

Contents

| | | |
|----------|--|-----------|
| 1 | “Who Cares for the Caregiver?”: Professional Quality of Life in Palliative Care | 1 |
| | Kelly Penz and Lisa Tipper | |
| 1.1 | Who Cares for the Caregiver? | 2 |
| 1.2 | What Are Some of the Mental and Emotional Outcomes of Concern? | 3 |
| 1.3 | Occupational Demands and Resources in Hospice, Palliative, and End-of-Life Care | 5 |
| 1.4 | The Importance of Knowing Oneself: Recognizing Warning Signs | 7 |
| 1.5 | The Good News: Compassion Satisfaction and Professional Quality of Life | 8 |
| 1.6 | Personal and Organizational Strategies: Collaborating to Promote Provider Wellness | 9 |
| 1.7 | Conclusions | 13 |
| | References | 14 |
| 2 | Family Caregiver Perspective: Navigating the Palliative Care Pathway—How an Email Chronicle Eased the Journey | 17 |
| | Sherrill Miller | |
| 2.1 | A Personal Odyssey | 17 |
| 2.2 | A Phenomenological Process | 19 |
| | References | 33 |
| 3 | Global Perspectives on Palliative Care: Nigerian Context | 35 |
| | Agatha Ogunkorode | |
| 3.1 | Introduction | 35 |
| 3.2 | Palliative Care | 36 |
| 3.3 | Palliative Care in Nigeria | 37 |
| 3.4 | Challenges to Palliative Care Provision in Nigeria | 37 |
| 3.5 | Prospects and the Way Forward | 38 |
| 3.6 | Integration of Palliative Care into the Mainstream Healthcare Delivery System in Nigeria | 39 |
| 3.7 | Education and Training of Healthcare Professionals | 39 |

| | | |
|----------|---|------------|
| 3.8 | Home-Based Care | 39 |
| 3.9 | Psychosocial Care | 41 |
| 3.10 | Making Available and Improving Access to Opioid Medication... | 41 |
| 3.11 | The Role of the Nurse | 41 |
| 3.12 | Palliative Care for Women with Advanced Breast Cancer..... | 42 |
| 3.13 | Conclusions | 42 |
| | References..... | 43 |
| 4 | Home Palliative Care in the United Kingdom and Europe..... | 45 |
| | Elaine Stevens and Stuart Milligan | |
| 4.1 | Hospice Palliative Home Care in the United Kingdom..... | 46 |
| 4.2 | Hospice Palliative Home Care in Europe..... | 53 |
| 4.3 | Implications for Home Palliative Care..... | 59 |
| 4.4 | Conclusion | 59 |
| | References..... | 60 |
| 5 | Mapping a New Philosophy of Care: The State and Future of Implementing a Palliative Approach Across Canada | 63 |
| | Chad Hammond and Sharon Baxter | |
| 5.1 | What Is a Palliative Approach to Care?..... | 63 |
| 5.2 | The Way Forward: A National Initiative to Promote a Palliative Approach | 66 |
| 5.3 | CHPCA Stakeholder Surveys on Implementing a Palliative Approach | 73 |
| 5.4 | The Way Forward, Phase II: We Know the Way, Now Let's Walk It Together..... | 82 |
| 5.5 | Conclusions | 83 |
| | References..... | 83 |
| 6 | Global Perspectives of Paediatric Palliative Care in the Home in Aotearoa, New Zealand | 85 |
| | Karyn Bycroft and Rachel Teulon | |
| 6.1 | Introduction to New Zealand (Aotearoa)..... | 86 |
| 6.2 | Children's Palliative Care in New Zealand | 87 |
| 6.3 | Provision of Care for Children..... | 92 |
| 6.4 | Implications for Nursing Practice | 95 |
| 6.5 | Implications for Nursing Education..... | 101 |
| 6.6 | Implications for Nursing Research | 101 |
| 6.7 | Conclusion | 102 |
| | References..... | 102 |
| 7 | Perspectives on Hospice and Palliative Care in the United States ... | 105 |
| | Cindy Tofthagen, Ann Guastella, and Jessica Latchman | |
| 7.1 | Introduction and Background | 105 |
| 7.2 | Costs of Hospice Services: Policy and Payment | 108 |
| 7.3 | Ethical Issues in Hospice and Palliative Care | 109 |
| 7.4 | Current Trends in Hospice Care in the United States | 110 |

| | | |
|-----------|---|-----|
| 7.5 | Current Trends in Palliative Care..... | 114 |
| 7.6 | Conclusions | 117 |
| | References..... | 118 |
| 8 | Global Perspectives: Palliative Care Around the World | 121 |
| | Mary Ellen Walker | |
| 8.1 | Palliative Care Defined | 122 |
| 8.2 | Global Palliative Care Needs and Access | 123 |
| 8.3 | Barriers to Palliative Care Implementation | 125 |
| 8.4 | Palliative Care as an Ethical Responsibility..... | 127 |
| 8.5 | The Palliative Care Model | 128 |
| 8.6 | Palliative Care Success Stories | 132 |
| 8.7 | Nursing Considerations | 132 |
| 8.8 | Conclusion | 135 |
| | References..... | 135 |
| 9 | Finding Balance Through a Writing Intervention | 137 |
| | Lorraine Holtslander | |
| 9.1 | The Finding Balance Intervention Description | 138 |
| 9.2 | Case Example..... | 139 |
| 9.3 | Conclusions | 140 |
| | References..... | 141 |
| 10 | Keeping Hope Possible | 143 |
| | Jill M. G. Bally and Meridith Burles | |
| 10.1 | Life-Limiting and Life-Threatening Illnesses: Family and Hope | 143 |
| 10.2 | The Keeping Hope Possible Toolkit: An Intervention for Parents | 144 |
| 10.3 | Case Vignette | 149 |
| 10.4 | Conclusions | 151 |
| | References..... | 151 |
| 11 | Reclaiming Yourself | 153 |
| | Shelley Peacock and Melanie Bayly | |
| 11.1 | For Whom the Intervention is Appropriate | 153 |
| 11.2 | The Intervention..... | 154 |
| 11.3 | Case Example..... | 156 |
| 11.4 | Conclusions | 158 |
| | References..... | 159 |
| 12 | Living with Hope Program | 161 |
| | Wendy Duggleby | |
| 12.1 | Older Persons Receiving Palliative Homecare..... | 161 |
| 12.2 | Living with Hope Program | 162 |
| 12.3 | Case Example..... | 165 |
| 12.4 | Conclusions | 166 |
| | References..... | 166 |

| | |
|---|-----|
| 13 Creativity, Optimism, Planning, and Expert Advise (COPE): A Problem-Solving Intervention for Supporting Cancer Patients and Their Family Caregivers | 169 |
| Cindy Toftthagen and Sherry S. Chesak | |
| 13.1 Introduction | 170 |
| 13.2 Summarizing COPE Research | 174 |
| 13.3 COPE and the Educate, Nurture, Advise, Before Life Ends (ENABLE) Intervention | 176 |
| 13.4 Discussion | 177 |
| 13.5 Conclusions | 178 |
| References..... | 178 |
| 14 Dementia | 181 |
| Rhoda MacRae, Margaret Brown, and Debbie Tolson | |
| 14.1 Global Prevalence | 182 |
| 14.2 Risk Factors and Causes | 182 |
| 14.3 Alzheimer's Disease..... | 183 |
| 14.4 Vascular Dementia..... | 183 |
| 14.5 Dementia with Lewy Bodies | 184 |
| 14.6 Early/Young Onset Dementia | 184 |
| 14.7 Frontotemporal Degeneration/Dementia (FTD) | 185 |
| 14.8 Comorbidities and Dementia..... | 185 |
| 14.9 Dementia as a Dynamic Concept..... | 186 |
| 14.10 As Dementia Progresses | 187 |
| 14.11 Terminology and Definitions | 187 |
| 14.12 Defining Advanced Dementia | 188 |
| 14.13 Features of Advanced Dementia | 188 |
| 14.14 Palliative Care | 189 |
| 14.15 Palliare | 190 |
| 14.16 Care Empathia | 192 |
| 14.17 Fundamentals of Advanced Dementia Care..... | 194 |
| 14.18 Preventing and Minimising Stress and Distress..... | 195 |
| 14.19 Discussion | 196 |
| 14.20 Conclusions | 196 |
| References..... | 197 |
| 15 Persons with Advanced Heart Failure: A Caregiver-Focused Approach | 201 |
| Alexandra Hodson | |
| 15.1 Background | 201 |
| 15.2 Heart Failure in the Community | 205 |
| 15.3 Practice Implications | 207 |
| 15.4 Research Implications | 210 |
| 15.5 Conclusion | 210 |
| References..... | 211 |

| | | |
|-----------|---|-----|
| 16 | Development of a Model to Guide Conversations About Internet Use in Cancer Experiences: Applications for Hospice and Palliative Care | 213 |
| | Kristen R. Haase | |
| 16.1 | Method | 214 |
| 16.2 | Findings | 215 |
| 16.3 | The Model | 216 |
| 16.4 | Discussion | 219 |
| 16.5 | Conclusions | 221 |
| | References. | 221 |
| 17 | Long-Term Care | 223 |
| | Genevieve Thompson and Shelley Peacock | |
| 17.1 | Long-Term Care. | 224 |
| 17.2 | The Role of Palliative Care in Long-Term Care | 226 |
| 17.3 | Implications for Practice, Policy, and Education | 232 |
| 17.4 | Conclusions | 233 |
| | References. | 233 |
| 18 | When Home Is a Prison: Exploring the Complexities of Palliative Care for Incarcerated Persons | 237 |
| | Meridith Burles and Cindy Peternelj-Taylor | |
| 18.1 | Introduction | 237 |
| 18.2 | Background | 238 |
| 18.3 | Theoretical and Conceptual Considerations | 239 |
| 18.4 | Nursing in Correctional Environments: A Model for Care | 240 |
| 18.5 | The Correctional Client and Palliative Care | 241 |
| 18.6 | The Nurse–Client Relationship | 242 |
| 18.7 | Professional Role Development. | 244 |
| 18.8 | Treatment Setting. | 245 |
| 18.9 | Societal Norms. | 247 |
| 18.10 | The Need for Nursing Research. | 249 |
| 18.11 | Closing Thoughts. | 249 |
| | References. | 250 |
| 19 | Pediatric Palliative and Hospice Care in Canada | 253 |
| | Jill M. G. Bally, Nicole R. Smith, and Meridith Burles | |
| 19.1 | Introduction | 253 |
| 19.2 | Family Experiences and Need for Specialized Care | 254 |
| 19.3 | Pediatric Hospice Palliative Care in Canada | 256 |
| 19.4 | What Does Pediatric Hospice Palliative Care Look Like in Practice? | 258 |
| 19.5 | Indigenous Perspectives in Canada | 262 |
| 19.6 | Implications for Nursing Practice, Education, and Research | 263 |
| 19.7 | Conclusion | 266 |
| | References. | 267 |
| | Looking Ahead | 271 |