

Contents

| | |
|---|-----|
| <i>Abbreviations</i> | vii |
| <i>Introduction</i> | ix |
| I. THE EARLIEST DAYS OF GREEK ATHLETICS: 1-2 | 1 |
| II. NUDITY AND EQUIPMENT: 3-19 | 16 |
| III. THE EVENTS AT A COMPETITION | 23 |
| a. Running: 20-31 | 23 |
| b. Wrestling: 32-36 | 27 |
| c. Boxing: 37-43 | 32 |
| d. <i>Pankration</i> : 44-46 | 37 |
| e. <i>Pentathlon</i> : 47-65 | 39 |
| f. Equestrian: 66-72 | 50 |
| g. Herald and Trumpeter: 73-74 | 57 |
| h. Music: 75-76 | 58 |
| i. Poetry and Prose Composition: 77-78 | 59 |
| j. Acting: 79 | 61 |
| k. Painting: 80 | 61 |
| IV. ORGANIZATION OF A PANHELLENIC FESTIVAL | 63 |
| a. Preparations at the Site: 81-82 | 63 |
| b. Preparations of the Athletes: 83-86 | 65 |
| c. The Truce: 87-89 | 67 |
| d. Preliminaries: Registration and Certification: 90-94 | 69 |
| e. Schedule, Heats, and Pairings: 95-99 | 70 |
| f. Prohibitions and Penalties: 100-104 | 73 |
| g. Officials: 105-109 | 75 |
| h. Rewards for Victory: 110-118 | 76 |

| | |
|---|-----|
| V. LOCAL FESTIVALS | 81 |
| a. The Panathenaic Games of Athens: 119-123 | 81 |
| b. The Eleutheria of Larissa in Thessaly: 124-126 | 86 |
| c. The <i>Bomonikai</i> of Sparta: 127 | 88 |
| VI. THE ROLE OF THE GAMES IN SOCIETY: 128-148 | 89 |
| VII. WOMEN IN ATHLETICS: 149-162 | 105 |
| VIII. ATHLETES AND HEROES: 163-175 | 111 |
| IX. BALL PLAYING: 176-178 | 120 |
| X. GYMNASION, ATHLETICS, AND EDUCATION: 179-189 | 126 |
| XI. THE SPREAD OF GREEK ATHLETICS IN THE HELLENISTIC PERIOD: 190-199 | 153 |
| XII. GREEK ATHLETICS IN THE ROMAN PERIOD: 200-204 | 160 |
| XIII. AMATEURISM AND PROFESSIONALISM: 205-223 | 165 |
| XIV. NATIONALISM AND INTERNATIONALISM: 224-231 | 181 |
| a. Relations between the Panhellenic Sanctuaries: 232-236 | 184 |
| b. Relations between City-States and the Panhellenic Sanctuaries: 237-242 | 186 |
| c. Relations between City-States at the Panhellenic Sanctuaries: 243-247 | 190 |
| XV. BEAUTY AND REALITY: 248-256 | 192 |
| <i>Appendix: The Olympian and Pythian Programs</i> | 201 |
| <i>Select Bibliography</i> | 203 |
| <i>Index and Glossary</i> | 209 |
| <i>Sources for the Chapter-Opening Sketches</i> | 235 |