

Contents

- Introduction: The Two-Thousand-Year-Old Assumption* ix
1. The Search for Emotion's "Fingerprints" 1
 2. Emotions Are Constructed 25
 3. The Myth of Universal Emotions 42
 4. The Origin of Feeling 56
 5. Concepts, Goals, and Words 84
 6. How the Brain Makes Emotions 112
 7. Emotions as Social Reality 128
 8. A New View of Human Nature 152
 9. Mastering Your Emotions 175
 10. Emotion and Illness 199
 11. Emotion and the Law 219
 12. Is a Growling Dog Angry? 254
 13. From Brain to Mind: The New Frontier 280
- Acknowledgments* 295
- Appendix A: Brain Basics* 304
- Appendix B: Supplement for Chapter 2* 309
- Appendix C: Supplement for Chapter 3* 311
- Appendix D: Evidence for the Concept Cascade* 313
- Bibliography* 323
- Notes* 369
- Illustration Credits* 412
- Index* 413