

Unit	Grammar	Vocabulary	Reading	Listening	Speaking	Writing
1	Getting to know you ↻ p9 	Tenses and questions p10 • Asking questions • Who's or Whose?	Right word, wrong word p16 • do homework/make a mistake • a high mountain/a tall man • be crazy about/interested in • to train hard/to catch a train	A blind date p14 • A magazine feature where two readers go on a date	The three types of friends we all need p13 • Jess describes three friends Everyday English p17 • Social expressions	Filling in forms p18 • Filling in a personal form
2	Let's get together ↻ p19 	Present tenses p20 • State verbs • have/have got	My perfect day p23 • have a lie-in • listen to music • shop for clothes	The independence quiz p24 • A quiz that tells you how dependent or independent you are	Getting on with the neighbours p26 • Two neighbours gossip about each other Everyday English p27 • Making conversation	An email p28 • Linking words
3	Good news, bad news! ↻ p29 	Narrative tenses p30 • Past Simple and Past Continuous	Adverbs p36 • drive carefully • speak Spanish fluently • work hard	A spy story p34 • The James Bond story, <i>The Man with the Golden Gun</i>	A spy story p34 • <i>The Man with the Golden Gun</i> Everyday English p37 • Saying when	Narrative writing p38 • Position of adjectives and adverbs
4	Food for thought ↻ p39 	Expressions of quantity p40 Articles p42	A piece of cake p46 • a bag of crisps • a slice of bread • a pair of socks	Recipes for success p44 • How three popular foods were discovered by accident	At the shops p46 • In a café, clothes shop, newsagent's, off-licence, delicatessen and chemist's Everyday English p47 • Can you come for dinner?	A postcard p48 • Style and synonyms
5	The future's in your hands ↻ p49 	Verb patterns p50 going to, will & Present Continuous for future p52	Phrasal verbs p56 • Literal and idiomatic pick up • photograph/pick up some Spanish	He was only 16 p54 • The possible futures of two teenagers, Joel Kioko and Adam Mudd	Different generations p53 • Three people from the same family discuss what they can look forward to Everyday English p57 • Expressing doubt and certainty	Writing for talking p58 • 'My dreams for the future ...'
6	History repeats itself ↻ p59 	Present Perfect p60 • for and since • always, ever and never • Present Perfect or Past Simple?	Word endings and word stress p63 • photograph/photographer • economy/economist • account/accountant	The not so distant past p64 • How the present can be a reminder of ancient history	Family history p66 • David Taylor Bews researches his family history with his grandmother Everyday English p67 • Agree with me!	A biography p68 • Ordering paragraphs

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7	Simply the best  p69	What's it like? p70 Comparatives and superlatives p71	Synonyms and antonyms p76 • scared/frightened • boring/not very interesting	Favourite pictures p74 • A magazine article where readers describe their favourite picture	The best things in life are free p73 • Five people talk about the best things in their lives which don't cost anything	Describing my hometown p78 • Relative pronouns <i>which, that, who, where</i>
8	Living dangerously  p79	<i>have to/don't have to</i> p80 <i>should/must</i> p82	Not a thing to wear! p86 • Parts of the body <i>neck/wrist/toes</i> • Things to wear <i>belt/jumper/leggings</i>	Two stuntwomen and a stunt man p84 • The tough world of two Hollywood stuntwomen	A health and fitness quiz p83 • What should you do to keep fit and stay healthy? A stuntman's story p85	Writing emails p88 • Comparing formal and informal
9	What a story!  p89	Past Perfect and narrative tenses p90 • Joining words	Feelings p96 • <i>nervous/upset/homesick</i>	The train journey p94 • The Storyteller – a short story by Saki	Young adult literature p93 • An interview with a publisher of books for young adults The story on the train p95	Reviewing a book or film p98 • Referring back in a text
10	All-time greats  p99	Passives p100 • All tenses	Words that go together p103 • Noun + noun <i>business card</i> • Adverb + past participle <i>well-known</i>	The world's most loved football team! p104 • Manchester United – a football team that has become a world brand	The world's number one habit! p106 • A radio programme about chewing gum	Discussing pros and cons p108 • Social media sites
11	People with a passion  p109	Present Perfect Simple and Continuous p110 • Tense review	Life's big moments! p116 • Birth • Marriage • Death	The collectors p114 • Three people and their surprising collections	My kind of thing! p113 • Three people describe things they love My life in a nutshell p116 • Alison talks about her life	Note-taking p118 • My vision for the 21st century
12	You never know ...  p119	First Conditional p120 Second Conditional p122	<i>bring and take, come and go</i> p126 • <i>Take some sunscreen on holiday.</i> • <i>Bring an umbrella with you.</i>	Risk and chance p124 • An article about the strange world of chance, risk, and probability	At a crossroads in life p123 • Three people talk about a big decision they have to make	Correcting common mistakes p128 • Language review