

Contents

| | |
|-------------------------------------|----|
| Introduction | vi |
| Feel the beat | 1 |
| Know your violin/viola/cello | 2 |
| Song time | 2 |
| Ready to play | 3 |
| Get-ready rag | 3 |
| First sounds | 4 |
| Sway and strum | 5 |
| At the zoo (violin) | 6 |
| At the zoo (viola/cello) | 7 |
| Swing, swing, swing your arm | 8 |
| Flying around | 9 |
| First tunes | 10 |
| Counting beats | 10 |
| The drunken sailor | 10 |
| Jelly on a plate | 11 |
| Know your bow | 12 |
| Song time | 12 |
| Yo bow! | 13 |
| Rhythm zone 1: walk, jogging | 14 |
| Echo calypso | 14 |
| Notes on the stave | 16 |
| Open-string rap (violin) | 16 |
| Open-string rap (viola/cello) | 17 |
| Walk and jogging tunes | 18 |
| Copycat blues | 18 |
| Mini Mozart | 20 |
| Boogie band | 21 |
| Rhythm train | 22 |

| | |
|---------------------------------|----|
| Sound effects | 23 |
| Mr Pizzicato and friends | 23 |
| String-crossing tunes | 24 |
| Happy Haydn | 24 |
| Monkeys swing | 25 |
| Rhythm zone 2: slow-walk | 26 |
| Classical sounds | 26 |
| Slow-walk tunes | 28 |
| Raindrops | 28 |
| Swing band | 29 |
| Left-hand pizzicato | 30 |
| Chinese festival | 30 |
| Popcorn | 31 |
| Finger jogging time | 32 |
| Four joggers (violin/viola) | 32 |
| Four joggers (cello) | 33 |
| Finger jogging tunes | 34 |
| Fingers and feet | 34 |
| Roller coaster | 35 |
| String band | 36 |
| Rain, rain | 36 |
| Twinkle, twinkle, little star | 37 |
| D-string notes | 38 |
| This is G | 38 |
| Jogging in the city | 38 |
| Perfect match (in G) | 39 |
| F sharp now | 40 |
| Venice and Vivaldi | 40 |
| Here comes E | 41 |
| Starlight (in C) | 42 |
| Starlight (in D) | 43 |
| D-string tunes | 44 |
| Fit as a fiddle | 44 |
| Finger-tapping cha-cha | 45 |
| Lost shoe blues | 46 |
| Missed it! | 47 |

| | |
|-------------------------------|----|
| A-string notes | 48 |
| This is D | 48 |
| Perfect match (in D) | 48 |
| C sharp now | 49 |
| Knock, knock! | 49 |
| Here comes B | 50 |
| Off to school | 50 |
| Wake up! | 51 |
| | |
| A-string tunes | 52 |
| Get aboard | 52 |
| Clear blue sky | 53 |
| | |
| Harmonic-ky things | 54 |
| Harmonic-ky thing | 54 |
| Emma's lullaby | 55 |
| | |
| Scale-y things | 56 |
| Scale builder | 56 |
| D major scale: 4/4 | 58 |
| D major scale: 3/4 | 59 |
| Aiming high | 60 |
| | |
| Show tunes | 61 |
| Souallé | 61 |
| Snap! | 62 |
| More Mini Mozart | 63 |
| Hide and seek | 64 |
| Beach holiday | 65 |
| | |
| Extras | |
| Warm ups | 66 |
| What's the time? | 68 |
| At the zoo (all instruments) | 69 |
| Just for starters—treble clef | 70 |
| Just for starters—bass clef | 71 |
| Make your bow go down up down | 72 |
| Rhythm zone worksheet | 73 |
| Can you play what I play? | 74 |
| Switch to Bach | 75 |
| Starters Quiz 1 | 76 |
| Starters Quiz 2 | 77 |
| Scaling the heights | 78 |
| Starters Practice Record | 79 |
| Certificate | 80 |