## **Contents**

1.	Approach to an Allergic Child		
••	Major K Nagaraju		
	Market Land Course At the Course Allorent 100		
	Chief Complaints 2		
	riggers/Precipitating Factors 2		
	Environment 2		
	Drug History 3		
	Physical Examination 5		
2.	Sensitization: Epidemiology and Pathoph	Mechanism of Pruritus 51 ypoloizy	12
	Mahesh PA, Amrutha D Holla	Clinical Features 51	•
	Epidemiology 12		
	Epigenetic Modifications 17		
	Pathophysiology 17		
	Antigen-presenting Cells 18		
	Cd4 Lymphocytes 19		
	Airway Epithelium 19		
	Toll-like Receptors 19		
	T-regulatory Cells 20		
3.	Diagnosis of Allergic Diseases	When to Refer to a Dermatologist or Al	23
	Major K Nagaraju		
	Allergy Skin Testing 23		
	History of Allergy Testing 24		
	In Vitro Testing for Specific IgE	Pathophysiology 70	36
•			
	Major K Nagaraju, N Satya Srivatsav		
	Characteristics of an Ideal IgE Test 36		
	Methods 36		
	Principle of Allergen-specific IgE Immunoassay 37		
	Indications for IgE Testing 37		
	Why In Vitro Testing is Needed? 37	Complications 81	
	Classification of Specific IgE Antibody Immunoassay	Prognosis 82	
	Types of Immunoassays 38	20	
	Factors Influencing the Accuracy of In Vitro IgE Testin	- t - Cl 2 20	
	Techniques Commonly Available in India—which Or		
	Points to Remember while Ordering and Interpreting Merits of In Vitro-specific IgE Testing 40		
	Limitations of In Vitro-specific IgE Testing 41		
	When to Penaet In Vitro enecific Int Toote? 41		
	Component Resolved Diagnosis 42		

	Multiplex System (Semiquantita Cell-based Technologies 43	tive) 43	
5.	Atopic Dermatitis		4
٥.	Major K Nagaraju		•
	Epidemiology 45		
	Disease Course 46		
	Role of Aeroallergens 49		
	Food Allergy and Atopic Dermat	itis 49	
	Microorganisms and Atopic Der		
	Climate and Atopic Dermatitis &		
	Psychological Factors and Atopic		
	Irritants and Atopic Dermatitis		
	Mechanism of Pruritus 51		
	Clinical Features 51		
	Diagnosis 52		
	UK Working Party's Diagnostic C	riteria 53	
	Scoring for Atopic Dermatitis 53		
	Diagnosis of Atopic Dermatitis 3		
	Variants of Atopic Dermatitis 54		
	Investigations 54		
	Treatment 55		
	Complications 64		
	Prognosis 65	4 All	
	When to Refer to a Dermatologis	t or Allergist? 65	
6.	Urticaria and Angioedem	a	6
•	Major K Nagaraju		
	Classification 69		
	Pathophysiology 70		
	Etiopathogenesis 71		
	Differential Diagnosis 73		
	Diagnosis 73		
	Approach to Urticaria 77		
	Treatment 78		
	Pharmacotherapy 79		
	Complications 81		
	Prognosis 82		
7.	Contact Dermatitis		8

Suresh Anne

Definition 84

Prevalence 84

Classification 85

Diagnosis of Allergic Contact Dermatitis 92

	Treatment 95 Prognosis 96		
	Prevention 96		
	Gonetic Approaches for Studying Allergy and Asth		
8.	Cow's Milk Allergy		98
	Major K Nagaraju		
	Epidemiology 99		
	Mechanism of Cow's Milk Protein Allergy 100		
	Clinical Features 101		
	Diagnosis 105		
	Allergen Elimination Test 107		
	Treatment 109		
	Prognosis 111		
	1108110010 111		
9.	Food Allergy		114
	Major K Nagaraju, N Satya Srivatsav		
	Prevalence 114		
	Definitions 115		
	Classification 116		
	Pathophysiology 116		
	Phenotypes of IgE-mediated Food Allergy 122		
	Clinical Features 124		
	Diagnosis 126		
	Treatment of Food Allergy 134  Prevention 137		
		reatment 185	
	Recent Developments in Prevention of Food Allerg Problems of Food Allergies in India 139	gy 138 Vgansdiosamad	
	Differences 270		
	Prognosis 139		
0.	Anaphylaxis		
٠.	Major K Nagaraju		
	Cells in Asthura 200		
	Epidemiology 143		
	Definitions 144		
	Risk Factors 144		
	Pathophysiology 145		
	Clinical Features 148		
	Symptoms and Signs 149		
	Diagnosis 149		
	Treatment 152		
	Prognosis 156		

11.	Ocular Allergies	75 Treatment 95
	Major K Nagaraju, Srinivas K Rao	
	Prevalence 158	
	Definitions and Classification 158	
	Pathophysiology 160	
	Clinical Features 161	
	Diagnosis 163	
	Treatment 163	
12.	Clinical Features and Diagnosis of Alle	ergic Rhinitis 169
12.	Major K Nagaraju	
	Definition of Allergic Rhinitis 169 Clinical Classification 169	
	Clinical Features 170	
	Diagnosis 171	
	Investigations 175	
	Allergic Rhinitis in Preschool Children 177	
	Local Allergic Rhinitis 178	
	Allergic Rhinitis and Asthma 179	
	Allergic Rhinitis and Sinusitis 180	
	Allergic Rhinitis and Otitis Media 181	
	Allergic Rhinitis and Quality of Life 182	
	Progression of Allergic Rhinitis 183	
	Prognosis 60	Clinical Features 124
13.	Treatment of Allergic Rhinitis	out insulgate 10.
	Major K Nagaraju, VV Kasyapi	
	Treatment 185	
	17	
	Oral Steroids 199	
	Newer Drugs 199	
	Monitoring 199	
	Remission in Allergic Rhinitis 202	
14.	H1 Antihistamines in Pediatric Practic	e Major X Nagaraju
	Major K Nagaraju	Epidemiology 143
	Histamine 205	
	Classification of Antihistamines 205	
	Mechanism of Action 207	
	Pharmacokinetics and Pharmacodynamics 207	alt goloif
	Side Effects 208	
	Contraindications 211	
	Drug Interactions 212	
	Therapeutic Uses 212	
	Antihistamines as Preventive Role for the Devel	opment of Allergic Disease 216 and mobiles

Myths about Antihistamines 216

15.	. Genetics of Allergy and Asthma  Esra Birben, Cansin Sackesen, Omer Kalayci		219
	Genetic Approaches for Studying Allergy and Asthma 219 Epigenetics 226		
	Future Directions 227  S8S. vugarantos  T8S. magaganaM aigologana		
16.			232
	D Vijayasekaran		
	Prevalence of Asthma 232		
	Phenotypes of Asthma in Clinical Practice 233		
	Modified Asthma Predictive Index 236		
7.	NC Courichankar		238
	Measurement of Airflow Obstruction—Spirometry 239		
	Peak Flow Monitoring 241 Impulse Oscillometry 242 Impulse Oscillometry 242		
	Exhaled Breath Temperature 244 See more more made and members 245		
	Exhaled Breath Condensate 244  Bronchial Provocation Tests 244  Bronchial Provocation Tests 244		
8.	Persistent Bronchial Asthma	Prognos Preventi	247
	TU Sukumaran		
	Diagnosis 248		
	Investigations 249  Differential Diagnosis 252		
	Differential Diagnosis 252 Pathophysiology of Asthma 253		
	Cells in Asthma 256		
	Aims of Treatment 257		
	Nonpharmacological Measures 260		
	Patients and Parents Education on Bronchial Asthma 260		
).	Acute Asthma Exacerbations in Childhood		271
	George V Guibas, Nikolaos G Papadopoulos		
	Triggering Pediatric Asthma Exacerbations 271 Preventing Pediatric Asthma Exacerbations 273		
	Treating Pediatric Asthma Exacerbations 274  Concluding Remarks 274		

20	. Management of Acute Asthma		279
	Somu Sivabalan, Srinath MV		
	Pathophysiology 280		
	Clinical Display and Judgment 281		
	Pharmacotherapy 282		
	Nonpharmacologic Management 287		
	Summary of Acute Asthma Management 288		
	Treatment 163		
21			292
	H Paramesh		
	What is Difficult to Treat Asthma? 292		
22	. Drug Allergy		296
	Major K Nagaraju		
	Epidemiology 296		
	Classification 297		
	Drug Allergy 297		
	Approach 298		
	Pathophysiology 299		
	Factors Influencing Drug Allergies 299		
	Clinical Features in Skin 300		
	Clinical Spectrum Other than Skin Involvement 303		
	Diagnosis of Drug Allergy 306		
	Management 309		
	Prognosis 311		
	Prevention 311		
22	Allegans		212
23	a bronchial Asthina 247		313
	Major K Nagaraju		
	Terminology of Allergens 313		
	Aeroallergens 313		
	Indoor Allergens 315		
	Outdoor Allergens 326		
	Common Stinging Insects in India 330		
24	. Clinical Importance of Standardization of	Allergens	335
	Major K Nagaraju	Nonpharmacological Measures 260	
	nonial Asimma 260		
	Standardized Allergen Extracts 335	007	
	Units of Nonstandardized and Standardized Extracts	337	
	Guideline Recommendations 338		
25	Environment and Respiratory Allergies		341
	H Paramesh		
	Environmental Issues 342		
	Air Pollution 342		
	THE CHIMINIT OTA		

_				
	Climate Change and Air Pollution Interact on Re Environment Control in Prevention Allergic Disc		348	
26.	Allergen-specific Immunotherapy Major K Nagaraju Mechanism of Immunotherapy 353 Allergen Extracts to be Used in Immunotherapy Safety and Efficacy of Immunotherapy 353 Adverse Reactions 356	353 <sub>100</sub> 4110 212		351
	Schedule of Immunotherapy 360 Age Appropriate to Begin Immunotherapy 361 Allergens 361			
	Cost-effectiveness of Allergen Immunotherapy Biomarkers 361 Routes of Administration of Immunotherapy 366 Future of Immunotherapy 364 Passive Immunization Allergen-specific Immun Unmet Needs 365	52		
27.	Genetics of Primary Immunodeficiency Disease Classification 370 Diagnosis 371 Treatment 378	es 370		370
28.	Vitamin D Metabolism 386 Fallacies of Vitamin D Insufficiency 386 Vitamin D and Fetal Lung 388 Vitamin D and T Regulatory Cells 388			
29.	Role of Probiotics in Allergic Diseases Major K Nagaraju			397
	Choice of Probiotic 400 Role of Probiotics in Different Allergic Diseases Probiotics in the Prevention of Allergic Diseases Safety of Probiotics 406			
	Foods Rich in Probiotics 406 Unmet Needs 406			

30.	Rheumatology in Allergic Diseases Management not all 19 MA have agreed assembly	409
	Kavitha Mohanasundaram, Saranya Chinnadurai	
	T-cell Subsets 409	
	Diseases with Th Dominance 410	
	Urticarial Vasculitis 411	
	Systemic Lupus Erythematosus 412	
	Eosinophilic Granulomatosis with Polyangiitis (Churg-Strauss Syndrome) 413	
	Investigations for Possible Rheumatological Illness 415	
31.	Drugs Commonly Used in Allergy and Asthma	419
	Major K Nagaraju, N Karthik	
	Allergens 361	
32.		428
	N Karthik, Major K Nagaraju	
	Nitroblue Tetrazolium 428	
	Future of immunomerapy 304	
	Test for Phagocytosis 428  Limit Weeds 365	
33.	Devices in Allergy and Asthma	434
	Major K Nagaraju, N Karthik	
	Metered Dose Inhaler 434	
	Nebulizers 439	
	Dry Powder Inhalation Devices 442	
	Intranasal Steroid Device 445	
	Peak Expiratory Flow Meter 445	
	Treatment 378	
Inde		453