

Class Audio CD1

| | Track | Track | | Track | Practical English |
|-----------|-----------|-------------------|-----------|-----------|-------------------|
| 1A | 1.2 | Practical English | 2B | 1.58 | Episode 2 1.89 |
| | 1.3 | Episode 1 1.30 | | 1.59 | 1.90 |
| | 1.4 | 1.31 | | 1.60 | 1.91 |
| | 1.5 | 1.32 | | 1.61 | 1.92 |
| | 1.6 | 1.33 | | 1.62 | 1.93 |
| | 1.7 | 1.34 | | 1.63 | 1.94 |
| | 1.8 | 1.35 | | 1.64 | 1.95 |
| | 1.9 | 1.36 | | 1.65 | 1.96 |
| | 1.10 | 1.37 | | 1.66 | 1.97 |
| | 1.11 | 1.38 | | 1.67 | |
| | 1.12 | 1.39 | | 1.68 | |
| | 1.13 | 1.40 | | 1.69 | |
| | 1.14 | 1.41 | | 1.70 | |
| | 1.15 | 1.42 | | 1.71 | |
| | 1B | 1.16 | | 1.43 | Revise and Check |
| 1.17 | | 1.44 | 1&2 1.72 | | |
| 1.18 | | 1.45 | 3A | 1.74 | |
| 1.19 | | 2A 1.47 | | 1.75 | |
| 1.20 | | 1.48 | | 1.76 | |
| 1.21 | | 1.49 | | 1.77 | |
| 1.22 | | 1.50 | | 1.78 | |
| 1.23 | | 1.51 | | 1.79 | |
| 1.24 | | 1.52 | | 1.80 | |
| 1.25 | | 1.53 | | 1.81 | |
| 1.26 | | 1.54 | | | |
| 1.27 | | 1.55 | | 3B | 1.82 |
| 1.28 | | 1.56 | | | 1.83 |
| 1.29 | | 1.57 | | | 1.84 |
| | | 1.85 | | | |
| | | 1.86 | | | |
| | | 1.87 | | | |
| | | 1.88 | | | |
| | | | | | |

Class Audio CD2

| | Track | | Track | |
|-------------------------|-------|--------------------------|-----------|------|
| 4A | 2.2 | 5A | 2.26 | |
| | 2.3 | | 2.27 | |
| | 2.4 | | 2.28 | |
| | 2.5 | | 2.29 | |
| | 2.6 | | 2.30 | |
| | 2.7 | | 2.31 | |
| | 2.8 | | 2.32 | |
| | 2.9 | | 2.33 | |
| | 2.10 | | | |
| | 2.11 | | 5B | 2.34 |
| | 2.12 | | | 2.35 |
| | | | | 2.36 |
| 4B | 2.13 | 2.37 | | |
| | 2.14 | 2.38 | | |
| | 2.15 | 2.39 | | |
| | 2.16 | 2.40 | | |
| | 2.17 | | | |
| | 2.18 | Practical English | | |
| | 2.19 | Episode 3 2.41 | | |
| | 2.20 | 2.42 | | |
| | 2.21 | 2.43 | | |
| | 2.22 | 2.44 | | |
| | 2.23 | 2.45 | | |
| | 2.46 | | | |
| Revise and Check | 2.47 | | | |
| 3&4 | 2.48 | | | |
| | 2.49 | | | |
| | 2.50 | | | |

Class Audio CD3

| | Track | | Track | | Track |
|-------------------|-------|------------------|-------|-------------------|-------|
| 7A | 3.2 | 8A | 3.32 | Practical English | |
| | 3.3 | | 3.33 | Episode 5 | 3.62 |
| | 3.4 | | 3.34 | | 3.63 |
| | 3.5 | | 3.35 | | 3.64 |
| | 3.6 | | 3.36 | | 3.65 |
| | 3.7 | | 3.37 | | 3.66 |
| | 3.8 | | 3.38 | | |
| | 3.9 | 8B | 3.39 | | |
| | 3.10 | | 3.40 | | |
| 7B | 3.11 | | 3.41 | | |
| | 3.12 | | 3.42 | | |
| | 3.13 | | 3.43 | | |
| | 3.14 | Revise and Check | | | |
| | 3.15 | 7&8 | 3.44 | | |
| | 3.16 | 9A | 3.46 | | |
| | 3.17 | | 3.47 | | |
| | 3.18 | | 3.48 | | |
| | 3.19 | | 3.49 | | |
| Practical English | | | 3.50 | | |
| Episode 4 | 3.20 | | 3.51 | | |
| | 3.21 | | 3.52 | | |
| | 3.22 | | 3.53 | | |
| | 3.23 | | 3.54 | | |
| | 3.24 | 9B | 3.55 | | |
| | 3.25 | | 3.56 | | |
| | 3.26 | | 3.57 | | |
| | 3.27 | | 3.58 | | |
| | 3.28 | | 3.59 | | |
| | 3.29 | | 3.60 | | |
| | 3.30 | | 3.61 | | |

Class Audio CD4

| | Track | Track | | Track | Track | Track | |
|------------|-------|------------------|--------------------------|------------|-------|------------|------|
| 10A | 4.2 | Revise and Check | Practical English | 12A | 4.40 | 12B | 4.51 |
| | 4.3 | 9&10 | Episode 6 | | 4.41 | | 4.52 |
| | 4.4 | 11A | | | 4.42 | | 4.53 |
| | 4.5 | | | | 4.43 | | 4.54 |
| | 4.6 | | | | 4.44 | | 4.55 |
| | 4.7 | | | | 4.45 | | 4.56 |
| | 4.8 | | | | 4.46 | | 4.57 |
| 10B | 4.9 | | | | 4.47 | | 4.58 |
| | 4.10 | 11B | | | 4.48 | | 4.59 |
| | 4.11 | | | | 4.49 | | |
| | 4.12 | | | | 4.50 | | |
| | 4.13 | | | | | | |
| | 4.14 | | | | | | |
| | 4.15 | | | | | | |
| | | 4.30 | | | | | |

Multi-ROM mp3 tracks

| | | | |
|-----------------------------------|------|------------------------------------|------|
| Practical English 1, Song | 1.46 | Revise and Check 11&12, Short film | 4.60 |
| Revise and Check 1&2, Short film | 1.73 | Words and phrases to learn | 4.61 |
| Practical English 2, Song | 1.98 | Common regular verbs | 4.62 |
| Revise and Check 3&4, Short film | 2.25 | Common irregular verbs | 4.63 |
| Practical English 3, Song | 2.51 | English vowel sounds | 4.64 |
| Revise and Check 5&6, Short film | 2.73 | English consonant sounds | 4.65 |
| Practical English 4, Song | 3.31 | Sounds and spelling - vowels | 4.66 |
| Revise and Check 7&8, Short film | 3.45 | Sounds and spelling - consonants | 4.67 |
| Practical English 5, Song | 3.67 | | |
| Revise and Check 9&10, Short film | 4.17 | | |
| Practical English 6, Song | 4.39 | | |

Play CD4 in your computer to access the multi-ROM mp3 tracks.