


BASTIEN PIANO BASICS

TECHNIC

LEVEL 1

BY JAMES BASTIEN

Contents

		This Book	Piano	Theory	Performance
✓ * _____	Warm-ups <i>C Major position</i>	2	6	2	2
_____	Stretching	3	7		
_____	Skipping Stones				
_____	Mudskippers				
_____	Dragon's Den #	4	8	4	4
_____	Sea Monsters				
_____	Dolphins at Play b	5	9	5	
_____	Sharks!				
_____	I V7 Warm-up <i>I V7 in C</i>	6	10	6	6
_____	Keep Your Balance!				
_____	Kangaroo Hops <i>staccato</i>	7	12	8	
_____	Knock On Wood				
_____	Pop, Pop! <i>staccato accompaniment</i>	8	15		
_____	Popcorn Popper				
_____	Jump and Slide	9			
_____	March of the Robots <i>F Major position</i>	10	16	10	8
_____	Robot Race				
_____	Space Flight <i>I V7 in F</i>	11	18	12	9
_____	Moon Walk				
_____	The Supertanker <i>solid and broken chords, mp, mf</i>	12	20	13	10
_____	Tugboat Tillie				
_____	Hang Gliding <i>phrasing</i>	13			12
_____	Surfing				
_____	Gliding Intervals <i>G Major position</i>	14	22	14	14
_____	Bouncing Intervals				
_____	Funny Clowns >	15	24	17	16
_____	Clowning Around				
_____	Tricky Steps <i>G Major position</i>	16	26	18	18
_____	The Basketball Game <i>staccato</i>	17		19	
_____	Watch That Dribbling!				
_____	Let's Dance <i>I V7 in G</i>	18	28	20	19
_____	Rockin' Rhythm				
_____	Tag! You're It! <i>phrasing</i>	19	30		
_____	Follow the Leader				
_____	Ocean Waves 	20	32	21	20
_____	Pedaling Along <i>pedal</i>	21	34	22	22
_____	Hop and Slide <i>staccato-legato</i>	22	36		
_____	Hop and Glide				
_____	The Bullfrog's Song	23			
_____	Leap Frog				
_____	Race to the Finish <i>shifting positions</i>	24	38	24	24
_____	Jumpin' Fun!				
_____	Wind Surfing ♪, <i>phrasing</i>	25	40	26	25
_____	Sailing Away				
_____	Angry Alligator ♪	26	42	27	28
_____	Mexican Fiesta <i>D.C. al Fine</i>	27	43	28	
_____	Lift Off! <i>8va</i>	28	44	29	30
_____	Return to Earth				
_____	Exploring the Planets b	29	46	30	32
_____	A Pair of Parrots <i>harmonic 3rds</i>	30	48		
_____	Two by Two				
_____	Sledding We Go! <i>arpeggios, hand crossing</i>	31	52		
_____	Special Requests for Technic <i>from teacher or student</i>	32			

*To reinforce the feeling of achievement, the teacher or student may put a ✓ when the page has been mastered.