

Contents

CONTRIBUTORS	VI
HBSC PRINCIPAL INVESTIGATORS AND TEAM MEMBERS 2005/2006	VIII
ACKNOWLEDGEMENTS	XII
PREFACE	XIII
FOREWORD	XIV
CHAPTER 1	
OVERVIEW OF HBSC STUDY AND 2005/2006 SURVEY	1
AIMS OF THE REPORT	2
THEME OF THE REPORT	2
Why inequalities?	2
DEFINING INEQUALITIES	3
Dimensions of inequalities	3
Gender inequalities	3
Age inequalities	3
Geographic inequalities	4
Socioeconomic inequalities	4
OVERVIEW OF THE HBSC STUDY	6
Survey instrument	8
Sampling	9
Survey administration	11
Presentation of findings and analyses	12
The Family Affluence Scale (FAS)	13
REFERENCES	16
CHAPTER 2	
KEY DATA	17
INTRODUCTION	18
REFERENCE	18
SECTION 1: SOCIAL CONTEXT (family, peers and school)	19
Family: communication with mother	21
Family: communication with father	25
Peers: close friendships	29
Peers: evenings with friends	33
Peers: electronic media contact	37
School: liking school	41
School: perceived school performance	45
School: pressured by schoolwork	49
School: classmate support	53

CHAPTER 2 (CONTINUED)

SECTION 2: HEALTH OUTCOMES (self-rated health, life satisfaction, health complaints, injuries, overweight and obesity, and body image)

Self-rated health	59
Life satisfaction	63
Multiple health complaints	67
Medically attended injuries	71
Overweight and obesity	75
Body image	79

SECTION 3: HEALTH BEHAVIOURS (eating behaviour, oral health, weight reduction behaviour, physical activity, television watching)

Eating behaviour: breakfast consumption	85
Eating behaviour: fruit consumption	89
Eating behaviour: soft drinks consumption	93
Oral health	97
Weight reduction behaviour	101
Physical activity: moderate-to-vigorous physical activity	105
Sedentary behaviour: watching television	109

SECTION 4: RISK BEHAVIOUR (tobacco use, alcohol use, cannabis use, sexual behaviour, fighting and bullying)

Tobacco use: initiation	113
Tobacco use: weekly smoking	115
Alcohol use: weekly drinking	119
Alcohol use: drunkenness initiation	123
Alcohol use: drunkenness	127
Cannabis: lifetime use	131
Cannabis: recent use	135
Sexual behaviour: experience of sexual intercourse	139
Sexual behaviour: contraceptive pill use	143
Sexual behaviour: condom use	147
Fighting	151
Being bullied	155
Bullying others	159
	163

All reasonable precautions have been taken by the World Health Organization to verify the information contained in this publication. However, the published material is being distributed without warranty of any kind, either express or implied. The responsibility for the interpretation and use of the material lies with the reader. In no event shall the World Health Organization be liable for damages arising from its use. The views expressed by authors, editors, or expert groups do not necessarily represent the decisions or the stated policy of the World Health Organization.

CHAPTER 3	167
DISCUSSION	167
HEALTH INEQUALITIES BY GENDER	169
Introduction	169
Social contexts	169
Health outcomes	169
Health behaviours	169
Risk behaviours	170
Discussion	170
References	171
HEALTH INEQUALITIES BY AGE	171
Introduction	171
Social contexts	171
Health outcomes	171
Health behaviours	171
Risk behaviours	172
Discussion	172
References	173
HEALTH INEQUALITIES BY GEOGRAPHY	174
Introduction	174
Social contexts	174
Health outcomes	174
Health behaviours	174
Risk behaviours	174
Discussion	175
References	176
SOCIOECONOMIC INEQUALITIES IN HEALTH	177
Introduction	177
Social contexts	177
Health outcomes	177
Health behaviours	178
Risk behaviours	178
Discussion	178
References	179
CONCLUSION	180
ANNEX	183
SUPPLEMENTARY DATA TABLES	