

# Contents

List of abbreviations	7
Preface	9
Introduction	11
<b>1/ Dementia</b>	<b>13</b>
1.1 Definition of dementia	13
1.1.1 Risk factors for the development of dementia	15
1.2 Basic classification of dementias	17
1.2.1 Atrophic-degenerative dementias	17
1.2.2 Secondary dementias	20
1.3 Disorders in the cognitive functions and dementia stages	20
1.4 Screening tools to assess cognitive functions	26
1.4.1 Mini-Mental State Examination	26
1.4.2 Other screening tools	29

<b>2/ Quality of life</b>	<b>32</b>
2.1 Definition of quality of life	32
2.2 Quality of life in people with dementia	36
2.3 Assessment of quality of life	37
2.4 Assessment tools	40
2.4.1 Quality of Life – Alzheimer’s Disease Questionnaire	42
<b>3/ Determinants of quality of life</b>	<b>46</b>
3.1 Demographic characteristics	47
3.2 Health	47
3.2.1 Physical fitness	48
3.2.1.1 Short Physical Performance Battery	48
3.2.2 Self-sufficiency in activities of daily living	50
3.2.2.1 Bristol Activities of Daily Living Scale	50
3.2.3 Cognition	52
3.2.4 Pain	52
3.3 Psychological and emotional area	53
3.3.1 Depression	54
3.3.1.1 Geriatric Depression Scale	55
3.3.2 Attitudes to old age and ageing	57
3.3.2.1 Attitude to Ageing Questionnaire	58
3.3.3 Dignity	60
3.3.3.1 Patient Dignity Inventory	65
3.3.4 Fear of falling	71
3.3.4.1 Falls Efficacy Scale-International	71
3.4 Social and relationship area	74

<b>4/ Trajectory of quality of life</b>	<b>76</b>
4.1 Theoretical background and aims of the study	76
4.2 Sample and methodology	79
4.3 Results	82
Conclusion	92
Summary	94
List of tables	96
Name index	98
Subject index	99
References	102