

CONTENTS

Section I: Conceptual Advances		1
Chapter 1	Conceptual Advances in Role Perceptions in Sports <i>Alex J. Benson, Mark W. Surya and Mark A. Eys</i>	3
Chapter 2	Identity and Disability Sport <i>Jeffrey Martin</i>	15
Chapter 3	Personality-Trait-Like Individual Differences in Athletes <i>Sylvain Laborde, Jennifer Breuer-Weißborn and Fabrice Dosseville</i>	25
Chapter 4	A Lifespan Approach to Promoting Physical Activity: Insights from Research and Practice <i>Catrinel Craciun and Adriana Baban</i>	61
Chapter 5	Group Cohesion, Sport and Exercise <i>Changiz Mohiyeddini and Sara LeBlanc</i>	77
Chapter 6	Maintenance of Physical Activity: The Impact of Learned Optimism in Breaking Habitual Physical Inactivity <i>Daniela Kahlert and Julia Thurn</i>	95
Section II: Impact of Sport and Exercise		107
Chapter 7	The Well- and Ill-Being of Participants in Competitive Sport Settings: A Review of Motivational Determinants <i>James W. Adie and Kimberley J. Bartholomew</i>	109
Chapter 8	Fit between Situational and Dispositional Goal Orientation, and its Effects on Flow Experience and Affective Well-Being during Sports <i>Daniela Oertig, Julia Schüler and Robert Buchli</i>	141
Chapter 9	Enhancing Subjective Well-Being with Video Game-Guided Exercise <i>Meredith K. Reynolds and Mark D. Holder</i>	159

Chapter 10	The Effects of a Single Wheelchair Sports Session on Physical Activity Cognitions and Behavior	181
	<i>Brianne L. Foulon, Kathleen A. Martin Ginis, Courtney Benedict, Amy E. Latimer and Adrienne R. Sinden</i>	
Chapter 11	The Psychological Stress in Volleyball: From Fundamentals to Intervention	191
	<i>Franco Noce, Israel Teoldo da Costa, Dietmar Samulski and Paulo Roberto dos Santos Amorim</i>	
Editor Contact Information		205
Index		207