CONTENTS

Contributors xvii Reviewers xix Preface xxi Acknowledgments xxv

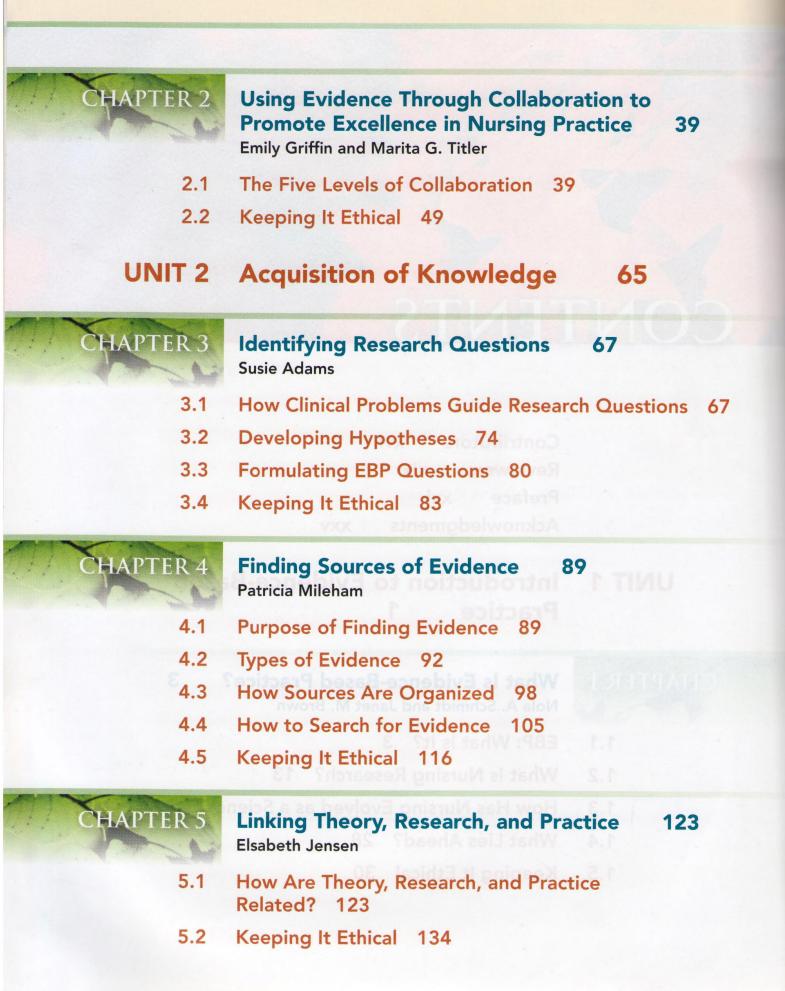
UNIT 1 Introduction to Evidence-Based Practice 1

CHAPTER 1

What Is Evidence-Based Practice? Nola A. Schmidt and Janet M. Brown

3

- 1.1 EBP: What Is It? 3
- 1.2 What Is Nursing Research? 13
- 1.3 How Has Nursing Evolved as a Science? 20
- 1.4 What Lies Ahead? 28
- 1.5 Keeping It Ethical 30



xii

UNIT 3 Persuasion 141

6	Key Principles of Quantitative Design	143
att ig	Rosalind M. Peters	

- Chart the Course: Selecting the Best Design 143 6.1
- What Is Validity? 149 6.2
- Categorizing Designs According to Time 156 6.3
- Keeping It Ethical 160 6.4

Quantitative Designs: Using Numbers to Provide Evidence 165 **Rosalind M. Peters**

- Experimental Designs 165 7.1
- Quasi-Experimental Designs 171 7.2
- Nonexperimental Designs 175 7.3
- Specific Uses for Quantitative Designs 180 7.4
- Keeping It Ethical 182 7.5

CHAPTER 8

CHAPTER

CHAPTER 7

Qualitative Designs: Using Words to Provide 187 and a data w Evidence

Kristen L. Mauk

- What Is Qualitative Research? 187 8.1
- The Four Major Types of Qualitative Research 196 8.2
- Keeping It Ethical 209 8.3

CHAPTER 9

Collecting Evidence 217 Jan Dougherty

- Data Collection: Planning and Piloting 217 9.1
- Collecting Quantitative Data 219 9.2

xiv Contents	
9.3	Validity And Reliability 227
9.4	Collecting Qualitative Data 235
9.5	Keeping It Ethical 240
CHAPTER 10	Using Samples to Provide Evidence 247 Ann H. White
10.1	Fundamentals of Sampling 247
10.2	Sampling Methods 252
10.3	Sample Size: Does It Matter? 261
10.4	Keeping It Ethical 265
CHAPTER 11	Other Sources of Evidence 273 Cynthia L. Russell
11.1	The Pyramid of Evidence: The 5 Ss 273
11.2	Using the Pyramid for EBP 283
11.3	Keeping It Ethical 287
UNIT 4	Decision 291
CHAPTER 12	What Do the Quantitative Data Mean?293Rosalind M. Peters, Nola A. Schmidt, and Moira Fearncombe
12.1	Using Statistics to Describe the Sample 293
12.2	Using Frequencies to Describe Samples 295
12.3	Measures of Central Tendency 299
12.4	Distribution Patterns 303
12.5	Measures of Variability 306
12.6	Inferential Statistics: Can the Findings Be Applied to
	the Population? 314

12.7	Reducing	Error	When	Deciding	About
	Hypothes	es 3	18		

- 12.8 Using Statistical Tests to Infer to Populations 324
- 12.9 What Does All This Mean For EBP? 332
- 12.10 Keeping It Ethical 335

CHAPTER 13	What Do the Qualitative Data Mean? Kristen L. Mauk	341
13.1	Qualitative Data Analysis 341	
13.2	Qualitative Data Interpretation 347	
13.3	Qualitative Data Evaluation 353	
13.4	Keeping It Ethical 358	
CHAPTER 14	Weighing In on the Evidence 365	

Carol O. Long

- 14.1 Deciding What to Do 365
- 14.2 Appraising the Evidence 367
- 14.3 Clinical Practice Guidelines: Moving Ratings and Recommendations Into Practice 376
- 14.4 Keeping It Ethical 379

UNIT 5 Implementation 385

CHAPTER 15

Transitioning Evidence to Practice387Maria Young

- 15.1 Evidence-Based Practice Models to Overcome Barriers 387
- 15.2 Creating Change 397
- 15.3 Keeping It Ethical 412

vi	Contents

CHAPTER 16	Developing Oneself as an Innovator417Diane McNally Forsyth
16.1	Who Is an Innovator? 417
16.2	Developing Oneself 422
16.3	Professionalism 429
The 16.4 p	Keeping It Ethical 432 of bedy
UNIT 6	Confirmation 437
CHAPTER 17	Evaluating Outcomes of Innovations 439 Kathleen A. Rich
17.1	What Is an Outcome? 439
17.2	Choosing Outcomes 441
17.3	Evaluating the Outcomes 448
17.4	Keeping It Ethical 450
CHAPTER 18	Sharing the Insights With Others455Janet M. Brown and Nola A. Schmidt
18.1	Dissemination: What Is My Role? 455
18.2	The 3 Ps of Dissemination 456
18.3	Making the Most of Conferences 469
18.4	Keeping It Ethical 471
	Glossary 475 Glossary 475
	Index 493

xvi