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UNIT 1 BEGINNINGS page 7 Video podcast What makes a good flatmate?				
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1.2 It's a first page 11	present perfect and past simple including time phrases	feelings <i>-ed/-ing</i> adjectives; modifiers with gradable and ungradable adjectives; word formation: nouns from adjectives	connected speech in the past simple and present perfect	read a review of the BBC programme <i>I've never seen Star Wars</i> ; read and answer a personality quiz
1.3 I'd like to enquire page 14	making polite phone enquiries	phrases used in adverts	intonation in polite enquiries	read several short adverts
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2.1 Comic relief page 20	present perfect simple and present perfect continuous	social issues; verbs and nouns with the same form	sentence stress and weak forms in the present perfect	read two articles about a charity; read and answer a geography quiz
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2.3 Just what I was thinking! page 26	giving and responding to opinions	opinion adjectives	sentence stress in opinion phrases	read a series of newspaper extracts
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5.1 Bright ideas page 56	articles	change; compound nouns	pronunciation of <i>the</i> ; stress in compound nouns	read an article about the worst inventions ever
5.2 Consumer crazy page 59	conditionals: review of zero, first and second conditionals; <i>as long as, unless, providing that</i>	advertising	sentence stress in conditional clauses	read and answer a questionnaire on advertising
5.3 What do you think? page 62	suggesting ideas	adjectives to describe ideas	intonation in phrases for suggesting ideas	read about the five rules of brainstorming
5.4 Genius page 64		phrases for presenting a business idea		

LISTENING/DVD	SPEAKING	WRITING
listen to a radio programme about speed flatmating	ask personal questions; talk about the kind of people you get on with	write an informal email; learn to check your work for accuracy
listen to people describing how certain activities make them feel	talk about experiences	
listen to a phone enquiry about a language course	role play making phone enquiries; learn to manage enquiries	
 Off the Hook: watch and listen to a drama about starting university	describe a first encounter	write a summary of a first encounter story
	talk about charities and social issues	
listen to opinions about surveillance	discuss the surveillance society; role-play a meeting to discuss crime-cutting plans	write a letter of complaint; learn to use formal written language
listen to informal discussions	discuss different issues; learn to support your viewpoint	
 The Happiness Formula: watch an extract from a documentary about happiness in the West	discuss ingredients of happiness; carry out a happiness survey	write tips for being happy for a website
	talk about playing games and sports; discuss bad habits and how to prevent them	write an opinion essay about leisure time; learn to use linkers in an opinion essay
listen to a radio programme about niche travel	talk about holidays; plan and present a niche holiday	
listen to descriptions of two TV game shows	talk about game shows; learn to use mirror questions; describe a procedure	
 50 Things To Do Before You Die: watch an extract from a programme about great experiences	recommend an experience you have had	write a true story
	tell a personal anecdote	write a story; learn to use adverbs in stories
listen to a radio programme about very short stories	talk about wishes and regrets	
listen to people recommending books	talk about reading habits; learn to summarise a plot; talk about a favourite book	
 Tess of the D'Urbervilles: watch an extract from a drama about a girl in 19th century rural England	describe a favourite scene in a TV programme or film	write a description of a favourite scene
	talk about the effects of inventions	
listen to a programme about advertising	discuss advertising tactics	write a report; learn to make written comparisons
listen to people brainstorming	brainstorm ideas on a 'how to' topic; learn to show reservations	
 Genius: watch an extract from a programme about funny ideas	present a 'genius' business idea	write a product leaflet for a 'genius' idea

LESSON	GRAMMAR/FUNCTION	VOCABULARY	PRONUNCIATION	READING
UNIT 6 AGE page 67 Video podcast What was the best period of your life?				
6.1 The time of my life page 68	modal verbs and phrases for obligation, prohibition, permission and ability	age; word formation: nouns from verbs	sentence stress with modal verbs and phrases	read website forum entries on the best and worst thing about being your age
6.2 Future me page 71	future perfect and future continuous	optimism and pessimism	stress and weak forms in future perfect and continuous	read and answer a quiz on how optimistic you are; read a letter written by someone to his future self
6.3 So what you're saying is ... page 74	persuading	verb + noun collocations	intonation in phrases for persuading	
6.4 How to Live to 101 page 76		collocations about living longer		read a forum comment stating an opinion
UNIT 7 MEDIA page 79 Video podcast What kind of news stories interest you?				
7.1 Best of the Beeb page 80	quantifiers: <i>a good deal of, little, a little, each, every, a few, quite a few, several, plenty of, lots of, no</i>	television; multi-word verbs with more than one meaning	final consonants and initial vowels in connected speech	read an article about five 'must see' TV programmes
7.2 The news that wasn't page 83	reported speech	reporting verbs		read and answer a questionnaire about trust
7.3 What's in the news? page 86	adding emphasis	the press	stress to add emphasis	read an article about topics that keep the tabloids in business
7.4 News blunders page 88		when things go wrong; phrases for retelling a news story		read a newspaper article about a man who traded a paper clip for a house
UNIT 8 BEHAVIOUR page 91 Video Podcast What kind of behaviour gets on your nerves?				
8.1 It's a tough call page 92	conditionals: second, third and mixed conditionals	collocations connected to decision making	weak forms in conditionals	read three news stories about behaviour in tough situations
8.2 Body clock Page 95	-ing form and infinitive	feelings phrases; idioms connected to time	sentence stress and weak forms in verb phrases	read a quiz on whether you're a morning or an evening person
8.3 Have you got a minute? page 98	handling an awkward situation	adjectives of manner	sentence stress and intonation when handling an awkward situation	
8.4 The Human Animal page 100		phrases to talk about a family or cultural ritual		read about a family ritual
UNIT 9 TROUBLE page 103 Video podcast Do you have any phobias?				
9.1 Witness page 104	-ing form and infinitive with different meanings	crime	silent letters in connected speech	read an article about memory; read newspaper extracts about crime
9.2 Scam page 107	past modals of deduction	synonyms for verbs connected to scams; verbs + dependent prepositions	connected speech in past modals of deduction	read an advice leaflet about how to avoid trouble on holiday
9.3 It's an emergency! page 110	reporting an incident	verb phrases for incidents	sentence stress	read about strange reasons people call emergency services.
9.4 Mayday! page 112		survival items; phrases to negotiate agreement		read a story about a lucky escape
UNIT 10 CULTURE page 115 Video podcast What areas of the Arts do you enjoy?				
10.1 Moving experiences page 116	relative clauses	adjectives to describe films	intonation in non-defining relative clauses	read a film review
10.2 Popular culture page 119	participle clauses	the arts; two-part phrases: <i>dos and don'ts, pros and cons</i> etc	connected speech in two-part phrases	read an insiders' answers to popular culture questions; read forum entries about the arts
10.3 On your left ... page 122	giving a tour	dimensions	intonation in phrases adding interest	
10.4 Banksy page 124		phrases to describe art; phrases to discuss options		

LISTENING/DVD	SPEAKING	WRITING
	talk about different ages; discuss similarities and differences between generations	
listen to a radio programme about writing letters to your future self	talk about your future hopes and plans	write a letter to your future self; learn to use linkers of purpose
listen to a radio phone-in programme about life's milestones	role-play a radio phone-in; learn to ask for clarification	
 How to Live to 101: watch an extract from a documentary about people who live to a very old age	plan and take part in a debate	write a forum comment giving your opinion
	talk about TV watching habits	
listen to an expert talking about hoax photographs	discuss answers to a quiz; discuss celebrities and the media	write a discursive essay; learn to use linkers of contrast
listen to people talking about recent news stories	talk about the press; discuss 'top five' lists; learn to make guesses	
 The Funny Side of the News: watch and understand a programme about live news	retell a recent news story	write a newspaper article
	discuss difficult decisions	
listen to people talking about their attitudes to time; listen to a radio programme about people's daily rhythms	talk about your attitude to time	write an informal article; learn to use an informal style in an article
listen to someone talking through an awkward situation.	talk about how to handle awkward situations; role-play an awkward situation; learn to soften a message	
 The Human Animal: watch an extract from a programme about body language	describe a family or cultural ritual	write about a family ritual
	discuss how good a witness you are; talk about what you would do in difficult situations	
listen to people talking about getting tricked	speculate about how scams work	write an advice leaflet to help visitors to your city; learn to avoid repetition
listen to someone reporting an incident	role play reporting an incident; learn to rephrase	
 999: watch an extract from a documentary about a sea rescue	discuss items to take on a life raft	write a story about a lucky escape
listen to a film review on a radio programme	talk about films	write a film review; learn to write more descriptively
	talk about popular culture and arts experiences	
listen to tours of two different places	learn to express estimates; role play showing a visitor around part of your town	
 The One Show: watch an extract from a programme about a famous graffiti artist	choose a new artistic project for your town	write a description of a favourite work of art or building