

# Contents

---

<i>List of figures</i>	<i>xi</i>
<i>List of tables</i>	<i>xii</i>
<i>List of contributors</i>	<i>xiii</i>
Introduction <i>Malcolm Payne and Emma Reith-Hall</i>	1
<b>PART 1</b>	
<b>The aims and nature of social work</b>	<b>5</b>
1 Social work theory, knowledge and practice <i>Malcolm Payne and Emma Reith-Hall</i>	7
2 Theoretical aspects of social work – from eclecticism to integration <i>Vladimír Labath and Elena Ondrušková</i>	18
3 Psychological and counselling theory in social work: a critical overview <i>Carolyn Noble</i>	28
4 Epistemic discourses of ‘explanation’ and ‘understanding’ in assessment models <i>Pavel Navrátil</i>	41
5 Theorizing social work in the domains of culture, politics and society <i>Stan Houston</i>	55
6 Paradigm shift? Biomedical science and social work thinking <i>Malcolm Carey</i>	68

**PART 2**

<b>Theory about social work values</b>	<b>81</b>
7 Care and caring <i>Michael D. Fine</i>	83
8 Autonomy and dependence <i>Tom Grimwood</i>	95
9 Empathy, respect and dignity in social work <i>David Howe</i>	109
10 The interpretation of social justice, equality and inequality in social work: a view from the US <i>Michael Reisch</i>	122
11 Spirituality and secularity <i>Beth R. Crisp</i>	135

**PART 3**

<b>Theories of social work practice</b>	<b>149</b>
12 Relational social work <i>Karen Winter</i>	151
13 Contemporary attachment theory: how can it inform social workers? <i>David Shemmings and Yvonne Shemmings</i>	160
14 How green is social work? Towards an ecocentric turn in social work <i>John Coates and Mel Gray</i>	171
15 Theory on systems, complexity and chaos <i>Christopher G. Hudson</i>	181
16 Cognitive-behavioural therapy and social work practice <i>A. Antonio Gonzalez-Prendes and C. M. Cassady</i>	193
17 Task-centred practice <i>Simon Cauvain</i>	205
18 Strengths perspective: critical analysis of the influence on social work <i>Robert Blundo, Kristin W. Bolton and Peter Lehmann</i>	216

19	Solution-focused practice in social work <i>Guy Shennan</i>	224
20	Motivational interviewing's theory of practice for social work: promises and pitfalls <i>Lori L. Egizio, Douglas C. Smith, Stéphanie Wahab and Kyle Bennett</i>	236
21	Narrative social work: key concepts <i>Karen Roscoe</i>	246
22	Mindfulness and social work <i>Yuk-Lin Renita Wong</i>	256
23	Indigenist social work practice <i>Michael Anthony Hart</i>	268
24	The social pedagogy dimension of social work activity <i>Ewa Marynowicz-Hetka</i>	282
25	Locality-based social development: a theoretical perspective for social work <i>Abiot Simeon, Alice K. Butterfield and David P. Moxley</i>	294
26	Critical theory and social work: historical context and contemporary manifestations <i>Kenneth McLaughlin</i>	308
27	The return of macro approaches in social work <i>Iain Ferguson</i>	319
28	Empowerment ideas in social work <i>Paul Stepney</i>	331
29	Anti-oppressive practice <i>Jane Dalrymple and Beverley Burke</i>	340
30	Advocacy ideas in social work <i>Tom Wilks</i>	350
31	Feminist ideas in social work <i>Sarah Wendt</i>	361



**PART 4**

<b>Theory in practice</b>	<b>371</b>
32 Family social work practice <i>Fiona Morrison, Vivienne E. Cree and Polly Cowan</i>	373
33 Theory for social work with children <i>Kathleen Manion</i>	383
34 Safeguarding children and the use of theory in practice <i>Penelope Welbourne</i>	395
35 Child and adolescent mental health: a psychosocial perspective <i>Emma Reith-Hall</i>	405
36 Theories of mental health <i>Peter Benbow and Paul Blakeman</i>	414
37 Social work and addiction <i>Hilda Loughran</i>	423
38 Disability theory and social work practice <i>Stephen J. Macdonald and Lesley Deacon</i>	435
39 Accommodating cognitive differences: new ideas for social work with people with intellectual disabilities <i>Christine Bigby</i>	448
40 Social work theory and older people <i>Malcolm Payne</i>	461
41 Holistic end-of-life care in social work <i>Cecilia L. W. Chan, Candy H. C. Fong and Y. L. Fung</i>	474
<i>Index</i>	483