

CONTENTS

Preface v
Overview of Chapters v
Maternal Newborn Nursing Care Plans
Contributors vii

SECTION I Introduction 1

1 How to Use This Book 3
Standardized and Individualized Care Plans 3
Creating a Care Plan 3
Components of Care Plans in This Book 3

SECTION II Generic Care Plans 7

2 Nursing Diagnosis Care Plans (Generic) 9
Nursing Diagnosis: Activity Intolerance 9
Nursing Diagnosis: Anxiety 10
Nursing Diagnosis: Constipation 11
Nursing Diagnosis: Deficient Diversional Activity 12
Nursing Diagnosis: Deficient Knowledge 13
Nursing Diagnosis: Fatigue 14
Nursing Diagnosis: Fear 15
Nursing Diagnosis: Impaired Parenting 16
Nursing Diagnosis: Ineffective Coping 17
Nursing Diagnosis: Ineffective Peripheral Tissue Perfusion 18
Nursing Diagnosis: Pain 18
Nursing Diagnosis: Risk for Impaired Parent-Infant/Child Attachment 19
Nursing Diagnosis: Risk for Infection 21
Nursing Diagnosis: Sleep Deprivation or Disturbed Sleep Pattern 21
Nursing Diagnosis: Urinary Retention 22

3 Collaborative Care Plans (Generic) 25
Potential Complication: Anemia 25
Potential Complication: Disseminated Intravascular Coagulation 26
Potential Complication: Fetal Compromise (Nonreassuring Fetal Heart Rate Tracing) 27
Potential Complication: Hemorrhage 28
Potential Complication: Infection 29
Potential Complication: Premature Rupture Of Membranes 30
Potential Complication: Preterm Labor 31
Potential Complication: Hypertensive Disorders 32
Potential Complication: Urinary Tract Infection 33

SECTION III Antepartum Care 37

4 NORMAL PREGNANCY 39
Jeanne Linhart
Normal Antepartum: First Trimester 39
Normal Antepartum: Second Trimester 48
Normal Antepartum: Third Trimester 54
Nursing Care Plan: Antepartum Fetal Monitoring and Other Diagnostic Tests 60

5 Pregnancy Complicated by Medical and Other Conditions 67
Harriet (Hatsie) Pearson Mallicoat
Infertility 67
Genetic Disorders 73
The Pregnant Adolescent 82
Prenatal Substance Abuse 91
Diabetes Mellitus in Pregnancy 101
Prenatal Anemia 114
Cardiac Disease in Pregnancy 117

HIV in Pregnancy 125
Surgical Procedures 134

6 Gestational Complications 143

Harriet (Hatsie) Pearson Mallicoat

- Hyperemesis Gravidarum 143
- Ectopic Pregnancy 149
- Recurrent Pregnancy Loss (Cervical Insufficiency) 155
- Gestational Trophoblastic Disease (Hydatidiform Mole) 159
- Multifetal Pregnancy 164
- Hypertensive Disorders of Pregnancy 170
- Late Antepartum Bleeding 179
- Toxoplasmosis, Other Infections, Rubella, Cytomegalovirus, Herpes Simplex Virus, and Sexually Transmitted Infections 186
- Vaginal Infections 193
- Urinary Tract Infection 195
- Preterm Labor and Spontaneous Abortion 197
- Premature Rupture of Membranes 206
- Clinical Interruption of Pregnancy: Surgical and Medication Abortion 211

SECTION IV Intrapartum Care 219

7 Normal Intrapartum 221

Cynthia Waits

- Normal Labor: First Stage 221
- Normal Labor: Second Stage 232
- Normal Labor: Third Stage 238
- Intrapartum Fetal Monitoring 242
- Amniotomy 246
- Epidural Anesthesia/Analgesia 248
- Induction/Augmentation of Labor 254

8 Intrapartum Complications 263

Cynthia Waits

- Dystocia/Dysfunctional Labor 263
- Precipitous Birth 268
- Intrapartum Preeclampsia 271
- Cesarean Birth 277
- Vaginal Birth After Cesarean 285
- Intrauterine Fetal Death 286
- Uterine Rupture 293
- External Version 295
- Amnioinfusion 297
- Forceps- or Vacuum-Assisted Birth 299

SECTION V Postpartum Care 305

9 Normal Postpartum Care 307

Judith J. Hilton

- Postpartum Period: First 4 Hours After Birth (Fourth Stage of Labor) 307
- Postpartum Period: Days 1–2 311
- Postpartum Period: First Home Visit 320
- Postpartum Period: Weeks 1–6 328
- Postpartum Care After Cesarean Birth 334

10 Postpartum Complications 343

Carol J. Green

- Postpartum Hemorrhage 343
- Postpartum Infection 347
- Thromboembolic Disease 350
- Mastitis 356
- Postpartum Depression 359

SECTION VI Care of the Newborn 367

11 Normal Newborn Care 369

Allison L. Scott

- Newborn Care: First 4 Hours 369
- Newborn Care: 4 Hours to 2 Days 376

12 Neonatal Complications 385

Dawn L. Viets

- Neonatal Asphyxia 385
- The Small-for-Gestational-Age Newborn 389
- Infant of a Diabetic Mother 397
- Infant of a Substance-Abusing Mother 401
- Infant Exposed to HIV/AIDS 408
- Preterm Newborn 412
- Postterm Newborn 431
- Hyperbilirubinemia 436
- Meconium Aspiration Syndrome 441
- ABO Incompatibility 445
- Neonatal Infection 447

INDEX 453