

<p>7 Lighten up! ➔ p59</p> 	<p>Real and unreal tenses p62–63</p> <ul style="list-style-type: none"> Mixed conditionals Uses of <i>would</i>: <i>I wouldn't use that milk if I were you.</i> <p>Spoken English p63</p> <ul style="list-style-type: none"> Expressions with <i>if</i>: <i>As if!, If so, ..., If not, ...</i> 	<p>Phrasal verbs with <i>on</i> and <i>off</i> p65</p> <ul style="list-style-type: none"> <i>go on and on, sneak up on, wear off, log off</i>
<p>8 Gender matters? ➔ p67</p> 	<p>Relatives and participles p70–71</p> <ul style="list-style-type: none"> Relative clauses (defining and non-defining) Participles (<i>-ed</i> and <i>-ing</i> forms) <p>Spoken English p72</p> <ul style="list-style-type: none"> Expressions with <i>just</i>: <i>I was just terrified! Just listen to me!</i> 	<p>Vocabulary in context p68</p> <ul style="list-style-type: none"> <i>domestic issues, breadwinner</i> <p>Homonyms, homophones, homographs p73</p> <ul style="list-style-type: none"> <i>bow /bau/ and bow /bəu/, fort/fought, caught/court, horse/hoarse</i>
<p>9 The sound of music ➔ p75</p> 	<p>Discourse markers p77</p> <ul style="list-style-type: none"> Attitude adverbs: <i>quite honestly, unfortunately</i> Connectors: <i>Mind you, After all</i> <p>Spoken English p79</p> <ul style="list-style-type: none"> Rhyming expressions: <i>meet and greet, name and shame</i> 	<p>Verb phrases p76</p> <ul style="list-style-type: none"> <i>play a role, go haywire</i> <p>Song, rhyme and rhythm p78</p> <ul style="list-style-type: none"> <i>The Night I Heard Caruso Sing</i> Rhyming words: <i>knows/rose, suit/route</i>
<p>10 Body and mind ➔ p83</p> 	<p>Distancing the facts p86</p> <ul style="list-style-type: none"> Passive constructions and reporting <i>Seem</i> and <i>appear</i>: <i>This road seems to go nowhere. We appear to have taken a wrong turn.</i> <p>Spoken English p88</p> <ul style="list-style-type: none"> Meanings of <i>quite</i>: <i>I was quite comfortable. That's quite amazing!</i> 	<p>Compound nouns p84</p> <ul style="list-style-type: none"> <i>drug trial, brain scan</i> <p>Words to do with the body p89</p> <ul style="list-style-type: none"> Nouns and verbs: <i>nostril, palm, knuckle, tickle, swallow, squeeze</i>
<p>11 Our high-tech world ➔ p91</p> 	<p>The future p93</p> <ul style="list-style-type: none"> Future forms Future in the past <p>Spoken English p92</p> <ul style="list-style-type: none"> How we use <i>stuff</i>: <i>I'm made of strong stuff. That's the stuff of nightmares.</i> 	<p>Synonyms and antonyms p97</p> <ul style="list-style-type: none"> <i>machines/appliances, ancient/up-to-date</i>
<p>12 Turning points ➔ p99</p> 	<p>Linking devices p102</p> <ul style="list-style-type: none"> <i>thus, furthermore, meanwhile, nevertheless</i> <p>Spoken English p104</p> <ul style="list-style-type: none"> Emphatic expressions with <i>do/does/did</i>: <i>Well, I did wonder. I do wish he wouldn't.</i> 	<p>Metaphorical language p101</p> <ul style="list-style-type: none"> <i>fuel the imagination, shining example, hot topic</i>

Writing ➔ p108

Extra material ➔ p140

Audioscripts ➔ p115

Irregular verbs ➔ p142

Grammar reference ➔ p128

Phonetic symbols ➔ p142

Reading	Listening	Speaking	Writing
How to be happier p60 <ul style="list-style-type: none"> • <i>Seven ways to make yourself happier:</i> An article by positive psychology experts 	The history of the smile p64 <ul style="list-style-type: none"> • A radio documentary about the role and social evolution of the smile 	In your own words p60, 64 What do you think? p60, 64 The last word p66 <ul style="list-style-type: none"> • Look on the bright side: <i>Never mind! It could be worse!</i> 	Informal writing p109 <ul style="list-style-type: none"> • A letter to my younger self
Jobs for the boys ... or girls? p68 <ul style="list-style-type: none"> • Desperate Husbands • A slow take-off for Female Pilots 	Male or Female? p67 <ul style="list-style-type: none"> • Couple discuss quiz about gender roles Gender-neutral parenting p72 <ul style="list-style-type: none"> • Parents who think girls and boys should be treated the same 	In your own words p68 What do you think? p68, 72 The last word p74 <ul style="list-style-type: none"> • Talking in clichés: <i>It takes all sorts.</i> <i>Better late than never!</i> 	Adding style and cohesion p110 <ul style="list-style-type: none"> • A folk tale
Hélène Grimaud p80 <ul style="list-style-type: none"> • A life of music and wolves: The remarkable life of the world-famous pianist and conservationist 	You are the music p76, 78 <ul style="list-style-type: none"> • A radio discussion of a book about the role of music in our lives • Song: <i>The Night I Heard Caruso Sing</i> by Everything But the Girl 	In your own words p76 What do you think? p76, 78, 80 The last word p82 <ul style="list-style-type: none"> • The music of English – stress and intonation 	Giving an informal opinion p111 <ul style="list-style-type: none"> • A post on a comment thread
The power of placebo p84 <ul style="list-style-type: none"> • The placebo effect: An article about the effect the mind can have on medical treatments 	How well do you know your body? p83 <ul style="list-style-type: none"> • Facts about the human body and health Down to earth with a bump p88 <ul style="list-style-type: none"> • A paraglider's survival story 	What do you think? p84 Presenting a news bulletin p87 In your own words p88 The last word p90 <ul style="list-style-type: none"> • Question tags and same-way tags: <i>He does, does he?</i> <i>You're lazy, you are.</i> 	Debating an issue p112 <ul style="list-style-type: none"> • An opinion piece
Too much science? p94 <ul style="list-style-type: none"> • Are our household appliances getting too complicated? An article exploring the 'function inflation' of modern appliances 	You and your tech! p91 <ul style="list-style-type: none"> • Pete's answers to the questionnaire The Internet of Things p92 <ul style="list-style-type: none"> • <i>You and Yours</i>, a BBC radio consumer programme Ten really bad predictions p98 <ul style="list-style-type: none"> • Margie's diary 	What do you think? p92, 94 Asking questions about a radio programme p92 The last word p98 <ul style="list-style-type: none"> • Ten really bad predictions 	Describing and evaluating p113 <ul style="list-style-type: none"> • An online product review
Life-changing experiences p104–106 <ul style="list-style-type: none"> • Running a marathon nearly killed me • Our plane was hijacked: Two first-person accounts 	The fall of the twin towers p99 <ul style="list-style-type: none"> • An eyewitness account When man first saw the Earth p100 <ul style="list-style-type: none"> • A BBC radio programme about the <i>Apollo 8</i> and <i>9</i> missions 	In your own words p104 What do you think? p100, 104 The last word p107 <ul style="list-style-type: none"> • Word linking – the potato clock 	Connecting ideas p114 <ul style="list-style-type: none"> • Writing a biography



Go to [headwayonline.com](https://www.headwayonline.com) to download the Wordlist and full Audioscripts.