

CONTENTS

V	FOREWORD	Thomas Heatherwick
1	INTRODUCTION	What is biophilia and what does it mean for buildings and spaces?
11	CHAPTER 1	The scientific and business case for biophilic design
25	CHAPTER 2	Biophilia in the design process
47	CHAPTER 3	Intimate scale: biophilic arts and craftsmanship
73	CHAPTER 4	In the home: cherished residences
97	CHAPTER 5	In the school: supportive learning
113	CHAPTER 6	In the store: enticing retail
131	CHAPTER 7	In the office: focused and creative workspaces
151	CHAPTER 8	In the hotel: exceptional guest experiences
169	CHAPTER 9	In the hospital: effective healing environments
189	CHAPTER 10	In the factory: productive manufactories
201	CHAPTER 11	In the community: convivial civic spaces
219	CHAPTER 12	In the urban landscape: restorative pocket parks and promenades
232	CLOSING THOUGHTS	
235	APPENDICES	
	236	Toolkit
	268	Acknowledgements
	272	References
	278	Index
	280	Image Credits