## Contents

Foreword by Steven Pinker		X1
Introduction	n: Tree of Life, Seeds of Death	1
	PART I: Mental Immunity	
CHAPTER 1	Beyond Critical Thinking Why existing approaches are failing us	17
CHAPTER 2	The Cognitive Immunology Toolbox Naming the problem	37
CHAPTER 3	The Widening Gyre Why mental immune systems collapse	51
CHAPTER 4	Six Immune-Disruptive Ideas and their antidotes	67
CHAPTER 5	Fighting Monsters without becoming one yourself	89
ı	PART II: Mind Parasites and Public Health	ot doe. 2. bilai
CHAPTER 6	The Ethics of Faith What is responsible belief?	111
CHAPTER 7	Thought Police Need Not Apply How (not) to regulate belief	145

## Contents

	ART III: Antibodies and System Failures	
CHAPTER 8	Reason's Fulcrum  The peculiar magic of reasons	173
CHAPTER 9	Reason Unhinged  How thinking becomes ideological	207
	PART IV: Inoculating Minds	
CHAPTER 10	Mind Upgrade Can we update the brain's operating system?	241
CHAPTER 11	Seductive Misconceptions  How rationalism lost its way	261
CHAPTER 12	The Mind Vaccine Rethinking reason's requirements	303
CONCLUSION	Propagating Enlightenment  How to bend the arc of history	343
Acknowledgments		353
Appendix: How to Play the Reason-Giving Game		357
Notes	ea a Bit Impagne-Disciplive Ideas	363
Index		381