

# CONTENTS

Preface 9

**Introduction What is the Mediterranean? 11**

DAVID ABULAFIA *University of Cambridge*

**One The physical setting 33**

OLIVER RACKHAM *University of Cambridge*

**Two The first trading empires: prehistory to c.1000 BC 67**

MARLENE SUANO *University of São Paulo*

**Three The battle for the sea routes: 1000 – 300 BC 99**

MARIO TORELLI *University of Perugia*

**Four The creation of *Mare Nostrum*: 300 BC – 500 AD 127**

GEOFFREY RICKMAN *University of St Andrews*

**Five The Mediterranean breaks up: 500 – 1000 155**

JOHN PRYOR *University of Sydney*

**Six A Christian Mediterranean: 1000 – 1500 183**

MICHEL BALARD *University of Paris – Sorbonne*

**Seven Resurgent Islam: 1500 – 1700 219**

MOLLY GREENE *Princeton University*

**Eight The Mediterranean as a battleground of the  
European powers: 1700 – 1900 251**

JEREMY BLACK *University of Exeter*

**Nine A globalized Mediterranean: 1900 – 2000 283**

DAVID ABULAFIA *University of Cambridge*

Further reading 313

Sources of illustrations 317

Index 319