

contents

preface to the second edition	ix
acknowledgments	xi

part I Overview of Sport and Individuals With Disabilities

one	Introduction	3
	Sport in Society 4	
	Athletes With Disabilities 5	
	Defining Terminology 7	
	In the Context of Sport 9	
	Concluding Comments 18	
two	Historical Context of Disability and Sport	21
	Historical Treatment of Persons With Disabilities 22	
	Historical Perspectives of Physical Activity and Sport 29	
	Concluding Comments 35	
three	History of Disability Sport	37
	International Disability Sport 37	
	United States Disability Sport 45	
	Historical Perspectives on Research 55	
	Trends and Milestones in Disability Sport 57	
	Concluding Comments 59	
four	Structure and Organizations for Disability Sport	61
	International Structure for Disability Sport 61	
	International Disability Sport Organizations 64	
	United States Structure of Disability Sport 77	
	United States Disability Sport Organizations 79	
	Concluding Comments 88	

five	Competitions and Sport Opportunities for Athletes With Disabilities	89
	Paralympic Games 90	
	Deaflympics 97	
	Special Olympics International 99	
	Additional International Games for Athletes With Disabilities 101	
	National Disability Sport Opportunities 106	
	Intercollegiate and Interscholastic Athletic Programs 110	
	Concluding Comments 112	
six	Sport and Disability: A World View	113
	Terminology 114	
	International Perspectives: Late 20th Century 115	
	European Charter for Sport for All 116	
	European Perspectives 118	
	Canadian Perspectives 123	
	Perspectives From Oceania 124	
	Perspectives From Asia 127	
	Perspectives From the African Continent 130	
	Perspectives From the Middle East 131	
	Concluding Comments 132	
 part II Sport and Sport Performance 		
seven	Sports for Athletes With Disabilities	135
	Major Competitions for Disability Sport: The Paralympic Games, Special Olympics, and the Deaflympics 136	
	Creating Equal Playing Fields Within Disability Sport 142	
	The Sporting Events 144	
	Concluding Comments 159	
eight	Coaching and Training Athletes With Disabilities	161
	Research and Coaching 162	
	The Research Foundation for Disability Sport 163	
	Summary of Selected Research Findings 164	
	General Principles of Coaching Athletes With Disabilities 171	
	Selected Disabilities and Specific Strategies 175	
	Concluding Comments 180	
nine	Sports Medicine and Athletic Training for Athletes With Disabilities	181
	Sports Medicine 182	
	Sports Medicine and Disability Sport 183	

Contents

Injuries, Incidence, Care, Prevention	184
Treatment Considerations	185
Training	192
Exercise Considerations	196
Concluding Comments	200

ten Sport Equipment 201

Equipment Enhances Function	202
Personal Equipment	204
Activity-Specific Equipment	205
Environmental Technologies	207
Making Sport Technology "Fit"	208
Resources for Finding the Right Equipment	212
Making Equipment Adaptations	214
Concluding Comments	218

eleven Event Management 219

Managing the Sport Event	220
Initial Planning	220
Structure and Organization	223
Committees and Functions	224
Event Management Focal Points for Individuals With Disabilities	227
Media and Athletes With Disabilities	233
Planning for International Sport Events	233
Concluding Comments	237

part III The Changing Landscape of Disability Sport

twelve Challenges and Controversies in Disability Sport 241

Inclusion and Integration	242
Classification	246
Ethics Issues	249
Doping in Disability Sport	250
Media Representation	252
Youth Sport Development	253
Marketing Disability Sport	255
Concluding Comments	255

thirteen Female Athletes With Disabilities in Sport 257

Historical Perspectives	259
Female Athletes in the Olympic Games	262
Female Athletes in Marathons	263
Equity Issues	264
Concluding Comments	266

fourteen	The Future of Disability Sport	269
	Trends 270	
	Inclusion 271	
	Images of Disability Sport 271	
	Sport, Society, and Disability 273	
	Concluding Comments 275	
appendix A	Chronology and Significant Milestones of Disability Sport	277
appendix B	List of Abbreviations	289
appendix C	Outdoor Recreation Activities for Individuals With Disabilities	293
appendix D	Selected International Disability Sport Organizations	305
appendix E	Selected U.S. and Canadian Disability Sport Organizations	311
appendix F	Paralympic Committees by Region	331
appendix G	Periodical and Journal Resources	349
	bibliography	353
	index	387
	about the authors	395