
Contents

Preface	ix
Acknowledgments	xi

Chapter 1 Whom You Are Assessing 1

Individuals With Disabilities Education Act (IDEA)	2
Americans With Disabilities Act of 1990 (ADA)	5
Attributes and Dimensions That Affect Whom You Assess	6
Zero Exclusion and Zero Failure	6
What You Need to Know	7

Chapter 2 Why You Are Assessing 9

Terminology	10
Assessment Decisions	14
Is Assessment Really Necessary?	20
Assessment and Children With Disabilities	21
What You Need to Know	21

Chapter 3 Getting to Know the Child 23

Central Files	24
Health-Related Records	24
Psychological Workups	27
School Files	27
Agency Files	28
Insights From Parents and Guardians	28
Insights From Other School or Agency Personnel	29
Insights From the Child	31
Roles in the Assessment Process	32
What You Need to Know	36

Chapter 4 Selecting an Appropriate Assessment Instrument 37

Validity	38
Reliability	42
Controlling and Measuring Reliability	45

Objectivity	46
Norms	47
What You Need to Know	49
Chapter 5 Selecting and Administering Tests	51
Step 1: Identify the Type of Decision That Needs to Be Made	52
Step 2: Understand the Unique Attributes and Needs of the Child	63
Step 3: Identify the Dimensions of Physical Education That Need to Be Evaluated	64
Step 4: Select or Create an Appropriate Assessment Instrument to Match the Decision to Be Made	65
Step 5: Learn and Administer the Instrument so That Valid and Reliable Data Are Collected	69
Step 6: Interpret the Assessment Data Collected and Make an Appropriate Decision	71
What You Need to Know	72
Chapter 6 Assessing Motor Development and Motor Skill Performance	75
Reflex Tests	76
Motor Development Tests	80
Fundamental Motor Pattern Tests	87
Motor Ability Tests	91
Perceptual–Motor Tests	94
Sports Skills Tests	98
Balance Tests	102
What You Need to Know	103
Chapter 7 Assessing Physical Fitness	107
Fitness Among Persons With Disabilities	107
Fitness Defined	108
Multidimensionality of Fitness: Implications for Selecting Test Items	108
Components of Fitness	110
A Sampling of Test Batteries	132
What You Need to Know	135
Chapter 8 Assessing Posture and Gait	137
Posture	137
Assessing Posture	140

Gait Analysis	147
Assessing Gait	148
What You Need to Know	155
Chapter 9 Assessing Behavior and Social Competence	157
Assessing Children With Challenging Behaviors	157
Social Competence	167
Self-Concept	173
Play Behaviors	176
Attitudes	180
What You Need to Know	186
Chapter 10 Translating Assessment Into Action: A Team Approach	189
Preparation and Interpretation of Assessment Information	190
Team Decision Making	197
Service Delivery	203
What You Need to Know	204
Appendix A Sample Write-Up for Tests of Infant and Early Childhood Motor Development	207
Appendix B Sample Write-Up for Tests of Fundamental Motor Patterns	213
Appendix C Sample Write-Up for Tests of Motor Proficiency	217
Appendix D Sample Write-Up for Tests of Sports Skills	221

References 227

Index 235

About the Authors 243