

Contents

Preface *v*

Acknowledgments *vi*

How to Use This Book *vii*

1. FUEL METABOLISM AND NUTRITION: BASIC PRINCIPLES 1

Overview 1

I. Metabolic Fuels and Dietary Components 1

II. The Fed or Absorptive State 5

III. Fasting 7

IV. Prolonged Fasting (Starvation) 9

Review Test 12

2. BASIC ASPECTS OF BIOCHEMISTRY: ORGANIC CHEMISTRY, ACID-BASE CHEMISTRY, AMINO ACIDS, PROTEIN STRUCTURE AND FUNCTION, AND ENZYME KINETICS 20

Overview 20

I. A Brief Review of Organic Chemistry 20

II. Acids, Bases, and Buffers 21

III. Amino Acids and Peptide Bonds 23

IV. Protein Structure 26

V. Enzymes 35

Review Test 40

3. GENE EXPRESSION (TRANSCRIPTION), SYNTHESIS OF PROTEINS (TRANSLATION), AND REGULATION OF GENE EXPRESSION 52

Overview 52

I. Nucleic Acid Structure 53

II. Synthesis of DNA (Replication) 59

III. Synthesis of RNA (Transcription) 66

IV. Protein Synthesis (Translation of mRNA) 70

V. Regulation of Protein Synthesis 77

VI. Recombinant DNA and Medicine 86

Review Test 96

4.	CELL BIOLOGY, SIGNAL TRANSDUCTION, AND THE MOLECULAR BIOLOGY OF CANCER	109
	<ul style="list-style-type: none"> Overview 109 I. Compartmentation in Cells: Cell Biology and Biochemistry 110 II. Cell Signaling by Chemical Messengers 116 III. The Molecular Biology of Cancer 125 IV. Cancer and Apoptosis 131 V. Cancer Requires Multiple Mutations 132 VI. Viruses and Human Cancer 133 	
	Review Test 134	
5.	GENERATION OF ATP FROM METABOLIC FUELS AND OXYGEN TOXICITY	145
	<ul style="list-style-type: none"> Overview 145 I. Bioenergetics 145 II. Properties of Adenosine Triphosphate 147 III. Electron Carriers and Vitamins 148 IV. Tricarboxylic Acid Cycle 155 V. Electron Transport Chain and Oxidative Phosphorylation 160 VI. Oxygen Toxicity and Free-Radical Injury 165 	
	Review Test 170	
6.	CARBOHYDRATE METABOLISM	181
	<ul style="list-style-type: none"> Overview 181 I. Carbohydrate Structure 181 II. Proteoglycans, Glycoproteins, and Glycolipids 185 III. Digestion of Carbohydrates 188 IV. Glycogen Structure and Metabolism 190 V. Glycolysis 197 VI. Gluconeogenesis 205 VII. Fructose and Galactose Metabolism 210 VIII. Pentose Phosphate Pathway 213 IX. Maintenance of Blood Glucose Levels 216 	
	Review Test 220	
7.	LIPID AND ETHANOL METABOLISM	230
	<ul style="list-style-type: none"> Overview 230 I. Lipid Structure 232 II. Membranes 233 III. Digestion of Dietary Triacylglycerol 234 IV. Fatty Acid and Triacylglycerol Synthesis 236 V. Formation of Triacylglycerol Stores in Adipose Tissue 242 	

- VI. Cholesterol and Bile Salt Metabolism 243
- VII. Blood Lipoproteins 246
- VIII. Fate of Adipose Triacylglycerols 251
- IX. Fatty Acid Oxidation 252
- X. Ketone Body Synthesis and Utilization 257
- XI. Phospholipid and Sphingolipid Metabolism 259
- XII. Metabolism of the Eicosanoids 262
- XIII. Ethanol Metabolism 264

Review Test 267

8. NITROGEN METABOLISM: AMINO ACIDS, PURINES, PYRIMIDINES, AND PRODUCTS DERIVED FROM AMINO ACIDS 277

Overview 277

- I. Protein Digestion and Amino Acid Absorption 278
- II. Addition and Removal of Amino Acid Nitrogen 280
- III. Urea Cycle 282
- IV. Synthesis and Degradation of Amino Acids 284
- V. Interrelationships of Various Tissues in Amino Acid Metabolism 292
- VI. Tetrahydrofolate, Vitamin B₁₂, and S-Adenosylmethionine 296
- VII. Special Products Derived from Amino Acids 299

Review Test 311

9 MOLECULAR ENDOCRINOLOGY AND AN OVERVIEW OF TISSUE METABOLISM 323

Overview 323

- I. Synthesis of Hormones 323
- II. General Mechanisms of Hormone Action 327
- III. Regulation of Hormone Levels 327
- IV. Actions of Specific Hormones 328
- V. Biochemical Functions of Tissues 338

Review Test 347

10. HUMAN GENETICS—AN INTRODUCTION 356

Overview 356

- I. Mendelian Inheritance Patterns 357
- II. Genes 357
- III. Mutations 358
- IV. Inheritance Patterns 359
- V. A Summary of Inheritance Patterns 364
- VI. Cytogenetics 365
- VII. Population Genetics 370
- VIII. Multifactorial Diseases (Complex Traits) 370

- IX. Triplet Repeat Expansions 371
- X. Imprinting 371
- XI. Epigenetics 373
- XII. The Genetics of Tumor Suppressors 373
- XIII. Metabolic Genetic Disorders Involving Carbohydrate and Lipid Pathways 375

Review Test 376

Comprehensive Examination 385

Index 427