## **CONTENTS**

CHAPTER	CONTENT	PAGE NO
I	Basic Concepts  Basic Concepts of Old Age, Aging and Ageism. Characteristics of old age, physical, social, emotional changes. Personal, social, vocational and marital adjustments problems and hazards	5
П	Problems of Aging Problems of aging: Sociological and Psychological perspective - Family and elderly. Social and vocational rehabilitation policy, programmes and services for elderly	46
Ш	Gerontological Social Work  Gerontological Social Work - Role of social worker in the care of elderly - Interdisciplinary team in Geriatric Care	67
IV	Components of Gerontological Social Work  Components of Gerontological Social Work - New patient assessment, Medical and Social Concerns, Living situation, education and work history, Family composition, Social supports, substance use, spirituality, activity level and mental health. Family assessment, providing solutions to care giver burden, common problems in psychotherapy with the elderly	78
V	Gerontological Care Management in Social Work  Community Based programmes - Individual Treatment Methods.  Support groups for older adults — qualities of effective groups —  Role of Social Worker in improving the quality of life of the Aged.	106