

# CONTENTS

INTRODUCTION vii

Getting Started: In the Mood for

Love 3

Playing the Dating Game 9

Health Warning 15

Hopelessly Devoted 19

Finding the Words/The One that

Got Away 25

Wild Nights 31

The Morning After 37

Technical Difficulties 43

Passing Fancies 47

The Soul Mate 55

When the Kissing has to Stop 59

How Can I Be Sure? 63

Wonder Wedlock 69

Happy Together 75

Marriage Blows 79

Two Schools of Thought 89

Parenthood 93

The Grass is Greener 99

Marriages Can Go Up as Well as  
Down 107

End Game 117

The Short Goodbye 123

Empty Beds 127

Getting Over It 135

This Year's Model 143

For Old Times' Sake 151

Lost For Ever 155

You Can Run . . . 163

Senior Moments 169

The Last Detail 173

AUTHOR BIOGRAPHIES 179

ACKNOWLEDGEMENTS 190

INDEX 194