

Table of Contents

| | |
|--|----|
| 0. Guidelines to the book and DVD | 7 |
| 1. Introduction | 9 |
| 1.1. History of the AQR Tool | 9 |
| 1.2. Latest revision and further development of the AQR Tool | 10 |
| 1.3. Training | 11 |
| 1.4. Transference to further fields of application | 12 |
| 2. Developmental psychology basis | 13 |
| 2.1. Daniel N. Stern's model of development | 13 |
| Sense of an Emergent Self | 14 |
| Sense of a Core Self | 15 |
| Sense of an Intersubjective Self | 17 |
| 2.2. Early organisation of behaviour | 18 |
| Behavioural organisation as basis for eye contact and interpersonal exchange | 18 |
| Prenatal sensory development | 19 |
| The interactive system | 21 |
| The special importance of pauses | 21 |
| The system of sleep and waking states | 22 |
| The motor system | 23 |
| The system of physiological reactions | 23 |
| Sensitivity | 24 |
| Overstimulation/understimulation | 24 |
| Insights from brain research | 25 |
| 2.3. Developmental psychological and brain physiological basics of the preverbal period | 25 |
| 3. The AQR Tool | 37 |
| 3.1. Overview with organigram | 37 |
| 3.2. The four scales | 38 |
| PEQR: Physical-Emotional Quality of Relationship | 38 |
| VQR: Vocal Pre-Speech Quality of Relationship | 43 |
| IQR: Instrumental Quality of Relationship | 47 |
| TQR: Therapeutic Quality of Relationship | 52 |

| | |
|---|----|
| 4. Application of the AQR Tool | 59 |
| 4.1. Assessment | 59 |
| What is a “relevant” scene? | 59 |
| Which scale is applied?. | 59 |
| How is an assessment made? | 60 |
| Time required | 60 |
| What are basic qualities and peaks? | 60 |
| 4.2. The AQR Tool in the course of therapy. | 60 |
| First contact/diagnosis. | 61 |
| Course of therapy | 62 |
| Sequence | 62 |
| Prognosis/result of therapy | 62 |
| 4.3. Guidelines for the assessment | 62 |
| 5. Visualisation. | 67 |
| 6. Outlook | 71 |
| 6.1. Speech scale – previously modus 7. | 71 |
| 6.2. Documentation and diagnostics. | 71 |
| 6.3. Research | 72 |
| 6.4. Music and dance education | 72 |
| 7. Glossary | 75 |
| 8. References | 79 |