

## Table of contents

Acknowledgements	6
List of abbreviations	7
Unit 1      Nursing professions	8
Unit 2      Human body	21
Unit 3      Medicines	38
Unit 4      Nutrition and diet	52
Unit 5      First aid	69
Unit 6      Seeing the doctor	85
Unit 7      Infectious diseases	100
Unit 8      Bedside nursing	118
Unit 9      Taking the history	135
Unit 10     Physical examination	152
Unit 11     Care of surgical patients	170
Unit 12     Care of patients across the life span	186
List of literature	205