

Contents

Preface	1
The First Notebook	5
Braithwaite I: Early Life	47
The Second Notebook	57
Braithwaite II: Oxford	105
The Third Notebook	121
Braithwaite III: Kill Your Self	169
The Fourth Notebook	189
Braithwaite IV: A Disturbance at Ainger Road	225
The Fifth Notebook	237
Braithwaite V: Tunnelling Out	257
Postscript to the Second Edition	273