



CONTENTS

1 RESPIRATORY DISORDERS

Cheri Howard

- Section One Acute Respiratory Disorders 1
- Atelectasis 1
 - Pneumonia 3
 - Pleural effusion 12
 - Pulmonary embolus 13
 - Pneumothorax/Hemothorax 19
 - Pulmonary tuberculosis 24
- Section Two Acute Respiratory Failure 25
- Section Three Chronic Obstructive Pulmonary Disease 28
- Asthma 28
 - Chronic bronchitis 32
 - Emphysema 35
- Section Four Restrictive Pulmonary Disorders 37
- Pulmonary fibrosis 37
- Section Five Bronchogenic Carcinoma 39
- Selected Bibliography 41

2 CARDIOVASCULAR DISORDERS

Barbara Tueller Steuble

- Section One Degenerative Cardiovascular Disorders 44
- Pulmonary hypertension 44
 - Cardiomyopathy 47
 - Coronary artery disease 50
 - Myocardial infarction 56
 - Heart failure 60
- Section Two Inflammatory Heart Disorders 63
- Pericarditis 63
 - Infective endocarditis 66

| | | |
|----------------------|---|------------|
| Section Three | Valvular Heart Disorders | 69 |
| | Mitral stenosis | 69 |
| | Mitral regurgitation | 72 |
| | Aortic stenosis | 74 |
| | Aortic regurgitation | 75 |
| Section Four | Cardiovascular Conditions Secondary to Other Disease Processes | 76 |
| | Cardiac and noncardiac shock (circulatory failure) | 76 |
| | Dysrhythmias and conduction disturbances | 80 |
| | Cardiac arrest | 84 |
| | Pulmonary edema | 85 |
| Section Five | Special Cardiac Procedures | 88 |
| | Pacemakers | 88 |
| | Cardiac catheterization and angioplasty | 91 |
| | Cardiac surgery | 94 |
| Section Six | Disorders of the Peripheral Vascular System | 96 |
| | Atherosclerotic arterial occlusive disease | 96 |
| | Aneurysms: abdominal, thoracic, and femoral | 101 |
| | Arterial embolism | 103 |
| | Venous thrombosis/Thrombophlebitis | 104 |
| | Varicose veins | 107 |
| | Selected Bibliography | 109 |

3 RENAL-URINARY DISORDERS

Section One Renal Disorders 113

Mima M. Horne

| | |
|-----------------------|-----|
| Glomerulonephritis | 113 |
| Nephrotic syndrome | 118 |
| Acute pyelonephritis | 120 |
| Renal calculi | 123 |
| Hydronephrosis | 125 |
| Renal artery stenosis | 127 |

Section Two Renal Failure 129

Mima M. Horne

| | |
|-----------------------|-----|
| Acute renal failure | 129 |
| Chronic renal failure | 135 |

Section Three Care of the Renal Transplant Recipient 140

Mima M. Horne

Section Four Renal Dialysis 142

Mima M. Horne

| | |
|--|-----|
| Care of the patient undergoing peritoneal dialysis | 143 |
| Care of the patient undergoing hemodialysis | 145 |

Section Five Disorders of the Urinary Tract 147

Patti E.R. Jansen

| | |
|---------------------------|-----|
| Ureteral calculi | 147 |
| Urinary tract obstruction | 152 |
| Cancer of the bladder | 154 |

Section Six Urinary Disorders Secondary to Other Disease Processes 158

Patti E.R. Jansen

Urinary incontinence 158

Urinary retention 165

Neurogenic bladder 167

Section Seven Urinary Diversions 172

Patti E.R. Jansen

Selected Bibliography 178

4 NEUROLOGIC DISORDERS

Carol Monlux Swift

Section One Inflammatory Disorders of the Nervous System 181

Multiple sclerosis 182

Guillain-Barré syndrome 188

Bacterial meningitis 194

Encephalitis 199

Section Two Degenerative Disorders of the Nervous System 202

Parkinsonism 203

Alzheimer's disease 213

Section Three Traumatic Disorders of the Nervous System 224

Intervertebral disk disease: Dennis G. Ross, contributor 224

Spinal cord injury 232

Head injury 247

Section Four Nervous System Tumors 258

Brain tumors 258

Spinal cord tumors 266

Section Five Vascular Disorders of the Nervous System 269

Cerebral aneurysm 269

Cerebrovascular accident 276

Section Six Seizure Disorders 288

Section Seven General Care of Patients with Neurologic Disorders 298

Selected Bibliography 316

5 ENDOCRINE DISORDERS

Section One Disorders of the Thyroid Gland 319

Ellen L. Hellman

Hyperthyroidism 319

Hypothyroidism 324

Section Two Disorders of the Parathyroid Glands 329

Ellen L. Hellman

Hyperparathyroidism 329

Hypoparathyroidism 334

Section Three Disorders of the Adrenal Glands 336

Ellen L. Hellman

Addison's disease 337

Cushing's disease 340

Section Four Disorders of the Pituitary Gland 342

Marianne S. Baird

- Diabetes insipidus 343
 Pituitary and hypothalamic tumors 347
 Syndrome of inappropriate antidiuretic hormone 351

Section Five Diabetes Mellitus 353

Marianne S. Baird

- General discussion 353
 Diabetic ketoacidosis 363
 Hyperosmolar hyperglycemic nonketotic syndrome 371
 Hypoglycemia 373
 Selected Bibliography 376

6 GASTROINTESTINAL DISORDERS

Section One Disorders of the Mouth and Esophagus 379

Kathryn L. Schroeder

- Stomatitis 379
 Hiatal hernia and reflux esophagitis 382
 Achalasia 386

Section Two Disorders of the Stomach and Intestines 389

- Peptic ulcers 389

Janet Hicks Keen

- Malabsorption/Maldigestion 394

Janet Hicks Keen

- Obstructive processes 398

Janet Hicks Keen

- Hernia 402

Janet Hicks Keen

- Peritonitis 404

Kathryn L. Schroeder

- Appendicitis 407

Kathryn L. Schroeder

- Hemorrhoids 411

Kathryn L. Schroeder

Section Three Intestinal Neoplasms and Inflammatory Processes 414

Lolita Adrien

- Diverticulosis/Diverticulitis 414
 Colorectal cancer 417
 Polyps/Familial adenomatous polyposis 420
 Ulcerative colitis 421
 Crohn's disease 428
 Fecal diversions 434

Section Four Abdominal Trauma 439

Janet Hicks Keen

Section Five Hepatic and Biliary Disorders 449

Janet Hicks Keen

- Hepatitis 450
 Cirrhosis 457
 Cholelithiasis and cholecystitis 465

Section Six Pancreatic Disorders 470

Janet Hicks Keen

Pancreatitis 470

Pancreatic tumors 476

Selected Bibliography 479

7 HEMATOLOGIC DISORDERS

Barbara Tueller Steuble

Section One Disorders of the Red Blood Cells 483

Iron deficiency anemia 483

Pernicious anemia 485

Hemolytic anemia 488

Hypoplastic (aplastic) anemia 491

Polycythemia 497

Section Two Disorders of Coagulation 499

Thrombocytopenia 500

Hemophilia 502

Disseminated intravascular coagulation 504

Section Three Neoplastic Disorders of the Hematopoietic System 508

Lymphomas 508

Acute leukemia 510

Chronic leukemia 513

Selected Bibliography 514

8 MUSCULOSKELETAL DISORDERS

Dennis G. Ross

Section One Inflammatory Disorders 517

Osteoarthritis 518

Gouty arthritis 522

Rheumatoid arthritis 525

Section Two Muscular and Connective Tissue Disorders 529

Ligamentous injuries 529

Dislocation/Subluxation 532

Meniscal injuries 535

Torn anterior cruciate ligament 536

Ischemic myositis (compartment syndrome) 538

Section Three Skeletal Disorders 542

Osteomyelitis 542

Fractures 546

Benign neoplasms 553

Malignant neoplasms 555

Osteoporosis 557

Paget's disease (osteitis deformans) 560

Section Four Musculoskeletal Surgical Procedures 562

Bunionectomy 562

- Amputation 564
- Tendon transfer 569
- Bone grafting 570
- Repair of recurrent shoulder dislocation 571
- Total hip arthroplasty 573
- Total knee arthroplasty 577
- Selected Bibliography 579

9 REPRODUCTIVE DISORDERS

Section One Surgeries and Disorders of the Breast 583

Diane Wind Wardell

- Breast reduction 583
- Breast reconstruction 585
- Benign breast disorders and conditions 588
- Malignant breast disorders 590

Section Two Neoplasms of the Female Pelvis 596

Diane Wind Wardell

- Cancer of the cervix 596
- Ovarian tumors 600
- Endometrial cancer 602
- Vulvar cancer 603

Section Three Disorders of the Female Pelvis 605

Diane Wind Wardell

- Endometriosis 605
- Cystocele 607
- Rectocele 608
- Uterine prolapse 609

Section Four Interruption of Pregnancy 610

Diane Wind Wardell

- Spontaneous abortion 610
- Ectopic pregnancy 613

Section Five Disorders and Surgeries of the Male Pelvis 615

Patti E.R. Jansen

- Benign prostatic hypertrophy 615
- Prostatic neoplasm 622
- Testicular neoplasm 626
- Penile implants 629

Selected Bibliography 631

10 SENSORY DISORDERS

Barbara J. Deveau

Section One Disorders and Surgeries of the Eye 633

- Corneal ulceration/Trauma 633
- Keratoplasty (corneal transplant) 638
- Vitreous disorders/Vitreotomy 639
- Glaucoma 641

- Retinal detachment 644
- Enucleation 646
- Section Two Disorders and Surgeries of the Ear 648
 - Otosclerosis (Otospongiosis) 648
 - Cochlear implantation 650
- Selected Bibliography 652

11 PROVIDING CARE FOR PATIENTS WITH SPECIAL NEEDS

- Section One Caring for Individuals with Human Immunodeficiency Virus Disease 653
 - Kenneth Miller**
 - Section Two Providing Nutritional Support 665
 - Karen S. Webber**
 - Nutritional assessment 665
 - Nutritional support modalities 669
 - Section Three Managing Wound Care 681
 - Nancy A. Stotts**
 - Wounds closed by primary intention 681
 - Surgical or traumatic wounds healing by secondary intention 683
 - Pressure ulcers 686
 - Selected Bibliography 689

APPENDICES

- Appendix One Patient Care 693
 - Section One Caring for preoperative and postoperative patients 693
 - Janet Hicks Keen**
 - Section Two Caring for patients on prolonged bed rest 711
 - Linda S. Baas and Dennis G. Ross**
 - Section Three Caring for patients with cancer and other life-disrupting illnesses 719
 - Mary E. Cooley and Patricia Hall**
 - Section Four Caring for older adults 767
 - Patti E.R. Jansen**
 - Appendix Two Infection Prevention and Control 777
 - Marguerite M. Jackson**
 - Appendix Three Heart and Breath Sounds 783
 - Pamela L. Swearingen**
 - Appendix Four Laboratory Tests Discussed in This Manual: Normal Values 791
 - Appendix Five Abbreviations Used in This Manual 795