

Content

INTRODUCTION (<i>Jitka Mlíková Seidlerová</i>)	15
1 MEDICAL HISTORY (<i>Jitka Mlíková Seidlerová</i>)	17
1 Introduction	17
2 Individual components of medical history.....	19
2 METHODS USED FOR PHYSICAL EXAMINATION (<i>Jitka Mlíková Seidlerová</i>)	23
1 Inspection	23
2 Palpation	24
3 Percussion	24
4 Auscultation.....	26
5 Sense of smell	26
3 EVALUATION OF THE PATIENT'S GENERAL APPEARANCE (<i>Jitka Mlíková Seidlerová</i>)	27
1 Evaluation of general appearance	27
2 Evaluating the patient's environment	33
4 EXAMINATION OF THE HEAD (<i>Jana Kupková</i>)	34
1 Inspection	34
2 Percussion	36
3 Palpation	36
4 Examination of the eyes	37
5 Examination of the cranial nerves	39
6 Examination of the ears	41
7 Examination of the nose	42
8 Examination of the lips and the oral cavity	43

5	EXAMINATION OF THE NECK (<i>Jana Kupková</i>)	45
1	Inspection	45
2	Palpation	46
6	REMARKS ON THE EXAMINATION OF THE CHEST, ABDOMEN (<i>Jitka Mlíková Seidlerová</i>)	48
1	Examination of the chest	48
2	Examination of the abdomen	48
3	Examining the limbs	53
7	EXAMINATION OF THE HEART (<i>Alois Mádle</i>)	54
1	The role of medical history and physical examination when examining the heart	54
2	Presenting complaint and medical history of heart disease	55
3	Physical examination	59
8	DIAGNOSTIC METHODS IN CARDIOLOGY (<i>Milan Hromádka</i>)	81
1	Electrocardiography	82
2	Ambulatory ECG (Holter) monitoring	99
3	Cardiac event recorders	99
4	Echocardiography	100
5	Cardiac stress testing	102
6	Tilt table test	105
7	Selective coronary angiography	106
8	Left ventriculography	107
9	Right-sided cardiac catheterization	108
10	Electrophysiological examination of the heart	108
11	Six minute walk test (6MWT)	108
12	Laboratory methods in cardiology	109
9	MEASUREMENT OF BLOOD PRESSURE (<i>Jitka Mlíková Seidlerová</i>)	110
1	Introduction	110
2	Non-invasive BP measurement	112
3	Invasive BP measurement	113
4	Ambulatory 24-hour BP monitoring	113

10	EXAMINATION OF THE RESPIRATORY SYSTEM (<i>David Havel</i>)	114
1	Medical history of a patient with respiratory diseases	114
2	Basic symptoms of respiratory diseases	116
3	Physical examination of the respiratory system	125
4	Functional examination of the respiratory tract	141
5	Bronchoscopy	146
6	Sonography of the chest	147
7	Thoracic puncture (thoracocentesis)	148
8	Medical thoracoscopy (= medical pleuroscopy)	148
9	Typical findings in physical examination of the respiratory system	149
11	EXAMINATION OF THE BREASTS (<i>Jana Kupková</i>)	153
1	Introduction	153
2	Inspection	154
3	Palpation	154
12	EXAMINATION IN ANGIOLOGY (<i>Jana Hirmerová</i>)	156
1	Examination of peripheral arteries	157
2	Examination of the veins	168
3	Examination of lymphatic vessels	176
13	EXAMINATION OF THE DIGESTIVE TRACT (<i>Eva Mayerová</i>)	180
1	Medical history	181
2	Symptoms of digestive disorders	182
3	Examination of the liver	191
4	Physical examination of the organs of the digestive tract	196
5	Laboratory methods in gastroenterology and hepatology	199
6	Instrumental examination methods in gastroenterology	205
7	Notes on imaging methods for examination of the digestive tract	209
8	Liver biopsy	211
14	EXAMINATION IN SUSPICION OF ACUTE ABDOMEN	
	(<i>Tomáš Skalický</i>)	212
1	Introduction	212
2	Medical history	213
3	Physical examination	215
4	Laboratory and imaging methods	217

15 EXAMINATION OF THE KIDNEYS AND URINARY TRACT

<i>(Lada Malánová)</i>	220
1 Introduction	220
2 Medical history	221
3 Physical examination	223
4 Imaging tests	227
5 Kidney biopsy	228
6 Basic laboratory examination	229
7 Selected clinical syndromes	234

16 EXAMINATION IN ENDOCRINOLOGY AND SELECTED

METABOLIC DISEASES <i>(Hana Grégrová)</i>	238
1 Thyroid gland	239
2 Adrenal glands	248
3 The pituitary gland	254
4 Diabetes mellitus	259
5 Osteoporosis	261

17 EXAMINATION IN HAEMATOLOGY *(Samuel Vokurka)*

1 Medical history and its specificity	264
2 Physical examination and findings	268
3 Selected specific disorders	270
4 Haematological examination	271

18 EXAMINATION IN RHEUMATOLOGY *(David Suchý)*

1 Medical history	276
2 Symptoms of rheumatic disease	278
3 Problems in differential diagnosis in rheumatology	280
4 Examination of the musculoskeletal system in rheumatology	282
5 Laboratory examination in rheumatology	297
6 Imaging methods in rheumatology	302

19 CHRONIC WOUNDS AND PRESSURE ULCERS *(Ivana Witová)*

1 Introduction	304
2 Pressure ulcers	305
3 Leg ulcers	312
4 Diabetic foot syndrome	312

20 EVALUATION OF NUTRITIONAL STATUS AND POSSIBILITIES

OF NUTRITION SUPPORT FOR PATIENTS (<i>Jan Kašpárek</i>)	315
1 Malnutrition	316
2 Overweight and obesity	318
3 Micronutrient abnormalities (deficiencies)	320
4 Evaluation of nutritional status	322
5 Introduction to nutritional support	326
6 Enteral nutrition	331
7 Parenteral nutrition	340
8 Some metabolic complications associated with nutrition administering	345
9 Nutrition in palliative care	347

21 MONITORING THE PATIENTS IN INTENSIVE CARE

(<i>Thomas Karvunidis</i>)	348
1 Introduction	349
2 Vital functions	350
3 Monitoring in intensive care	351
4 Monitoring the cardiovascular system	353
5 Monitoring tissue perfusion and oxygenation	363
6 Monitoring of breathing	368
7 Consciousness monitoring	373
8 Body temperature monitoring	376
9 Monitoring of intra-abdominal pressure	378
10 Monitoring of patients during transport	379
11 Vascular access	380

22 MINIMUM NEUROLOGICAL EXAMINATION FOR INTERNISTS

(<i>Vladimír Rohan</i>)	385
1 Neurological diagnostics	385
2 Consciousness	388
3 Speech, including articulation	406
4 Basic topical neurological examination	408
5 Abnormal movements	414

23 IMAGING METHODS (*Jan Baxa, Hynek Mírka*)

1 Introduction	418
2 Radiography and fluoroscopy	419
3 Ultrasonography (US)	422

4	Computed tomography (CT)	426
5	Magnetic resonance imaging (MRI)	430
6	Scintigraphy	432
7	Hybrid methods	434
8	Methods of interventional radiology	435
9	Contrast agents for imaging methods	437
10	Specific situation	439
24	LABORATORY EXAMINATION (<i>Daniel Rajdl</i>)	441
1	Interpretation of laboratory data	442
2	Screening and selected screening programmes	449
3	Collection of blood and urine	450
4	Overview of the most common laboratory tests	452
25	PHARMACOTHERAPY (<i>David Suchý</i>)	472
1	Reasons for drug administration	473
2	Types of pharmacotherapy	473
3	Pharmaceutical drugs	473
4	Therapeutic monitoring, individualization and personalization of drug dosage	476
	List of abbreviations	479
	Subject index	487