Introduction 8 A City of Character 10 History 15 Art and Architecture 20 People and Everyday Life 24 Further Reading 25 **Practical Information** 26 Preparations 28 Health and Insurance 28 What to Take with You 29 Travel to Moscow 30 Customs Regulations 30 Crime and Security 32 Money 33 Cost of Living 34 City Transport 37 Communications 39 Opening Times 40 Public Holidays 44 Customs and Habits 45 Eating and Drinking 50 Russian Language 54 Key to Symbols 55 **Central Moscow** 1: The Kremlin 58 68 2: Kitai Gorod and the Central Squares 3: Tverskaya 86 97 4: Artistic Moscow 5: Arbat. Old and New 108 6: Nobles' Moscow 122 136 7: Beyond the Moscow River 8: Petrovka and Neglinka 146 9: Myasnitskaya, Maroseika, 158 Solyanka and the Hills Around

10: The Foreigners' Settlement, Nobles' Estates and	
the Three Railway Stations	168
11: Across the Yauza	176
12: Exploring Moscow –	
By Metro and by Boat	185
The Tretyakov Gallery	193
The Pushkin Museum and	
Museum of Private Collections	203
Greater Moscow	209
<ul><li>210 Novodevichy Convent and Cemetery</li><li>213 St. Daniel's Monastery</li><li>214 Don Monastery</li></ul>	
215 "Moscow Icons" (Monastery of the Saviour and	
Andronicus, the Andrey Rublyov Museum of Ancient	
Russian Art, the Old Believers' Settlement at	
Rogozhskaya Sloboda) 218 Kolomenskoye	
220 Izmailovsky Park 222 Kuskovo 223 Ostankino	
225 The All-Russian Exhibition Centre (VDNKh)	
229 Tsaritsyno 230 Arkhangelsko	bye
232 War Memorials	
Excursions	235
236 Abramtsevo 237 Kolomna 23	38 New Jerusalem
239 Peredelkino 240 Sergiyev Posad 244 Zvenigorod	
Listings	245
246 Accomodation 247 Airlines 2	
248 Art Galleries 250 Banks 250 Buses 250 Car Hire	
251 Children's 251 Church Services 252 Cinema 252 Embassies 253 Medical Care 253 Museums	
257 Music, Opera, Ballet 258 Nightlife	
To made, Opera, Danet 200 Hightine	

Index

259 Restaurants, Cafés 264 River Transport

268 Train Stations 268 Travel Agents

264 Shopping 266 Sport & Leisure 266 Theatre

269