## Contents

2

	Acknowledgements	ix
	Foreword by David Sobel	xi
	Introduction	1
1	Nature Pedagogy, Forest School ethos and valuing nature	7
2	History of nature education – the influence on nature-based practice	21
3	Nature Pedagogy – teaching within a nature-centric worldview	42
4	Nature Pedagogy models	65
5	Our sensory system – how nature stimulates sensory development and integration	90
6	Play and nature – the ludic process and risky play	114
7	The brain, body and place	143
8	Behavioural theories – the underpinning of a healthy problem-solving community	172
9	Strategies for creating a healthy problem-solving community	200
10	Planning a nature-based programme	229
11	Planning to action	267
12	Crafting – working with our hands in the natural world	295

13	Journey with plants and animals – working with the ecological	335
14	Nature Pedagogy's place in the world – teaching within a nature-centric worldview	367
	Index	382
Sup	oport Material available at www.routledge.com/9780367425616	

- chapter appendices with many 'tools' and 'tables'
- bonus online chapter: 'The evidence and green interventions'