

Contents

ABSTRACT	xv
SUMMARY	1
INTRODUCTION	21
1 LIVING WELL WITH CHRONIC ILLNESS	27
The Timely Relevance of a Push Toward Living Well with Chronic Illness, 28	
The Population Health Perspective, 29	
Chronic Diseases and Their Impact on Health and Function, 30	
Doing Something About It, 33	
Conclusion, 44	
References, 45	
2 CHRONIC ILLNESSES AND THE PEOPLE WHO LIVE WITH THEM	51
Introduction, 51	
The Spectrum of Chronic Illnesses: Differences in Time Course/Chronicity, Health Burden, and Consequences, 52	
The Spectrum of Chronic Illnesses: Common Consequences, 57	
Exemplar Chronic Illnesses, 68	
Who Are the People with Chronic Illnesses?, 90	
Recommendations 1–5, 97	

	Chronic Illness and the Nation's Health and Economic Well-Being, 100	
	Recommendation 6, 104	
	References, 105	
3	POLICY	119
	Introduction, 119	
	Contextualizing Health Policy Interventions: Frieden's Pyramid, 124	
	The Affordable Care Act, 132	
	Health in All Policies and Health Impact Assessments, 137	
	Conclusion, 140	
	Recommendations 7–8, 141	
	References, 148	
4	COMMUNITY-BASED INTERVENTION	151
	Introduction, 151	
	Preventive Interventions, 151	
	Monitoring, Evaluation, and Research, 170	
	Conclusion, 174	
	Recommendations 9–12, 175	
	References, 176	
5	SURVEILLANCE AND ASSESSMENT	187
	Introduction, 187	
	Conceptual Framework for Chronic Disease Surveillance, 189	
	Use of Surveillance to Inform Public Policy Decisions, 194	
	Current Data Sources and Surveillance Methods, 195	
	Public Health Surveillance System Integration, 207	
	Future Data Sources, Methods, and Research Directions, 213	
	Conclusion, 220	
	Recommendations 16–17, 222	
	References, 222	
6	INTERFACE OF THE PUBLIC HEALTH SYSTEM, THE HEALTH CARE SYSTEM, AND THE NON-HEALTH CARE SECTOR	229
	Introduction, 229	
	Public Health System Structures and Approaches, 230	
	Health Care System Approaches, 238	
	The Community-Based and Non-Health Care Sector, 244	
	Conclusion, 250	
	Recommendations 13–15, 252	
	References, 253	

7 THE CALL FOR ACTION	257
References, 260	

APPENDIXES

A Improving Recognition and Quality of Depression Care in Patients with Common Chronic Medical Illnesses, Wayne J. Katon	261
B New Models of Comprehensive Health Care for People with Chronic Conditions, Chad Boulton and Erin K. Murphy	285
C Agendas of Public Meetings Held by the Committee	319
D Committee Biographies	323

The report *Living Well with Chronic Illness: A Call for Public Health Action* is a guide for immediate and precise action to reduce the burden of chronic illness through the development and implementation of focused and coordinated strategies to help Americans live well.

The committee developed original and incorporated established data and models to provide a framework for the report. The report details the national consequences of chronic illnesses for individuals, local areas, the health care system, and the nation; provides a conceptual framework for understanding the dimensions of prevention as they relate to chronic disease control in the community; highlights the populations that suffer the most and illnesses disproportionately; considers a wide spectrum of chronic diseases and their clinical stages, their patterns and anticipated costs, and the erosion of cross-cutting burden and consequences of living with chronic illness; details how to improve surveillance systems to better assess and address chronic illnesses; details the role of public health and community-based interventions for chronic disease management and prevention; considers the importance of federal policy in enhancing chronic disease control; and highlights the critical role of aligning public health, health care, and non-health care community services in a system change to better manage chronic illnesses.

The committee concludes that all chronic illnesses have the potential to reduce population health by limiting individual capacity to live well, maintaining or enhancing quality of life for individuals living with chronic illness has not been given the attention it needs by health care providers, health systems, policy makers, and public health programs and practices.