- Do not obey in advance. 17 Defend institutions. 22 3. Beware the one-party state. 26 4 Take responsibility for the face of the world. 32 Remember professional ethics. 38 Be wary of paramilitaries. 42 Be reflective if you must be armed. 47 Stand out. 51
- 9. Be kind to our language. 5910. Believe in truth. 65

| | Investigate. 72 |
|-----|---|
| 12. | Make eye contact and small talk. 81 |
| 13. | Practice corporeal politics. 83 |
| 14. | Establish a private life. 87 |
| 15. | Contribute to good causes. 92 |
| 16. | Learn from peers in other countries. 95 |
| 17. | Listen for dangerous words. 99 |
| 18. | Be calm when the unthinkable arrives. 103 |
| 19. | Be a patriot. |
| 20. | Be as courageous as you can. 115 |