

# CONTENTS

1 The Nature of Heroes and Heroism	1
2 A Sampling of Heroes in History	5
3 Personal Ethics, Moral Philosophy and Leadership	21
4 The Making of a Hero: Responding to Life's Challenges and the Needs of Others	41
5 Heroes around Us	52
6 The Hero Within	64
7 Heroic Actions	73
8 Consequences and Courage	82
9 The Hero's Legacy	90
10 Portrait of a Hero	95
<i>Index</i>	105