85–87; birth process and, 68–75; bonding and, 81–83; circulation in, 79; digestion in, 79–80; immunities in, 80–81; individual differences in, 89–90; learning in, 88–89; physical characteristics of, 77–81; postpartum separation and, 81–83; premature, 75–77; reflexes of, 85–87; respiration in, 77–78; sensory capabilities of, 87–88; skeleton of, 80; temperature regulation in, 80
Nervous system, aging effects on, 569, 572; in middle adulthood, 511; in preschoolers, 223
Neuroses, 431
Nicotine (see Cigarette smoking)

Nicotine (see Cigarette smoking) Nursing (see Breast feeding) Nursing homes, 601–605 Nutrition (see Diet)

Obesity, 104, 223, 435–436; popularity and, 307 Object permanence, 120 Observational learning, 316 Observation of behavior, 23–24, 29 Obsessions, 322–323, 431

Occupational development, 437, 439–443; job satisfaction and, 553–554; leisure and, 554–555; in middle adulthood, 551–555; in young adulthood,

One-to-one correspondence, 253 Operant conditioning, 159, 316 Oral contraceptives, 58–59, 63 Oral contraceptives, 8 Oral stage, 7, 9 Organization, 241 Ovaries, 395–396 Ovum stages, 48, 50 Oxytocin, 81

Palmar group reflex, 86-87 Parallel play, 290-291 Parent Effectiveness Training (PET), 202-203 Parenting, adjustment to, 493-495; attachment Parenting, adjustment to, 493–495; attachment process and, 124–128; as a developmental process, 492–493; motivation for, 489–492; training programs for, 84 See also Fathers; Mothers Parents, aged, 540–541 Peer groups, 376–382; adolescent identity and, 424–429; socialization process and, 379–380 Pagia, 206

Perceptual development, attention and, 232–234; discrimination and, 234–238; environment and, 152; in infancy, 108–116; motor development and, 150–152; in the preschooler, 231–238; reading readiness and, 237–238; in toddlers, 148, 150–152

See also Sensory capabilities Perez reflex, 86

Perez reflex, 86
Permissive parental style, 199–200, 202
Personality, anal, 190; defined, 270–271; emotional development and, 279–288; emotional problems and, 320–326; factors influencing, 303–304; gender roles and, 273–279; heredity and, 41–42; in late adulthood, 579–587; marital adjustment and, 485; in middle adulthood, 525–533; in the neonate, 90; physique and, 227–229, 304–307; social development and, 288–296; in young adulthood, 461–463
Phallic stage, 7–8

Phallic stage, 7-8 Phenotypic continuity, 526 Phenylketonuria (PKU), 46 Phobias, 322–323, 431 Phonemes, 171 Phosporus, 309

Phosporus, 309
Physical contact, 126–127
Physical development, 3; in adolescence, 395–401; changing patterns in, 397, 399; environment and, 310–311; heredity and, 41; in infancy, 93–98; in late adulthood, 564–567; in middle adulthood, 510–513; in middle childhood, 304–311; in preschoolers, 221–231; in toddlers, 143–148; trends in, 306–307; in young adulthood, 452–454
Physique, 227–229, 304–307
Pituitary gland, 395
Placenta, 50–51
Placenta; stage, 69

Placental stage, 69 Plantar grasp reflex, 86 Play, 288–296; types of, 290–291 Political awareness, 414–415 Polygenic traits, 39–40 Popularity, 427–428 Postconventional morality, 411-412

Postpartum separation, 81-83 Postural stoop, 565-566 Pregnancy, midlife, 518–519; teenage, 406 Prejudice, 382 Prematurity, 75–77; mother-infant bond and, 83 Premenstrual blues, 456–457

Prenatal development, environmental influences and, 54–62; genetic influences on, 34–48; gestational stages, 48–53

stages, 48–53
Preoperational period, 12–13, 165, 246–250
Preschoolers, cognitive development in, 240–260; communication among, 258; day care for, 260–268; diet and health in, 223, 227; emotional development in, 279–288; IQ tests for, 259–260; locomotion and manipulation in, 229–231; perceptual development in, 231–238; physical development in, 221–231; physique and personality in, 227–229; play and fantasy in, 288–296; social development in, 270–296, 347; socialization of, 275–276
Primary circular reactions, 118

347; socialization of, 275–276 Primary circular reactions, 118 Problem-solving, 4, 328–332 Progesterone, 517, 519 Progestins, 59 Prolactin, 81–82 Propositional reasoning, 14 Prostate gland, 519 Protein deficiency, 103 Proximodistal development, 95 Proximodistal development, 95, 98 Pseudohermaphrodite, 58 Psychological androgyny, 468–469 Psychoses, 324–326, 431–433

Psychosexual adjustment, in late adulthood, 593–596 Psychosexual development, 7–10 Psychosocial development, 7–10; crises in, 282, 318,

Puberty, 395–399
Puberty rites, 389–399
Punishment, 156–159; abuse and, 204–205; physical, as model for aggression, 157, 194 See also Discipline

Quantity concepts, 252-253 Questionnaires, 24

Race (see Ethnic and racial factors) Radiation, 46, 60 Rapid Eye Movement (REM), 107 Rapid Eye Movement (REM), Rationalist theory, 174 Reading, 337–342 Reading disorders, 339–342 Reading readiness, 237–238 Reasoning, 249–250 Recall, 329 Reflexes, 98, 117–118; in the neonate, 85–87 Regression, 323 Reinforcement, 155–156 Relation concepts, 253–254 Relability, 22–23 Religious institutions, 494 Remarriage, 366–367, 487

Research, data collection, 23-24; ethical consider-Hesearch, data collection, 23–24; etnical considerations, 24–26; experimental design and, 18–23; importance of, 18; methods for, 21–22; reliability and validity, 22–23; results and discussion, 24; sampling, 22; variables, 21
Respirator, 77–78
Respiratory distress syndrome (RDS), 76
Retirement, 592–593, 605–608

Reye's syndrome, 308 Rh factor, 62 Rites of passage, 398–399 Rolling over, 114 Rooming in, 72 Rooting reflex, 86 Rule-learning theory, 174

Sampling, 22 Schizophrenia, 47, 325; adolescent, 431–433 Schizophrenic syndrome, 324–326 Scholastic Aptitude Test, 334 School, the, 382–385; political socialization through, 414–415 Secondary circular reactions, 118
Secondary sex characteristics, 396–397
Secular growth trends, 306–307
Self-awareness, 311–315 Self-concept, dependency and, 279–280; eating disturbances and, 435–436; occupational development and, 498–501; social image and, 583–589

and, 498–501; social image and, 583–589
See also Identity
Self-esteem, 313–315, 468
Sensorimotor period, 12, 116–121, 160–166
Sensory capabilities, in infancy, 108–113; in late adulthood, 563–564, 566–567; in middle adulthood, 511; in neonates, 87–88
See also Percentual development

See also Perceptual development

Separation, attachment and, 181-184; long-term, 184-185

Separation anxiety, 182 Sex determination, genetic mechanisms of, 40–41 Sex differences, 171–173; in aggression, 171–173; in fantasy use, 295; in physical development, 222

Sex-linked recessive traits, 40
Sex roles (see Gender-role development)
Sex therapy, 482–483
Sexual behavior, in adolescence, 401–407; drugs and, 482; homosexual, 403–405, 407; intimacy and, 470–472; in late adulthood, 593–596; in marriage, 480–481; midlife, 547–549; parental attitudes toward 577 ward, 537

Sexual development, in adolescence, 395–401 Short-term memory, 329–330 Sibling rivalry, 71, 375–376 Siblings, 373, 375–376; in late adulthood, 598

Simon-Binet IQ tests, 12
Single (never married) life style, 489; in late adulthood, 598–601; in middle adulthood, 550–551
Single-parent families, 369–371

Sitting up, 114–116
Skeleton, in late adulthood, 565–566; in neonates, 80; in preschoolers, 222; in toddlers, 144–145
Sleeping patterns, 105–108; growth hormone release and, 227; hyperactivity and, 312; over the life span, 107

Smoking (see Cigarette smoking) Social class, adolescence and, 429–431; child abuse and, 205

Social development, 3–4, 347–349; day care effects on, 265; gender-role development and, 316–317; internal control and, 359–360; personality and,

See also Personality; Psychosocial development; Socialization; Social relationships
Socialization, 185–194; biology and, 274; gender roles and, 274–278; in infancy, 275; peers and, 279–280; political, 414–415; of preschoolers, 275–276; school as agent of, 414–415 Social learning theory, 16–17, 277–278 Social norm, violence as a, 207

Social rioffin, violence as a, 207
Social relationships, attachment and, 181–184; child abuse and, 204–208; child-rearing approaches and, 195–204, 207, 209–213; cultural influences and, 207, 209–213; in infancy, 122–135; separation and, 181-185; socialization and, 185-194

Social speech, 258
Solitary play, 290–291
Soviet Union, 212
Space concepts, 251–252
Stages theory of dying, 617–619
Standardized testing, 334–337
Stanford–Binet test, 259–260
Stattle reflex, 95–60 Startle reflex, 85, 87
Stepfamilies, 366–367
Stepping reflex, 87
Stranger anxiety, 132–133, 182; developmental stage and, 191–192

Streptococcus mutans, 308
Stress, 62; in middle adulthood, 512, 516–517
Sucking reflex, 86–87, 117
Sudden Infant Death Syndrome (SIDs), 100–101 Suicide, 433, 435 Symbolic function, 241–246 Symbolic play, 241 Syphilis, 404

Tay-Sachs disease, 49 Teaching methods, 383–385

Teenage pregnancy, 406
Teeth, 95, 145, 222; aging and, 565; decay and, 308
Television, 262–263
Temperature regulation, 80
Temper tantrums, 194–195; in hyperactive children,

312-313

Teratogens, 54–57
Terminal stage of life, 609–619
Tertiary circular reactions, 119, 160–162
Testes, 395–396

Testes, 395–396
Testosterone, 519, 594
Tetracycline, 56
Thought, cognition and, 165–166; as a dialectical process, 458–459; language and, 175, 177–178; symbolic, 162–166
See also Cognitive development; Concepts
Thyroid gland, 395
Tics, 323
Time concepts, 250–251

Time concepts, 250-251

Time concepts, 250–251
Toddlerhood, accidents and, 149; cognition and language and, 159–178; learning and conditioning in, 152–159; motor development in, 145–148, 150–152; perceptual development in, 148, 150–152; physical development in, 143–148
Toilet training, 9, 188–190, 195

Toxemia, 55
Toxoplasma gondii, 55
Tranquilizers, 56
Tranquilizers, 56
Trust, 128–132
Twins, 35
Type A behavior, 515–516
Umbilical cord, 50
Unmarried mothers, 369–371, 406
Vagina, 396, 594
Validity, 22–23
Value systems, 412–415
Variables, 21
Venereal disease, 404
Violence, as a social norm, 207; against wives, 207, 546–547
See also Child abuse

Viruses, 55
Visual coordination, 108–110
Vitamins, 94, 163, 223, 309
Vocation, 437, 439–443
See also Occupational development
Vocational counseling, 442–443

Walking, 146–148
Walking reflex, 98
Weaning, 101–103
Wear-and-tear theory, 573
Widowhood, 600–601; in middle adulthood, 550
Wife-beating, 207, 546–547
Withdrawal reflex, 87
Word meaning, 257
Working mothers, 362, 364
Women, in male-dominated occupations, 501–502; premenstrual symptoms in, 456–457; working,

483-485, 495, 501-502; violence against, 207, 546-547 See also Mothers

Young adulthood, adjustment in, 461–463; cognitive development in, 454–459; defined and described, 449–452; family life in, 475–487; identity in, 465–467; intimacy in, 467–472; life events in, 463–465; mate selection and courtship in, 477–479; moral development in, 459–461; nonmarital life styles in, 487–489; occupational development in, 496–502; parenting in, 489–496; physical development in, 452–454
Youth, concept of, 450–452

Zygote, 34-35