Contents

For	eword	
1	Evolution and Contextual Behavioral Science	
Learning		
2	The Contextual Science of Learning: Integrating Behavioral and Evolution Science Within a Functional Approach	
3	Classical and Operant Conditioning: Evolutionarily Distinct Strategies?	
Dialogue on Learning		
Symbolic Thought and Communication		
4	Symbolic Thought and Communication from a Contextual Behavioral Science Perspective	
5	Beneath Symbols: Convention as a Semiotic Phenomenon 67 Terrence W. Deacon, Department of Anthropology, University of California, Berkeley	

Part	alogue on Symbolic Thought and Communication	
De	velopment and Adolescence	
7	The Evolutionary Basis of Risky Adolescent Behavior	
	Shaping DNA (Discoverer, Noticer, and Advisor): A Contextual Behavioral Science Approach to Youth Intervention 109 Joseph Ciarrochi, Institute of Positive Psychology and Education, Australian Catholic University; Louise L. Hayes, University of Melbourne and Origen, National Centre of Excellence in Youth Mental Health	
Part	llogue on Development and Adolescence	
Emotions and Empathy		
8	Situated Empathy: Applying Contextualism to the Science of Recognizing Other People's Emotions	
9	The Social and Contextual Nature of Emotion: An Evolutionary Perspective	
Parti	logue on Emotions and Empathy	
Or	ganizational Development	
10	Relational Models, Leadership, and Organization Design: An Evolutionary View of Organizational Development 171 J. W. Stoelhorst, <i>University of Amsterdam</i> ; Mark van Vugt, VU University, Amsterdam	

Contents

11	Organizational Flexibility: Creating a Mindful and Purpose-Driven Organization	
Part	llogue on Organizational Development	
Be	havioral and Physical Health	
12	Evolutionary Mismatch: A Framework for Understanding Health and Disease in the Modern World—"Better Living Through Evolution"	
13	Living Well as the First Medicine: Health and Wellness in the Modern World	
Dialogue on Behavioral and Physical Health		
Small Groups		
14	Small Groups as Fundamental Units of Social Organization 245 David Sloan Wilson, <i>Binghamton University</i>	
15	Prosocial: Using CBS to Build Flexible, Healthy Relationships	
	llogue on Small Groups	
Psy	ychopathology and Behavior Change	
16	Variation and Selection in Psychopathology and Psychotherapy: The Example of Psychological Inflexibility	

Evolution & Contextual Behavioral Science

17	Reconciling the Tension Between Behavioral Change and Stability
Part	llogue on Psychopathology and Behavior Change 312 icipants: Renée Duckworth, Steven C. Hayes, Jean-Louis Monestès, id Sloan Wilson
18	Evolution and Contextual Behavioral Science: Where Are We and Where Are We Going? A Concluding Dialogue Between the Editors
Inde	ex