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many disciplines and theoretical persuasions. Leisure is simply too important to too many people to be trivial. A
social-psychological approach to understanding leisure incorporates both the rocial context of the roles that change through the life course
systems with considerable rigidity in how owny roles are defined and
enacted the relative freedom of leisure often offers the richest opportu- nities for the development of satisfying satisfyoned and identifies. When

developmental dilemmas, constrict personal expression and the

and litteractions goes for beyond that in its development of the dialogue

between sociology and lessure studies. While every effort is made not to