

# CONTENTS

## VOLUME 1

*Foreword by William H. Douglas* xxiv

*Foreword by Panaghiotis K. Bazos* xxv

*Preface* xxvii

*The Four Elements* xx

*Gallery* xxiv

## 1 Understanding the Intact Tooth and the Biomimetic Principle 1

- 1.1 Biology, Mechanics, Function, and Esthetics 2
- 1.2 Optimal Compliance and Flexibility 4
- 1.3 Rationalized Anterior Tooth Shape 6
- 1.4 Rationalized Posterior Tooth Shape 8
- 1.5 Mechanics and Geometry During Function 10
- 1.6 Physiologic Enamel Cracking and the DEJ 20
- 1.7 Natural Tooth Aging and Enamel Thinning 28
- 1.8 Biomimetics Applied to Mechanics 36
- 1.9 Copying vs Simulating Nature 52
- 1.10 Biomimetic Implant Restorations 54

## 2 Natural Oral Design 67

- 2.1 General Considerations 68
- 2.2 Fundamental Criteria 72
- 2.3 Esthetic Integration and Smile Balance 132
- 2.4 Morphology of Posterior Teeth - 144
- 2.5 Didactic Steps to Dental Morphology 178
- 2.6 Drawing Models 184

# 3

## Ultraconservative Treatment Options 233

- 3.1 Chemical Treatments and Biomimetics 234
- 3.2 Nightguard Vital Bleaching 236
- 3.3 Microabrasion and Megabrasion 250
- 3.4 Remineralization and Resin Infiltration 254
- 3.5 Nonvital Walking Bleach Technique 258
- 3.6 Reattachment of a Tooth Fragment 272
- 3.7 Adhesive Restorative Materials and Armamentarium 278
- 3.8 Direct Restorations in Anterior Teeth 308
- 3.9 Considerations for Direct Restorations in Posterior Teeth 340
- 3.10 Deep Margin Elevation Technique 358

# 4

## Semi-(In)direct Approaches in Posterior and Anterior Teeth 379

- 4.1 Historical Perspective and Classification 380
- 4.2 The Chairside CAD/CAM Age 386
- 4.3 Posterior CAD/CAM Restorations 388
- 4.4 Immediate Dentin Sealing 400
- 4.5 The Natural CAD/CAM Restoration 412
- 4.6 Endocrowns and CAD/CAM Assemblies 414
- 4.7 Luting Procedures in Posterior Teeth 416
- 4.8 Anterior CAD/CAM Restorations 424

*Index*

## VOLUME 2

# 5

## Esthetic Treatment Planning and Diagnostic Approach 447

- 5.1 Interactive Patient-Operatory-Laboratory Relationships 448
- 5.2 Patient Management 450
- 5.3 Photoshop Smile Design 452
- 5.4 Treatment Planning and Initial Therapy 454
- 5.5 Diagnostic Wax-up Step by Step 460
- 5.6 Diagnostic Mock-up 478
- 5.7 Special Cases 489
- 5.8 Biocorrosion/Wear and Tight Bites 514
- 5.9 Basics of Digital Dental Photography 542
- 5.10 Shade Documentation/Communication 548

## **6 Anterior Indirect Bonded Porcelain Restorations 565**

- 6.1 History and Classification of Indications 566
- 6.2 Type I: Teeth Resistant to Bleaching 570
- 6.3 Type II: Major Morphologic Modifications 574
- 6.4 Type III: Extensive Restorations in Adults 588
- 6.5 Combined Indications 606
- 6.6 Types IV and V: Full-Coverage Crowns/Endocrowns 608
- 6.7 Biologic Considerations 612
- 6.8 Perspectives for Occlusal Veneers 616
- 6.9 Tooth Preparation Principles 620
- 6.10 Definitive Impressions 666
- 6.11 Provisional Restorations 672
- 6.12 Laboratory Procedures 682
- 6.13 Try-in and Adhesive Luting Procedures 730

## **7 Maintenance and Advanced Repair Techniques 769**

- 7.1 BPRs: Maximum Performance, Reduced Maintenance 770
- 7.2 Routine Professional Hygiene 772
- 7.3 Complications and Repairs 776
- 7.4 Postbonding Crack Infiltration 790
- 7.5 Replacement of Class 3 Composite Resin Restorations Adjacent to BPRs 796

## **$\alpha\Omega$ The Whole Story: From La Chaux-de-Fonds to Los Angeles 801**

- $\alpha\Omega.1$  Early Challenges: Setting the Stage 802
- $\alpha\Omega.2$  Early Academic Life and the Brothers 804
- $\alpha\Omega.3$  Touched by God 806
- $\alpha\Omega.4$  The Minnesota Experience 811
- $\alpha\Omega.5$  Geneva to Los Angeles 813