

CONTENTS

<i>List of Maps</i>	xv
<i>Author's Note</i>	xvii
<i>A Chronology of Japanese History, with an Emphasis on the Middle Ages</i>	xix

<i>Chapter 1. The Curtain Rises</i>	1
Japanese Medieval Society	2
The Age of the Warriors	2
Social Mobility, Revolts, and Growth	4
The Sources	6
Written Sources	7
Other Types of Historical Materials	8
The People of Japan	9
<i>Chapter 2. Social Dynamics in the Late Heian Period</i>	17
The Court's Domination of the Provinces	18
The Birth of the Warrior Class	20
The Regime of the Retired Emperors	24
The Rise of the Taira	27

Chapter 3. The Crisis in the Late Twelfth Century 29

War 29

Favorable Conditions in the Eastern Provinces 32

To the Death for the Estate! 36

Establishment of the Bakufu 43

Chapter 4. Kamakura: The Warrior Regime 48

The Rise of the Hōjō Family 49

The Bakufu and the Vassals 52

Governors and Stewards 54

The Law and Justice 56

The Mongol Invasions and the Culmination
of the Kamakura Regime 61

Chapter 5. Kamakura: A Society of Questions 65

The Nobility in Turmoil 66

Chōmei 66

Jien 68

The New Buddhists 70

Practice or Faith? 70

Hōnen 72

Shinran 73

The Reaction of Orthodox Buddhism 74

Nichiren 75

Ippen 75

Zen 76

The Five Mountains 78

The Heike: Evoking the Departed 80

Chapter 6. Kamakura: A Society in Transformation 84

Those Who Lived Off the Land . . . 84

The Rural Economy 85

The Village 86

The Rise of Agricultural Production 87

Trade in the Countryside	87
Emancipation of the Serfs	88
... And Those Who Did Not Live Off the Land	91
The "People of the Sea"	93
Artisans	95
Dancers and Courtesans	96
The Pariahs	97
Kamakura and Kyoto	99
<i>Chapter 7. The Second Middle Ages:</i>	
<i>The Turning Point of the Fourteenth Century</i>	101
The Rise of Violence and Tensions in the Regime	103
A "Virtuous Government"	104
Bandits and People with Strange Customs	106
The Evil Parties	106
Stone Throwing	108
<i>Basara</i>	108
War Again: The Fall of the Hōjō Regime	110
The Kenmu Restoration	112
Civil War	116
<i>Chapter 8. Warriors, Pirates, Peasants, and Priests</i>	
New Governors and Landowner Leagues	121
War in the Provinces and the Emergence of Governors	121
Landowner Leagues	124
The Growth of International Piracy	126
The Rise of the Peasantry	128
The Sō	130
The Estates in Revolt: <i>Shōke no ikki</i>	131
Thoughts and Attitudes: From Theorists to Organizers	135
History As Seen by Kitabatake Chikafusa	135
Return to Conservatism in the New Buddhism	138
Zen of the Five Mountains	139

<i>Chapter 9. The Splendor and Misery of the Muromachi Century: The Culmination of the Ashikaga and the Development of Trade</i>	142
The Political Cadres: Stability and Then Failure in the Ashikaga Shogunal Regime	143
Growth in International Trade	148
Okinawa: "A Bridge Between Countries"	151
Domestic Trade in the Archipelago: Guilds and Moneylenders	153
Kinai at the Heart of a Prosperous Economy	156
Lake Biwa and Ōmi Province	157
From Kyoto to Hyōgo	158
 <i>Chapter 10. The Splendor and Misery of the Muromachi Century: New Uprisings, New Culture</i>	161
The <i>Do-ikki</i> : Cultivator Disputes	161
The Terrible Ōnin War (1467–77)	166
New Forms of Sociability and Art	170
Conditions for Art Production: Sponsorship and Discrimination	175
"Companions" and Ji Monks	175
Kawara Society	176
A New Art of Living: The Chinese Style and the Creation of a "Japanese" Style	178
 <i>Chapter 11. The Sengoku Period: Communes, Religious Leagues, and Neighborhood Associations</i>	181
Overview of the Years 1480–1570	181
The Quest for Autonomy: Village "Communes"	183
Sōkoku: Regional Communes	188
The Yamashiro Uprising	188
The Iga Commune	190
"We Who Have Faith": The Ikkō Leagues	192
Urban Autonomy and Self-Defense	195
The <i>Machishū</i>	196
The Lotus Leagues	198
Sakai	200

Chapter 12. The Sengoku Period: Warlords Seeking Power 202**The Collapse of the Shogunal Regime** 202**Warlords: Two Examples** 203

The Hōjō Lords 203

The Imagawa Lords 205

What Is a Warlord? 206**The New Vassalage: “A Strong Army”** 210**The New Organization: “A Rich Country”** 211**Reflections on Japanese Feudalism** 213**Creating a New Order** 214*Notes* 219*Glossary of Japanese Words and Names* 249*Bibliography* 257*Index* 263