

Contents

Contributors	v
Acknowledgements.....	xi
<i>Preface</i>	xii
<i>Foreword</i>	xiii
1. Introduction – <i>Candace Currie and Chris Roberts</i>	1
The Health Behaviour in School-aged Children (HBSC) study.....	1
The 2001/2002 HBSC survey.....	3
An overview of the report: aim and contents	4
Presentation of findings in Chapters 2–4	5
Collaborative research and capacity building.....	6
References	6
2. Life circumstances of young people.....	9
Introduction – <i>Antony Morgan</i>	9
Socioeconomic inequality – <i>William Boyce and Lorenza Dallago</i>	13
Family – <i>Michael Pedersen, Maria Carmen Granado Alcón,</i> <i>Carmen Moreno Rodriguez and Rebecca Smith</i>	26
Peers – <i>Wolfgang Settertobulte and Margarida Gaspar de Matos</i>	34
School – <i>Oddrun Samdal, Wolfgang Dür and John Freeman</i>	42
Summary – <i>Antony Morgan</i>	52
3. Young people’s health and health-related behaviour	53
Introduction – <i>Saoirse Nic Gabhainn</i>	53
Health and well-being – <i>Torbjørn Torsheim, Raili Välimaa and Mia Danielson</i>	55
Tobacco smoking – <i>Emmanuelle Godeau, Giora Rahav and Anne Hublet</i>	63
Alcohol use – <i>Holger Schmid and Saoirse Nic Gabhainn</i>	73
Cannabis use – <i>Tom ter Bogt, Anastasios Fotiou and Saoirse Nic Gabhainn</i>	84
Physical activity – <i>Chris Roberts, Jorma Tynjälä and Alexander Komkov</i>	90
Sedentary behaviour – <i>Joanna Todd and Dorothy Currie</i>	98
Eating habits – <i>Carine Vereecken, Kristiina Ojala and Marina Delgrande Jordan</i>	110
Body image, weight control and body weight – <i>Caroline Mulvihill, Ágnes Németh and Carine Vereecken</i>	120
Oral health – <i>Lea Maes, Mai Maser and Sisko Honkala</i>	130
Bullying, physical fighting and victimization – <i>Wendy M. Craig and Yossi Harel</i>	133
Injuries – <i>William Pickett</i>	145

Sexual health – <i>Jim Ross, Emmanuelle Godeau and Sonia Dias</i>	153
Summary – <i>Saoirse Nic Gabhainn</i>	161
4. Explaining the health and health-related behaviour of young people	163
Introduction – <i>Oddrun Samdal and Leslie Alexander</i>	163
Socioeconomic inequality and health – <i>Bjørn Holstein, Nina Parry-Langdon,</i> <i>Alessio Zambon, Candace Currie and Chris Roberts</i>	165
Family and health – <i>Michael Pedersen, Maria Carmen Granado Alcón and</i> <i>Carmen Moreno Rodriguez</i>	173
Peers and health – <i>Wolfgang Settertobulte and Margarida Gaspar de Matos</i>	178
School and health – <i>Ulrike Ravens-Sieberer, Gyöngyi Kökönyei and Christiane Thomas</i>	184
Puberty and health – <i>Candace Currie and Ágnes Németh</i>	196
Comment – <i>Oddrun Samdal and Leslie Alexander</i>	205
5. Discussion and implications – <i>Antony Morgan</i>	207
Introduction	207
Policy context for HBSC in 2001/2002	208
Building an evidence base on young people’s health and well-being	209
Implications for policy and practice	213
Annex 1. Methods – <i>Chris Roberts, Jorma Tynjälä, Dorothy Currie and Matt King</i>	217
Annex 2. Summary tables of indicators of health and health-related behaviour.....	229