

Contents

Preface vi

Acknowledgments viii

How to Use This Book and Online Resource ix

PART I

EVERYONE CAN!

ACHIEVEMENT-BASED CURRICULUM (ABC)

Chapter 1 ABC PROGRAM PLANNING 3

- STEP ① Establish a Program Philosophy, Goals, and Objectives 5
- STEP ② Assign Program Goal Emphasis 11
- STEP ③ Determine Instructional Time and Average Objective Mastery Time 12
- STEP ④ Calculate the Total Number of Objectives Per Goal 14
- STEP ⑤ Finalize Program Scope and Sequence 15
- STEP ⑥ Create Yearly Teaching Learning Maps 18
- STEP ⑦ Identify Objective Assessment Items and Create Scoresheets 22
- Summary 23

Chapter 2 ASSESSMENT 27

- STEP ① Determine What Objectives Should be Assessed 28
- STEP ② Select an Appropriate Assessment Instrument 28
- STEP ③ Score and Record Performance 31
- STEP ④ Select an Assessment Activity 33
- STEP ⑤ Conduct an Assessment Activity 35
- STEP ⑥ Conduct Other Forms of Assessment 36
- Summary 36

Chapter 3	IMPLEMENTATION PLANNING	41
STEP ❶	Set Student Initial and Target Learning Expectations	43
STEP ❷	Identify Student Learning Needs	45
STEP ❸	Create Instructional Groupings Based on Focal Points	47
STEP ❹	Select Learning Activities	48
STEP ❺	Design Teaching Templates and Student Learning Formats	52
	Summary	61
Chapter 4	TEACHING	65
STEP ❶	Get Ready	66
STEP ❷	Maximize On-Task Time	69
STEP ❸	Apply Essential Teaching Elements	71
STEP ❹	Put It All Together	74
	Summary	77
Chapter 5	EVALUATION	81
STEP ❶	Collect Reassessment Data	83
STEP ❷	Calculate, Interpret, and Report Student Performance	84
STEP ❸	Evaluate and Grade Students' Progress	92
STEP ❹	Evaluate Your Program	94
STEP ❺	Use Technology to Aid in Evaluation	96
STEP ❻	Establish Program Accountability and Justification	97
	Summary	98

PART II

EVERYONE CAN!

ONLINE RESOURCES

Chapter 6 MODEL K-5 PHYSICAL EDUCATION PROGRAM PLAN 105

- STEP ❶ Develop Program Philosophy, Goals, and Objectives 106
- STEP ❷ Establish Program Goal Emphasis 111
- STEP ❸ Calculate Instruction Time and Average Mastery Time 112
- STEP ❹ Calculate Amount of Content to Include in the Curriculum 115
- STEP ❺ Sequence Content Across the Curriculum 115
- STEP ❻ Create Yearly and Block Teaching and Learning Maps 119
- Summary 122

Chapter 7 USING THE *EVERYONE CAN!* ONLINE RESOURCE MATERIALS 123

- How to Access the *Everyone Can* Online Resource 123
- Exploring the Instruction Materials 124
- Using the Online Resources 129
- Methods for Printing Posters 131
- Other Uses for the *Everyone Can* Resources 131
- Using *Everyone Can* for Individualized Education Programs 132
- Summary 133

Chapter 8 INCORPORATING THE ABC MODEL INTO YOUR PROGRAM 135

- Designing an In-Service Program 135
- Managing Change 142
- Summary 143

References and Resources 145

About the Authors 147