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The book presents the results of the research on psychosomatic disorders and syndromes in companies, which have arisen in the context of the background of activities conducted by personnel managers. These recent developments have led to profound changes in attitudes toward psychosomatic disorders and syndromes that are occurring in the workplace due to changes in the labour market. These changes along with the changes brought about by Industry 4.0, Industry 5.0 and the coronavirus pandemic affect the internal environment of enterprises. What is important is to take a complex approach to compliance with OHS regulations and principles in the workplace, as well as to introduction of new procedures and standards that will correspond with recent developments. Furthermore, it is important to pay attention to work-related health problems, such as psychosomatic disorders and syndromes, which are caused by the changes forced by Industry 4.0 and Industry 5.0, as their incidence is increasing.

The monograph presents the results of the longitudinal secondary research in the field of occupational health and safety. It contains the analysis and the classification of the findings