

CONTENTS

PROJECT VISION 2023 PRAGUE.....16

Saturday 16th September 2023 – Hall 1

Profesor Avni Sali AM.....19

Longevity – An Integrative Approach

Nandu Goswami, MD, PhD, MME.....20

Innovative Approaches to Teaching Integrative Medicine in Western Medical Universities

Bhaswati Bhattacharya MPH, MD, Ph.D.20

Ancient Techniques for Pain Control Have Always been Integrative not only Chemical

Prof. Mag. Maria Walcher.....21

Intangible Cultural Heritage – a Tool to Preserve and Transmit Knowledge and Practices of Traditional Medicine to Next Generations

Amarjeet S Bhamra.....22

Nora Laubstein.....23

Interdisciplinary * Integrated care ** Integrative Medicine ***

Kiran Vyas.....25

Two great gifts of india to the World: yoga & ayurveda

Prof. Dr. Kuldeep Kumar Pandey, MD, PhD.25

Ancient techniques for pain control have always been integrative not only chemical

Federico Palla.....27

SALUS european initiative: uniting health and environment for a concrete, forward-looking paradigm shift

Isabelle Wachsmuth, MSc, MPH.....28

Art can enrich the world and give it a voice for better health for all

Prof. Dr. rer. nat. Katharina C. Wirnitzer.....29

The Power of Lifestyle Medicine: Starting with the Dual Approach to Health from Sustainable Diets linked to PA, Sports & Exercise as Minimum Recommendation at Schools and Universities for better Future Public Health.

Prof. MUDr. Julius Špičák, CSc.30

Alternative approach to inflammatory bowel diseases

Prof. Dr. Madan Thangavelu.....	31
One Earth, One Health and True World Order	
Rakesh Sharma, MD, PhD.....	33
Integrating ayurveda, ethical issues & rights of ism Practitioners in bharat	
Prof. Valdis Pirags, MD.....	33
The benefits of integrative thinking in the modern world of artificial intelligence	
Diane Miller JD.....	34
Law and public policy for tcim, a legal advocate's perspective 2023	
Dr John Hughes PhD, BSc (Hons), Lic. Ac.	35
The acceptability, safety and effectiveness of self-acupuncture: a programme of research	
Dr. med. Rainer Picha.....	36
Modern medicine begins to agree with Ayurvedic principles	
Dr. Peter Kath.....	37
“From information to Knowledge - the Forgotten Conversation with the Self in Times of ChatGPT”.	
Uwe Peters, Ph.D.	38
AMR in focus - TCIM as a supporting strategy	
PhDr. Eva Křížová, Ph.D.	40
Alternative medicine must remain its true self, thus different.	
Saturday 16th September 2023 – Hall 2	
Prof. Dr. Karl W. Kratky.....	40
Convergence of orthodox and complementary medicine systems via personalized medicine?	
Becca Meadows MSc mBANT mCNHC.....	42
A Vegan Diet and Pregnancy Outcomes in the Birth Person and Neonate: A Systematic Review and Meta-Analysis of Observational Studies	
Dr. Nimisha Kizhakkemadathil 1(Narendran).....	43
Ayurvedic Management of Lafora Progressive Myoclonus Epilepsy	
Dr. Geethu Balakrishnan.....	45
Current Trends in Tcim: Human Gut Microbiome as a Potential Factor in Managing Autism Spectrum Disorders an Open Labelled Randomized Control Clinical Trial to Manage Dysbiosis	

Assoc. Prof. Dr. Gulay Yilmazel.....	47
The relationship between the quality of life and mental health status in unoperated elderly cataract patients	
Dr. Preetham Pai.....	48
The management of cerebral palsy using Ayurvedic treatment principles-case series	
Debbie Sommerville.....	49
Cold air plasma as a systemic selective adaptogen	
Pratibha Shah, BAMS, MPH.....	50
Deepening our understanding of Auto Immune Disorders with Ayurveda	
Dr. Nimisha Kizhakkemadathil 2 (Narendran).....	51
Ayurveda for Rheumatoid Arthritis	
Prof. Shantala Priyadarshini.....	52
Ayurveda solutions for global warming - a cultural heritage from the past for the future crisis	
Mohamad Motevalli.....	54
Lifestyle behaviors of vegans, vegetarians, and omnivores in Austrian colleges and universities	
Carlos Orozco BSc, MSc, ND, MD, PhD, DrHr, FPAMS.....	55
Love Expressed as Coherence in Consciousness	
Alexandros Tilikidis MD.....	56
History of Traditional Hellenic Medicine	
Derrick R Tanous MSc.....	57
Spanning the bow from mixed to vegan dieters in a healthy, active population and the sociocultural construction of the flexitarian diet in addressing current trends in sustainable eating	
Dr. Remziye Cici.....	58
The Effect of Loneliness and Depression Levels on Pain in Geriatric Prostate Cancer Patients	
Nur Pinar Ayaz Lecturer Dr.	60
Pain Beliefs and Use of Non-Pharmacological Methods in Pain Management Among Nursing Students	

Saturday 16th September 2023 – Hall 3

Prof. Suresh Swarnapuri.....	61
Managment of Life Style Disorders in Ayurveda	
Dr. Neena Ravindran.....	62
Bird View Perspective of Ayurvedic Treatment Principle for Diabetic Retinopathy	
Ranjan Amin.....	63
Culture Of Health	
Hiroshini Amarasinghe.....	65
Evaluation of the Effects and Efficacy of Treatment Protocol in the Management of Overweight and Obesity	
Dr. Revathy Prasad.....	66
Exploration of the role of Ayurveda in Healthy ageing	
Dr. Suryanarayana Mudadla.....	67
A Critical Review on Ayurvedic Management of Common Respiratory Aliments in Children	
Dr. Radhika Injamuri.....	68
Ayurvedic Management of Common Behavioural Disorders in Children	
Sofiene Ben Aissa.....	69
The use of herbs for decreasing impulsivity in patients with bipolar disorder	
Sampada Korde.....	71
Ayurvedic heart failure reversal therapy	
Lothar Pirc.....	72
Proposal to create peace in the world through ancient Vedic sciences: Ayurveda, Yoga and Yagya - from philosophy to science.	
Alix Naginski.....	73
Urgency of Integrating Mental Health in Clinical Practice	
Sarah Lascano.....	74
Digital Energy Medicine: An Integrative and Innovative Approach to Healing Treatment-Resistant Chronic Illness	
VedAcharya Dhanada Kulkarni BAMS, LMT, BCIM, CYEd, CCRP....	76
Integrative Medicine as a Bridge: Harnessing the Strengths of Ayurvedic Medicine and Indian Culture to Transform Future Healthcare	

Sunday 17th September 2023 – Hall 1

Stephan Hein	78
Nada Yoga – Healing through Sound	
MUDr. Andrea Málková	79
Mistletoe – prevention and treatment of oncological diseases	
Ing. Klára Doláková, MBA	80
Integrating CAM within national healthcare: professionals' experiences and views of CAM integration within the NHS in the context of ethics	
Ralf Dissemond	81
Homeopathy in Europe by practitioners	
Jesper Odde Madsen	82
The cure for media bias	
Dr. Jayvant Bhagattjee	83
Allied health policy in South Africa	
Milena Simeoni	84
Traditional European and Mediterranean medicine: a bridge between past and future towards a healthier and more sustainable Europe	
Antoni Przechrzta	85
Spiritual Healing- a proposal to include this method of therapy in the healthcare system.	
Naveen Gupta	86
Vedic Psychotherapy – Mental Health & Emotional Wellbeing	
Alison Mc Whinnie	87
Healing in Medicine Today Supporting the Wellbeing of both Patients and Staff	
Tomáš Pfeiffer	89
Biotronics – Hope in Disease for the 21st Century	
MUDr. Hana Váňová	91
2 Key Approaches to Simplify Prescription of Homeopathic Remedies	
Bc., Mgr. Jitka Fernandez Lopez	93
Practical Feng Shui application in your everyday life	
Ing. František Och	94
A pilot case-cohort epidemiological study of effect	
Prof. Bruno Renzi	94
Maharishi Integrated Approach to Psychosomatics: Basic Principles	

Mgr. Jarmila Podhorná.....	96
Gemmotherapy – medicine of the third millennium	
Mgr. Miloslava Rutová.....	98
One Brain Kinesiology and Transformations	
Dr. Antonietta Rozzi.....	99
Sarva Yoga International	
 Sunday 17th September 2023 – Hall 2	
Maria Leoni.....	101
Family constellation – a psychotherapeutic approach for healing combined with naturopathic methods	
Dr. Masoud Mohammednezhad.....	102
Breast Self-Examination Practice Screening Perception and Practice Amongst Fijian Women in Fiji	
Dr. rer. nat., Karin Lenger, Dipl.-Biochem.....	103
Biochemical and Biophysical Homeopathy	
Bijoya Mohanty.....	104
Koncious Karma Movement to empower Ayurvedic Doctors, healers and therapist	
Ing. Adolf Inneman, Ph.D.....	105
Ayurveda – The Path to Longevity	
MUDr. Věra Kleplová.....	106
Early diagnosis of minor movement abnormalities in neonatal age	
Mgr. Jarmila Podhorná.....	108
Hope for the next generation	
Mgr. Bc. Magdalena Ezrová.....	109
Rebozo techniques in midwifery	
MUDr. Martin Zulák 1.....	110
What the disease tells me	
RNDr. Vladislav Šíma, Dr.	111
Health Astrology	
Mgr. Jan Frank.....	112
Sonofractal clinical essences, classic variant	
MUDr. Martin Zulák 2.....	114
Physicians' trauma as an obstacle in changing the healthcare system	

Mgr. Anna Škvorová.....	115
TCIM/CAM Practices in Midwife	
Mgr. Bc. Martin Bartošek.....	116
Satori breathing – Rebirthing: the healing power of breathing	
Ing. Pierre Boháč.....	118
Oligotherapy, or the Necessity to Have Enough and in Balance Approximately 7 Grams of Our Weight, Which Determine Our Physiological Health	
Sunday 17th September 2023 – Hall 3	
Dr. Bishnu Prasad Sarma.....	120
Osteoarthritis and its management through Ayurvedic drugs-A novel approach	
Martin Rickinger.....	121
Maharishi Ayurveda – well-being for individuum and society	
Dr. Karthikeyen Natarajen.....	122
Functional Independence in Autism targeted through DOAST2 Integrated Therapy3	
Debasish Sahoo 1.....	124
Research approach and Commercial Potential of Herbal based therapy using Modern Technology, Concept and Prospect with enhancement in Safety, Reliability, Authenticity and Conservation	
Mridula M. K.	125
Medicinal plants in ayurvedic medicine for cardio protection- a promising research area	
Lorenzo Uhl.....	126
EMF, Bacteria, fungi and viruses	
Debasish Sahoo 2.....	128
Additional and Alternative Medicaments During Covid-19 Pandemic for Public Health	
Dr. Remya R. Nath.....	129
A Critical Analysis of Doshic Prakriti in Ayurveda	

Sunday 17th September 2023 - Poster Session

Sofiene Ben Aissa	131
Enhancing Insight and Adherence with weight loss supplements in bipolar disorder patients Dr. Geethu	
Dr. Geethu Balakrishnan	132
Effect of a selected pranayama practice on memory among college going students	
MUDr. Ludmila Bendová, Doc. PhDr. Eva Křížová, Ph.D	134
Traditional Chinese Medicine from the view of users - Results of a sociological survey among clients of TCM in 2018 in Czech Republic	
Luciana Santos Collier	135
Democracy and health promotion at school: possible dialogues and necessary actions	
Shona Forster	137
The experiences of Nutritional Therapy Practitioners in supporting people with cognitive concerns: a qualitative study	
Miranda D Harris MSc SFHEA	138
Exploring the influences of personality traits on food attitude and eating behaviour in adults aged 18 and over living in the UK	
Miranda D Harris MSc SFHEA	140
Nutritional knowledge, attitudes and behaviour towards gut bacteria and the perceived effect of probiotics on gut health in strength and endurance sports	
Dr. Nimisha Kizhakkemadathil (Narendran)	141
Status of Liver Function estimated by Liver Function Test and Renal Function estimated by Renal Function Test in individuals on internal Ayurveda medicines for more than 3 months from Government Ayurveda College, Thiruvananthapuram, Kerala	
Dr. Niloufar Mahmoudi	143
The Impact of Exercise Programs on Reducing Cancer Side Effects and Improving Quality of Life: An Original Research Study	
Mohamad Motevalli	144
The COVID-19 restrictions and physical activity changes: how do sociodemographic factors come into play?	
Dr. Yousef Naserzadeh	146
Investigating the Effects of Titanium Dioxide Nanoparticles on Enhancing Cancer Cell Control: An Original Research Study	

Tomáš Pfeiffer	147
Alternative medicine (CAM) in the world – what is silenced	
Tomáš Pfeiffer	149
PLATFORM 2020 PRAGUE	
Neha Rai	151
Biological importance of keystone Macrofungus <i>Rugda</i> found commonly in eastern region of Jharkhand as a potential herbal dietary supplement.	
Khouloud RAZKI	152
Boosting Yoga Therapy Knowledge in Psychiatry: Results of an Educational Intervention	
Khouloud RAZKI	154
The Power of Psychotherapy: Enhancing Insight in Mental Illness	
Prof. Dr. Pınar Serçekuş	155
Development and Psychometric Evaluation of the Fear of Cancer Scale (FoCS)	
Ms Tejaswini M	156
Analyzing the Association between Waiting Time and Patient Satisfaction in Hospitals: An Examination using Analytical Tools	
Dr. Arun Thulasi	157
Harmonizing Mind and Body: A Comprehensive Case Study Exploring the Nexus of Mental Health, Well-being, and Injury Prevention in Yoga Practice	
Associate Professor Elif Uludağ	158
Effects of Online Antenatal Education on Worries about Labour, Fear of Childbirth, Preparedness for Labour and Fear of COVID-19 during the COVID-19 Pandemic: A Single-Blind Randomized Controlled Study	
MUDr. Hana Váňová – Czech Republic	159
Two key approaches to prescription improvement	
Prize for young researchers	162

Congress References

Presidium Members.....164
Other Speakers.....170
Audience.....173

