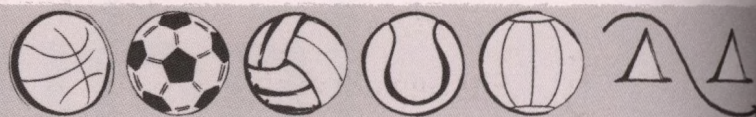


# Contents



|                      |      |
|----------------------|------|
| Inclusion Index      | vii  |
| Preface              | ix   |
| Acknowledgments      | xiii |
| How to Use This Book | xv   |

## Part I Fundamentals

|          |   |          |
|----------|---|----------|
| <b>1</b> | <b>Legal Background</b>                       | <b>3</b> |
|          | Direct Service                                | 4        |
|          | Child Find                                    | 4        |
|          | LRE versus Inclusion                          | 5        |
|          | LRE and Individualized Education Plans (IEPs) | 5        |
| <b>2</b> | <b>Wheelchair Basics</b>                      | <b>7</b> |
|          | Wheelchair Mobility Skills                    | 7        |

## Part II Invasion Games

|          |  |           |
|----------|--|-----------|
| <b>3</b> | <b>Wheelchair Basketball</b>                                       | <b>17</b> |
|          | Description of the Sport   | 17        |
|          | Skills to Be Taught  | 21        |
|          | Functional Profiles and General Modifications                      | 30        |
|          | Game Progressions  | 32        |
|          | Games-by-Skill-Level Index: Low-Functioning Students               | 32        |
|          | Game Descriptions  | 32        |
|          | Games-by-Skill-Level Index: Moderate- to High-Functioning Students | 43        |
|          | Game Descriptions  | 44        |
| <b>4</b> | <b>Indoor Wheelchair Soccer</b>                                    | <b>57</b> |
|          | Description of the Sport   | 57        |
|          | Skills to Be Taught  | 62        |
|          | Functional Profiles and General Modifications                      | 69        |
|          | Game Progressions  | 70        |
|          | Games-by-Skill-Level Index: Low-Functioning Students               | 70        |
|          | Game Descriptions  | 71        |
|          | Games-by-Skill-Level Index: Moderate- to High-Functioning Students | 81        |
|          | Game Descriptions  | 81        |



## Part III Net Games

|          |  |            |
|----------|--|------------|
| <b>5</b> | <b>Sitting Volleyball</b>  | <b>93</b>  |
|          | Description of the Sport   | 94         |
|          | Skills to Be Taught  | 97         |
|          | Functional Profiles and General Modifications                      | 104        |
|          | Game Progressions  | 105        |
|          | Games-by-Skill-Level Index: Low-Functioning Students               | 105        |
|          | Game Descriptions  | 106        |
|          | Games-by-Skill-Level Index: Moderate- to High-Functioning Students | 114        |
|          | Game Descriptions  | 115        |
| <b>6</b> | <b>Wheelchair Tennis</b>   | <b>125</b> |
|          | Description of the Sport   | 126        |
|          | Skills to Be Taught  | 129        |
|          | Functional Profiles and General Modifications                      | 134        |
|          | Game Progressions  | 136        |
|          | Games-by-Skill-Level Index: Low-Functioning Students               | 136        |
|          | Game Descriptions  | 136        |
|          | Games-by-Skill-Level Index: Moderate- to High-Functioning Students | 143        |
|          | Game Descriptions  | 143        |

## Part IV Court Games/Track Events

|          |  |            |
|----------|--|------------|
| <b>7</b> | <b>Goalball</b>  | <b>151</b> |
|          | Description of the Sport   | 151        |
|          | Skills to Be Taught  | 157        |
|          | Functional Profiles and General Modifications                      | 160        |
|          | Game Progressions  | 161        |
|          | Games-by-Skill-Level Index: Low-Functioning Students               | 162        |
|          | Game Descriptions  | 162        |
|          | Games-by-Skill-Level Index: Moderate- to High-Functioning Students | 168        |
|          | Game Descriptions  | 168        |
| <b>8</b> | <b>The Slalom</b>  | <b>177</b> |
|          | Description of the Sport   | 177        |
|          | Skills to Be Taught  | 181        |
|          | Functional Profiles and General Modifications                      | 186        |
|          | Game Progressions  | 186        |
|          | Games-by-Skill-Level Index   | 187        |
|          | Game Descriptions  | 187        |



|                   |   |            |
|-------------------|---|------------|
| <b>Appendix A</b> | <b>Legal Applications</b>                           | <b>197</b> |
| <b>Appendix B</b> | <b>Wheelchair Basics</b>                            | <b>205</b> |
| <b>Appendix C</b> | <b>Links to Other Sports and Adapted Activities</b> | <b>213</b> |
| <b>Appendix D</b> | <b>Equipment Concerns</b>                           | <b>215</b> |
|                   | Suggested Readings                                  | 217        |
|                   | Index   | 219        |
|                   | About the Author                                    | 221        |

**Legal Background**

|  |  |   |
|--|--|---|
|  | Description of the sport   | 3 |
|  | Skills to be taught  | 4 |
|  | Functional Profiles and General Modifications                      | 4 |
|  | Game Progressions  | 5 |
|  | Games-by-Skill-Level Index: Low-Functioning Students               | 5 |
|  | Game Descriptions  | 7 |
|  | Games-by-Skill-Level Index: Moderate- to High-Functioning Students | 7 |
|  | Game Descriptions  | 7 |

**Wheelchair Tennis**

|  |  |    |
|--|--|----|
|  | Description of the Sport   | 17 |
|  | Skills to be taught  | 17 |
|  | Functional Profiles and General Modifications                      | 18 |
|  | Game Progressions  | 22 |
|  | Games-by-Skill-Level Index: Low-Functioning Students               | 22 |
|  | Game Descriptions  | 22 |
|  | Games-by-Skill-Level Index: Moderate- to High-Functioning Students | 24 |
|  | Game Descriptions  | 44 |

**Wheelchair Soccer**

|  |  |    |
|--|--|----|
|  | Description of the Sport   | 57 |
|  | Skills to be taught  | 57 |
|  | Functional Profiles and General Modifications                      | 59 |
|  | Game Progressions  | 70 |
|  | Games-by-Skill-Level Index: Low-Functioning Students               | 70 |
|  | Game Descriptions  | 71 |
|  | Games-by-Skill-Level Index: Moderate- to High-Functioning Students | 77 |
|  | Game Descriptions  | 78 |