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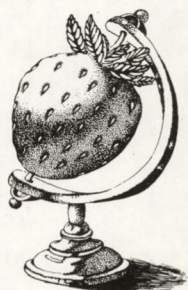


Table of approximate equivalents:

Czech	English	American
1 kg	2 lb	2 lb
500 g	1 lb	1 lb
100 g	3 1/2 oz	
30 g	1 oz	
1 l	1 3/4 pints	3 1/2 cups
1/2 l	16 fl. oz	2 cups
1/4 l	8 fl. oz (2 gill)	1 cup
1 dl	3 1/2 fl. oz	1/3 cup (5 Tbsp)

1 cup sugar = 150 g
1 cup flour = 150 g
1 cup water = 200 g

1 tablespoon = 3 teaspoons
1 cup = 16 tablespoons